

**The importance of flies for pollination at high elevation: a  
case study of *Erica caffrorum***

**By**

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## Preface

The research conducted in this dissertation was completed by the candidate while based in the Discipline of Biological Sciences, School of Life Sciences of the College of Agriculture, Engineering and Science, University of KwaZulu-Natal, Pietermaritzburg, South Africa. The research was supported and funded by the Royal Museum of Central Africa (RMCA).

This dissertation represents original work by the author and has not otherwise been submitted in any form for any degree or diploma to any tertiary institution. Where use has been made of the work of others it is duly acknowledged in the text, see the accompanying supervisor's report for a breakdown of data collection by student and supervisors respectively.



Viren Thupsie

19 July 2023

I certify that the above statement is correct



19 July 2023

Professor Timo Van der Niet (supervisor)

As the candidate's supervisor I have approved this thesis for submission.



19 July 2023

Professor Timo Van der Niet (supervisor)



Doctor Ruth J. Cozien (co-supervisor)



Doctor Kurt Jordaens (co-supervisor)

## Declaration-Plagiarism

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## Abstract

Pollinator communities typically vary across elevation gradients. In particular, the contribution of bee pollination typically declines at higher elevations in favour of other pollinators, such as birds, butterflies and flies. *Erica caffrorum* occurs at high-elevation sites in the South African Drakensberg Mountains and has floral traits suggestive of pollination by short-tongued insects. Most *Erica* species with similar floral traits studied to date occur in the Cape Floristic Region at low elevations and are pollinated by honey bees. I present a case study of pollination in *Erica caffrorum*, including characterization of the breeding and pollination system, quantification of the associated floral traits, and experimental determination of the significance of flower colour and scent for pollinator attraction. Hand-pollination experiments confirmed that similar to most *Erica* species, *E. caffrorum* is self-incompatible. At five study sites, between 1800 and 2500 meters above sea level, pollinator observations revealed that most visitors were not honey bees but Diptera, which were identified into morphospecies and identifications verified using DNA barcoding. Assessment of pollinator importance based on pollen loads and visitation frequency identified Muscidae, Rhiniidae and Scatophagidae as the most important pollinators. Analysis of floral scent using GC-MS indicated that benzaldehyde and 2-methyl butanoic acid dominated the odour bouquet across all populations. In bioassays, a significant preference for white colour in the presence of scent was found for flies across all three experimental sites and for other visitors at one of two sites, but no other consistent preferences for colour or scent alone were detected. Across three sites, a combination of acid and benzaldehyde attracted significantly more flies than the unscented control. A similar pattern was observed for acid alone but not for benzaldehyde. This study provides novel evidence for short-tongued fly pollination in an *Erica* species, mediated through a combination of floral scent and colour. The similarity in traits between *E. caffrorum* and several other distantly related plant species in the high-elevation ecosystems of the Drakensberg mountains suggests that the pollination of scented, small, white flowers by short-tongued flies found here likely represents a more widespread pollination system whose importance in southern African mountain regions is currently underestimated.

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..... 87

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# Chapter 1: Introduction

## 1.1 Introduction

Angiosperms are characterised by tremendous variation in how they reproduce; some species can reproduce asexually, independently of pollinators, whereas others depend completely on pollinators for sexual reproduction (Darwin, 1897). Plant species dependent on animals for pollination and effective reproduction have evolved highly diverse traits to attract a range of different pollinators (Schiestl and Johnson, 2013). These traits include brightly coloured flowers, specific scents, and rewards such as nectar to attract bees, birds, butterflies and many other animals to transfer pollen from one flower to another. Understanding plant-pollinator interactions is complex, but has been helped by the concept of the pollination niche (Phillips et al., 2020).

The pollination niche concept considers pollen vectors as ecological niches to which flowers adapt (Johnson, 2010; Phillips et al., 2020). As in the utilisation of any ecological niche, exploitation of the pollination niche is mediated by specific traits involved in attracting and interacting with pollinators. Such functional (floral) traits, such as colour, morphology and scent, can be considered adaptations to pollinators (Phillips et al., 2020). Whether a trait performs a particular function can be experimentally tested by manipulating a trait (e.g., removing the scent or experimentally changing flower morphology) and then evaluating whether this affects pollinator attraction or successful pollination (e.g., de Jager and Peakall, 2019; du Plessis et al., 2018; Johnson et al., 2020; Trunschke et al., 2020).

## 1.2 Pollination along elevation gradients

Pollination niches have a strong geographical component (e.g., Duffy and Johnson, 2017) because the distribution of pollinators and plants vary spatially (Gómez et al., 2015). This variation can occur at different scales: at the continental scale, major pollinator groups may be completely absent, as bumble bees are in sub-Saharan Africa, whereas hummingbirds only occur in the new world (Ollerton, 2017). At finer scales, there may be more subtle geographical turnover in species composition and relative abundance of particular pollinator groups. For instance, there appears to be a global trend of transitions of pollination systems along elevation gradients, most notably a trend of replacement of

32 bees at low elevations by birds and other insects, such as flies, at higher elevations  
33 (Arnold et al., 2009; Cruden, 1972; Kearns, 1992; McCabe and Cobb, 2021; Warren et  
34 al., 1988). Areas at low elevations are often characterised by considerably higher  
35 temperatures compared to areas at high elevations. This creates an optimal temperature  
36 for bees to be active and forage for food resources (Herrera, 1995). An increase in  
37 elevation is directly proportional to a decrease in the temperature, so there may be thermal  
38 constraints for bees at these higher elevations (Corbet et al., 1993). Indeed, bees'  
39 abundance and species richness are shown to decrease with an increase in elevation (Hoiss  
40 et al., 2012).

41 Plants that occur in high-elevation environments differ compared to their congeners that  
42 occur at lower elevations (Arroyo et al., 2021) and are often characterised by floral traits  
43 that function as adaptations to the unique environmental conditions found at high elevations  
44 (Pellissier et al., 2010). Floral traits of plants at high elevations may vary depending on  
45 the geographic region and the type of pollinators present. Some plant species that depend  
46 on pollinators for reproduction may produce strong scent to attract pollinators (like flies  
47 and moths) that rely on such cues to locate flowers, especially when visual cues may be  
48 reduced due to frequent occurrence of fog or low light conditions at high elevations  
49 (Galen and Kevan, 1980). Flower colour shifts from bee-blue and UV-blue flowers  
50 (human-perceived blue/violet) to bee-blue-green and green (human-perceived white and  
51 yellow) with increasing elevation (Arnold et al., 2009). This observation may result from  
52 selection by pollinators that is associated with a shift from bee-pollination to fly-  
53 pollination (Lefebvre et al., 2018).

54 Shifts in the pollination systems between high and low elevations among species within  
55 a family are exemplified in Melastomataceae, in which *Meriania* species that occur at low  
56 and high elevations exhibit specific floral adaptations to bee pollinators at low elevations  
57 and vertebrate pollinators at high elevations, respectively (Dellinger et al., 2021). Also,  
58 at high elevations, bimodal pollination systems associated with distinct functional traits  
59 in other *Meriana* species may indicate relatively generalised pollination systems  
60 (Dellinger et al., 2019). Some Melastomataceae plant species have shifted pollination  
61 systems from specialised bee pollination through the buzzing of flowers to more  
62 generalist systems incorporating flies and wasps into their pollination systems (Brito et  
63 al., 2016). Importantly, this shift is mainly found in lineages that occur at high elevations,

64 where buzzing bees may be absent (Brito et al., 2016). These examples show that within  
65 particular plant families differences in pollination systems and associated floral traits  
66 have evolved along elevation gradients.

### 67 **1.3 Pollination Systems in southern Africa**

68 Pollination systems have generally been well-studied in southern Africa and are  
69 characterised by an unusually high level of specialisation, particularly in the Orchidaceae  
70 and Iridaceae (Goldblatt and Manning, 2006; Johnson, 2010; Johnson and Steiner, 2000;  
71 Johnson and Steiner, 2003). Specialisation has multiple connotations in pollination  
72 (Armbruster, 2017). Ecological specialisation is the most common specialisation concept,  
73 where a plant species interacts or is pollinated by one or only a few pollinators  
74 (Armbruster, 2017). Phenotypic specialisation is another specialisation concept  
75 concerned with having specific or derived physical traits which are a characteristic of a  
76 plant or pollinator (Ollerton et al., 2007). Evolutionary specialisation in pollination is the  
77 process in which genes/traits of a plant or pollinator evolve to become more specialised,  
78 resulting in a specialised relationship between the plant and pollinator (Fenster et al.,  
79 2004). In some cases, a plant species can have a specialised pollination system at the  
80 functional group level but can remain an ecological generalist by having many closely  
81 related pollinator species (Armbruster, 2017). High levels of specialisation are typically  
82 associated with floral traits that attract specific functional pollinator species or groups  
83 [here defined as an assemblage of often taxonomically related species with similar  
84 behaviour, morphology and/or functional ecology in terms of attractants and rewards  
85 associated with pollination interactions (Fenster et al., 2004)] and other traits which may  
86 restrict particular potential pollinators (Johnson and Steiner, 2000).

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88 functional pollinator species or groups [here defined as an assemblage of often  
89 taxonomically related species with similar behaviour, morphology and/or functional  
90 ecology in terms of attractants and rewards associated with pollination interactions  
91 (Fenster et al., 2004)] and other traits which may restrict particular potential pollinators  
92 (Johnson and Steiner, 2000). The specialised relationships between plants and pollinators  
93 in southern Africa are particularly evident in the Cape Floristic Region (CFR) and other  
94 biodiverse regions such as the Drakensberg Mountain region (Johnson, 2010). Specialised  
95 pollination guilds documented in southern Africa include Cape sugarbird pollination in

96 Proteaceae in the Cape mountains and several guilds including species in the Iridaceae,  
97 Orchidaceae and Geraniaceae that are pollinated by different species of long-proboscid  
98 flies (Diptera, Nemestrinidae and Tabanidae) which occur in various habitats including  
99 fynbos as well as sub-Alpine grasslands and Namaqualand semi-desert (Johnson, 2010).  
100 Some of the most remarkable southern African biotic pollination systems include  
101 pollination by oil-collecting bees, long-tongued flies and moths, and vertebrates such as  
102 birds and non-flying mammals (Johnson, 2010).

#### 103 **1.4 Fly pollination in South Africa**

104 Fly pollination in South Africa has been primarily studied in the context of the highly  
105 specialised pollination systems comprising long-proboscid fly pollination (Goldblatt and  
106 Manning, 2000; Johnson and Steiner, 1995; Johnson and Steiner, 1997; Lombardi et al.,  
107 2021; Newman and Johnson, 2021) and various forms of oviposition site mimicry (du  
108 Plessis et al., 2018; Heiduk et al., 2016; Heiduk et al., 2021; Johnson and Jürgens, 2010;  
109 Jürgens et al., 2015; Van der Niet et al., 2011).

110 The plant species that long-proboscid flies pollinate are usually highly specialised,  
111 whereby a single fly species is responsible for the pollination of multiple plant species  
112 (Johnson, 2010). These fly species are, therefore, sometimes considered keystone  
113 pollinators in the ecosystems they inhabit (Goldblatt and Manning, 2000). Long-  
114 proboscid fly pollinators in Southern Africa are represented mostly by the families  
115 Nemenstinidae and Tabanidae (Goldblatt and Manning, 2000), although it has been  
116 suggested that some Bombyliidae pollinators could also be considered long-proboscid  
117 flies (Goldblatt and Manning, 2013; Vogel, 1954). Long-tongued fly pollinators often  
118 have tongue lengths that are at least twice as long as their bodies and exceed 15 mm in  
119 length (Goldblatt and Manning, 2000; Manning and Goldblatt, 1996). Geraniaceae and  
120 Iridaceae are particularly rich in species that long-proboscid flies pollinate (Manning and  
121 Goldblatt, 1996). Plants pollinated by long-proboscid flies typically have flowers with a  
122 long, cylindrical floral tube 15-60 mm long, usually containing relatively dilute, sucrose-  
123 rich nectar (Goldblatt and Manning, 2000); the floral dimensions of fly-pollinated flowers  
124 correlate with the mouthpart lengths of the pollinators (Anderson et al., 2016; Newman  
125 et al., 2014). Flower colour is considered a particularly important feature of plants  
126 pollinated by long-proboscid flies (Jersáková et al., 2012; Whitehead et al., 2018). Flower  
127 colour varies across different pollination guilds pollinated by different fly species, but the

128 presence of nectar guides that flies use to orientate the proboscis to probe the flower-  
129 opening is a common feature (Hansen et al., 2012). Most long-proboscid fly-pollinated  
130 flowers are unscented to the human nose (Campbell et al., 2016). Since long-proboscid  
131 flies generally visit multiple plant species that co-flower in communities, species have  
132 adapted to utilise different sites of pollen deposition on the body of the fly to avoid  
133 heterospecific pollen deposition and receipt (Goldblatt and Manning, 2000; Manning and  
134 Goldblatt, 1996). Long-proboscid flies also pollinate some Orchidaceae species that do  
135 not contain nectar through deception and floral mimicry of rewarding co-flowering model  
136 species (Goldblatt and Manning, 2000).

137 A second well-documented specialised fly pollination system in southern Africa is  
138 pollination through various kinds of oviposition site mimicry (du Plessis et al., 2018;  
139 Heiduk et al., 2016; Heiduk et al., 2021; Johnson and Jürgens, 2010; Jürgens et al., 2015;  
140 Van der Niet et al., 2011). The flowers are thought to mimic the scent of decaying animal  
141 carcasses or dung to attract flies to visit these flowers, mistaking them for brood or food  
142 sites and inducing pollination through deception or via a small nectar reward that may  
143 function as a mechanism for proper orientation rather than as a reward for pollinators,  
144 seen in many species in the Apocynaceae (du Plessis et al., 2018; Johnson and Jürgens,  
145 2010; Stensmyr et al., 2002; Van der Niet et al., 2011). The insect species attracted to  
146 oviposition site mimics are primarily flies (e.g., Calliphoridae, Muscidae and  
147 Sarcophagidae). The plant families Apocynaceae and Orchidaceae have multiple species  
148 with oviposition site mimics (e.g., du Plessis et al., 2018; Van der Niet et al., 2011). The  
149 floral traits associated with most oviposition mimicry pollination systems are red-brown  
150 colour and specific scent to mimic the appearance of rotting flesh (Jürgens et al., 2015).

### 151 **1.5 High elevation pollination in South Africa**

152 Despite extensive studies of pollination in southern Africa, relatively little is known about  
153 high-elevation pollination systems and the identities of pollinators in the Alpine regions  
154 of southern Africa. A few recent studies are beginning to explore pollination systems in  
155 this region in general and fly pollination in particular (Johnson and Hobbhahn, 2010; Van  
156 der Niet et al., 2010). The Drakensberg range in southern Africa covers approximately  
157 40 000 km<sup>2</sup> (Carbutt and Edwards, 2006) and is part of the great escarpment. The  
158 Drakensberg Mountain range can be categorised into floristic alpine regions. The North  
159 and South regions of the KwaZulu-Natal Drakensberg escarpment, the combined

160 KwaZulu-Natal and Lesotho region, and the southerly Eastern region of the Cape  
161 Drakensberg (Hilliard and Burtt, 1987). The Drakensberg region in southern Africa is  
162 recognised as the only true alpine region (Carbutt and Edwards, 2006; Linder, 1990);  
163 despite the known high levels of endemic plant species (Van Wyk and Smith, 2001), the  
164 extant endemic plant species and the accompanying floral ecology are not well  
165 understood (Carbutt and Edwards, 2006).

166 Studies from the Drakensberg Mountain region have suggested the importance of short-  
167 tongued flies as crucial pollinators of some plant species (Johnson et al., 2020;  
168 Shuttleworth and Johnson, 2010; Van der Niet et al., 2010). The flowers of *Wurmbea*  
169 *elator*, for example, occur at high-elevation grassland sites in the Drakensberg and are  
170 pollinated by members of the fly families Calliphoridae, Muscidae, Sarcophagidae and  
171 Scathophagidae (Johnson et al., 2020). The flowers contain indole and skatole scent  
172 compounds that are thought to mimic the scent of animal dung, despite the appearance of  
173 the flowers not resembling dung to humans. *Eucomis* species like *E. bicolor* and *E.*  
174 *humilis* are equally visited by flies from the families Sarcophagidae, Calliphoridae, and  
175 Muscidae, which are attracted to the sulphur scent compounds that are found in rotting  
176 meat (Shuttleworth and Johnson, 2010). Despite differences in flower and inflorescence  
177 traits between *W. elator* and *E. bicolor*, in both cases scent, and possibly flower colour,  
178 are important traits for attracting short-tongued flies for pollination (Johnson et al., 2020;  
179 Shuttleworth and Johnson, 2010). The presence of these plant species at high elevations  
180 in the Drakensberg region may indicate a guild of plant species found in this region that  
181 may share the same assemblage of pollinators, although potential guild members appear  
182 to have subtly varying functional traits primarily in terms of scent compounds (cf.  
183 Johnson 2010).

#### 184 **1.6 Knowledge Gaps in southern Africa for high-elevation pollination**

185 There are considerable gaps in our knowledge of the pollination systems of plant species  
186 in the Drakensberg, pertaining to the extent of reliance on pollinators, levels of  
187 specialisation in pollination, the identities of important pollinators and floral traits  
188 associated with the attraction of these pollinators. The Ericaceae are a prime candidate  
189 for investigation as a well-studied plant family in the CFR, but with a large number of  
190 species for which little is known about pollination in other regions of southern Africa  
191 (Van der Niet, 2021). Some of these species produce a putrid scent reminiscent of fly

192 pollination, but observations have not verified this trait-based hypothesis. Within other  
193 plant genera found in the Drakensberg region, fly-pollinated species, such as *Wurmbea*  
194 and *Eucomis*, appear to use different scent compounds to attract similar assemblages of  
195 fly pollinators (Johnson et al., 2020; Shuttleworth and Johnson, 2010).

196 The fly species that are found visiting *Wurmbea* and *Eucomis* species (Johnson et al.,  
197 2020; Shuttleworth and Johnson, 2010) can be classified as short-tongued flies because  
198 their proboscis length never exceeds 15 mm (cf. Goldblatt and Manning, 2000). Although  
199 long-tongued fly pollination systems are characterised by extreme specialisation from the  
200 plant's perspective, it remains unknown how specialised short-tongued fly pollination is  
201 at high elevations in southern Africa.

202 The evidence from studies in the Drakensberg region suggests that different fly families  
203 and fly species are associated with specific floral (scent) traits (Johnson et al., 2020;  
204 Shuttleworth and Johnson, 2010). This could represent a signature of hyper-specialisation  
205 associated with particular traits. However, perceived hyper-specialisation could also be  
206 reflect failure to sample fly communities across multiple sites resulting in overestimation  
207 of the specialisation in a pollination system. For example, if a plant species is studied over  
208 multiple years and at multiple sites, each site/year combination could return a unique  
209 pollinator assemblage. Taking this temporal and spatial variation together, a relatively  
210 broad pollinator assemblage would characterise the study species. If, however, this study  
211 species was only sampled at one site during one sampling year, then this undersampling  
212 would lead to a false conclusion of hyper-specialisation. Thus, when characterising  
213 pollination systems, pollinator communities and floral traits should ideally be sampled  
214 across multiple sites and years to understand the specialisation of pollination systems, but  
215 especially at high elevations, practical considerations such as access may restrict the  
216 spatiotemporal scope of pollination studies (e.g., Cozien et al., 2019; Ollerton et al.,  
217 2003).

### 218 **1.7 The plant genus *Erica***

219 The plant genus *Erica* (Ericaceae) comprises a large number of species. Its roughly 800  
220 southern African representatives are mainly found in the CFR of South Africa and the  
221 Drakensberg Mountain region (Bouman et al., 2017; Carbutt and Edwards, 2006; Hilliard  
222 and Burt, 1987; Pirie et al., 2016). *Erica* species are often called “heaths” or “heathers”

223 and have diverse floral traits that attract many different functional pollinator groups.  
224 Almost all *Erica* species studied to date are dependent on pollinators for reproduction  
225 (Arendse et al., 2021; Lombardi et al., 2021; Newman and Johnson, 2021; Van der Niet  
226 and Cozien, 2022; Turner et al., 2011). Rebelo et al. (1985) classified 426 *Erica* species  
227 into four pollination syndromes based on their floral traits, primarily the shape of the  
228 flowers in the CFR. These pollination syndromes comprise bird-pollination, insect-  
229 pollination, long-proboscid fly-pollination and wind-pollination syndromes, with the  
230 insect-pollinated syndrome accounting for 80% of these *Erica* species, and pollination by  
231 long-proboscid flies representing a distinctive subcategory within the insect-pollinated  
232 syndrome (Rebelo et al., 1985).

233 Specialisation in terms of pollination is highly evident in *Erica*, especially within the  
234 long-proboscid fly pollination systems (Van der Niet, 2021). Many *Erica* species depend  
235 on a single functional group for pollination and effective reproduction (Van der Niet,  
236 2021). Studies of pollination systems of *Erica* species from the CFR have included  
237 quantification of pollinator assemblages and of functional floral traits such as colour,  
238 scent and floral morphology (Bouman et al., 2017; Heystek et al., 2014; Newman and  
239 Johnson, 2021; Ojeda et al., 2019; Turner et al., 2011; Van der Niet and Cozien, 2022;  
240 Van der Niet et al., 2014). Many kinds of pollination systems in *Erica* are being  
241 continually discovered and described. For example, over the last two years, empirical  
242 studies revealed evidence for hawkmoth (Van der Niet and Cozien, 2022), long-proboscid  
243 fly (Lombardi et al., 2021; Newman and Johnson, 2021) and rodent pollination (Turner  
244 et al., 2011). Some species appear to have ecotypes with different pollination systems  
245 (Van der Niet et al., 2014), suggesting that pollinators are important evolutionary drivers  
246 of species and functional diversity in *Erica*.

247 Despite the available studies, pollination systems of a vast number of *Erica* species  
248 remain unknown, and no work has been done on species that occur in southern Africa  
249 outside of the CFR, for instance, on those that occur in the Drakensberg Mountain region  
250 (see Carbutt and Edwards, 2006; Hilliard and Burt, 1987), where many of the pollinator  
251 species that are found in the CFR may not occur (e.g., Johnson 2010). Therefore,  
252 descriptive, and experimental work in the Drakensberg is merited for characterising the  
253 pollination system of *Erica* species in this region, including an assessment of functional  
254 floral traits that these *Erica* species may use for attracting pollinators. Such studies can

255 be used to explain the role of pollinators driving the radiation and diversification of *Erica*  
256 species in this high-elevation region and can serve as a further example of pollination  
257 systems in high-elevation environments.

### 258 **1.8 Drakensberg study sites and *Erica caffrorum* study species**

259 The Drakensberg Mountain region of southern Africa comprises an alpine environment  
260 with many different angiosperm growth forms that occur in habitats such as rocky slopes,  
261 grasslands and basalt ridges (Carbutt and Edwards, 2006). An estimated 394 angiosperm  
262 species are endemic to this region (Hilliard and Burt, 1987). Although the percentage of  
263 species in the Drakensberg region represents a significantly lower proportion of the South  
264 African flora than occur in the CFR, the region is nevertheless characterised by a very  
265 high level of endemism (Carbutt and Edwards, 2006). The dominant plant families are  
266 Asteraceae, Scrophulariaceae, Iridaceae and Ericaceae (Carbutt and Edwards, 2006).

267 *Erica caffrorum* (Mountain heath) is distributed predominantly in the high-elevation  
268 Drakensberg region of KwaZulu-Natal (Guthrie and Bolus, 1905). The species is a shrub,  
269 usually found on rocky mountain slopes or near cliff edges (Guthrie and Bolus, 1905).  
270 The floral traits of *E. caffrorum* may indicate that flies might be important pollinators of  
271 the species. Yet, whether this small-flowered *Erica* species relies on pollinators is  
272 unknown. Neither the identities of the pollinators, nor the specific traits that are involved  
273 in pollinator attraction and functional pollination, have been studied. Based on an initial  
274 assessment of its floral traits, with a particular emphasis on the putrid scent, and its  
275 occurrence at high elevations, I hypothesise that short-tongued flies are the main  
276 pollinators.

### 277 **1.9 Outline of thesis structure**

278 In this thesis, I report results from a case study of the pollination system of *E. caffrorum*  
279 to determine if this *Erica* species is specialised at the functional group level for pollination  
280 by short-tongued flies, which would represent a novel pollination system in *Erica*. In  
281 Chapter 2, I provide an analysis of the reproductive ecology of *E. caffrorum*. I first used  
282 hand-pollination experiments to determine whether this plant species is self-incompatible  
283 and whether it is reliant on pollinators to reproduce effectively. I then identify the  
284 pollinator species (using DNA barcoding to verify their identity) that are responsible for  
285 the pollination of *E. caffrorum* across five study sites: Carter's Nek, Kamberg Reserve,

286 Ntsikeni, Tarn Cave and Witzieshoek, including an evaluation of pollinator importance  
287 using the mean number of individuals as a proxy for visitation rates and pollen loads as a  
288 proxy for effectiveness. Finally, I determined whether pollinator service limits  
289 reproductive success in this species.

290 In Chapter 3, I present results of quantification of floral traits, including flower  
291 morphology, reflectance pattern of the flowers (sepals and petals) and background leaves,  
292 as well as floral scent at different sites. I plotted the loci of the reflectance pattern of  
293 sepals and petals, and background leaves into a categorical fly vision model to determine  
294 if these are distinguishable by the main pollinators. In order to determine the role that  
295 different scent compounds and colour may play in pollinator attraction, I performed a  
296 series of bioassay choice tests; the first aimed to test the role that colour and scent may  
297 play in attracting pollinators, whereas in a second experiment, I determined the specific  
298 *E. caffrorum* scent compounds that may function in pollinator attraction.

299 In the final chapter, I draw conclusions from the two data chapters to illustrate the  
300 importance of flies for pollination at high elevations, using my case study of *E. caffrorum*.  
301 Furthermore, I recommend avenues for additional studies in this chapter, suggesting a  
302 hitherto unidentified pollination guild of flowers in the high-elevation Drakensberg,  
303 similar to *E. caffrorum* in floral traits and pollination by short-tongued flies.

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503 **Chapter 2: Pollination and breeding system of *Erica caffrorum***

504 **(Ericaceae)**

505

506 **Abstract:**

507 *Erica* is among the most species-rich genera of the southern African flora, with diversity  
508 centred in the Cape Floristic Region (CFR) and Drakensberg Centres of Endemism.  
509 Adaptation to different pollinators has been suggested to play an important role in  
510 diversification in the genus, but pollination studies to date are limited to the CFR and  
511 focus primarily on relatively large-flowered species. I studied the reproductive ecology  
512 of the foul-smelling small-flowered *Erica caffrorum* across five high-elevation study sites  
513 in the Drakensberg mountains of South Africa. A breeding system experiment showed  
514 that *E. caffrorum* is self-incompatible and depends almost exclusively on pollinators for  
515 reproduction (indices of self-incompatibility and autonomous self-fertilisation 0.05 and  
516 0.10, respectively). Pollinator observations augmented by DNA barcoding of visitors  
517 revealed that 88.3% of visitors were Diptera. Assessment of pollinator importance (PI)  
518 based on visitation frequency and pollen loads showed that the relative importance of  
519 dipteran taxa differed among sites and years and confirmed Muscidae (PI 12.28% to 75.70  
520 %), Scathophagidae (PI 0.17% to 65.97%), and Rhiniidae (PI 0.30% to 43.94%), as the  
521 most important pollinators. The dominance of flies over other visitors in combination  
522 with variation in assemblages among sites and years suggest that the fly pollination  
523 system in *E. caffrorum* represents a relatively specialised pollination system in which  
524 potentially functionally similar flies of different families are presumably attracted by  
525 similar floral cues, potentially buffering reproductive success of *E. caffrorum* in a high  
526 elevation against a variable pollination environment.

527 **Key Words: Diptera, DNA barcoding, Ericaceae, high-elevation, pollen limitation**

528

## 529 **2.1 Introduction**

530 Florally diverse lineages are often considered to have evolved by a process of adaptation  
531 to an array of different pollinators (Van der Niet and Johnson, 2012; Van der Niet et al.,  
532 2014a). Indeed, there are many examples of genera in which floral diversity is associated  
533 with frequent shifts among pollination systems (Goldblatt and Manning, 2006; Johnson  
534 et al., 1998; Valente et al., 2012). Floral radiations often occur in regions with high  
535 biodiversity, such as tropical rainforests (Boyce and Lee, 2010), island ecosystems  
536 (Lunau, 2004) and montane regions (Medail and Quezel, 1997).

537 The southern African flora, including three hotspots of biodiversity (Myers, et al., 2000)  
538 has been a model system in which to explore adaptations to different pollination systems  
539 and its resultant macroevolutionary patterns (Johnson, 2010). Wind pollination is also  
540 common in South Africa, particularly in the Cape Floristic Region (CFR) (Welsford et  
541 al., 2014) plants with highly reduced floral features such as grasses, sedges, and  
542 Restionaceae rely on wind for pollination (Friedman and Barrett, 2009). Some plant  
543 species in South Africa are adapted to reproduce independently from pollen vectors  
544 through self-pollination (e.g., Van der Niet, 2018), a common strategy in arid  
545 environments where pollinators may be scarce (Harder and Johnson, 2005).

546 The South Africa flora is characterised by a high level of specialisation in pollination  
547 systems, including plant species that are pollinated by a single pollinator species (Johnson  
548 and Steiner, 2003; Johnson, 2010). High levels of pollinator specialisation in plant species  
549 are usually associated with a combination of floral traits including colour, scent and floral  
550 morphology that only attract particular functional groups or may restrict particular  
551 pollinator groups from visiting (Johnson and Steiner, 2000). Families in which high  
552 specialisation is particularly common include Orchidaceae and Iridaceae (Goldblatt and  
553 Manning, 2006; Johnson and Steiner, 2000; Johnson and Steiner, 2003).

554 A pollination syndrome is a set of associated features that exhibit floral phenotypic  
555 homogeneity, and represent adaptations for pollination by a particular group of animals  
556 (Faegri and van der Pijl, 1979; Fenster et al., 2004; Sprengel, 1793). Although  
557 specialisation in pollination systems is a key underlying assumption of the pollination  
558 syndrome concept (Johnson and Steiner, 2000), in which floral traits are interpreted as  
559 adaptations for particular pollinators, Waser et al. (1996) proposed that most plants rather

560 display generalisation in their pollination systems, despite conforming to a particular  
561 pollination syndrome (Ollerton, 1996). Plant species with generalised pollination systems  
562 are frequently characterised by relatively small flowers (Zych et al., 2019), resulting from  
563 an absence of morphological specialisation (e.g., due to the accessibility of floral rewards  
564 in flowers that lack a long floral tube) (Bergamo et al., 2021; Johnson and Anderson,  
565 2010; Klumpers et al., 2019). However, small-flowered species may be ecologically  
566 specialised due to signalling traits that filter species not involved in pollination (Johnson  
567 and Steiner, 2000; Martos et al., 2015). Specialisation observed in small-flowered species  
568 may also be due to their occurrence in particular environments with lower pollinator  
569 diversity (e.g., high elevation), representing “imposed specialisation” (cf. Armbruster,  
570 2017).

571 Studies of plant species with small flowers that are candidates for representing  
572 generalised pollination systems are rare in South Africa (but see Johnson and Hobbhahn,  
573 2010). Indeed, the data obtained by Waser et al. (1996) were limited to the northern  
574 hemisphere (Johnson and Steiner, 2003). The geographical bias in assessing  
575 specialisation and generalisation in pollination systems can underestimate the degree of  
576 generalisation or specialisation in a particular pollination system (Johnson and Steiner,  
577 2000).

578 Pollinator assemblages vary spatially and temporally (Herrera, 1988; Price et al., 2005),  
579 and this variation may result in slight changes to pollination systems (Kearns and Inouye,  
580 1994). Thus, the assessment of specialisation might change temporally or geographically,  
581 and limited sampling in time and space may result in an overestimation specialisation if  
582 studies are done at a single site and/or in a single year. For example, an overestimation of  
583 specialisation can occur if a particular plant species may appear specialised to a pollinator  
584 in one year at one site but may tend to be generalised to other pollinators, observed after  
585 a few years or multiple sites (Petanidou et al., 2008), although specialised pollination may  
586 also be underpinned by considerable spatiotemporal variation in the role of more than one  
587 pollinator group (Fenster and Dudash, 2001). Therefore, when attempting to characterise  
588 a potential pollination system, it is important to do so at multiple years and at multiple  
589 sites to gain a more accurate representation of that particular pollination system (Price et  
590 al., 2005; Dupont et al., 2009).

591 Specialisation in pollination systems is evident in the plant genus *Erica* (Ericaceae), (see  
592 Bouman et al., 2017; Rebelo et al., 1985), and many species of *Erica* appear relatively  
593 specialised for biotic pollination often relying on a single functional group (Rebelo et al.,  
594 1985; Van der Niet, 2021). The genus *Erica* occurs in the old world and is most diverse  
595 in southern Africa, with the centre of diversity in the CFR (Manning and Goldblatt, 2012;  
596 Pirie et al., 2011; Pirie et al., 2016), and with a lesser radiation in the summer rainfall  
597 region, where it nevertheless is one of the most species-rich genera (Carbutt and Edwards,  
598 2006; Hilliard and Burt, 1987). *Erica* comprises remarkable floral diversity (Baker and  
599 Oliver, 1967; Pirie et al., 2011; Pirie et al., 2016), which is associated with diverse biotic  
600 pollinators, including bees (Bouman et al., 2017; Van der Niet et al., 2020), long-  
601 proboscis flies (Lombardi et al., 2021; Newman and Johnson, 2021), moths and  
602 hawkmoths, (Van der Niet et al., 2014b; Van der Niet and Cozien, 2022), non-flying  
603 mammals such as rodents (Lombardi et al., 2013; Turner et al., 2011) and birds (Angoh  
604 et al., 2021; Heystek et al., 2014; Turner et al., 2012; Van der Niet et al., 2014b).  
605 However, all hitherto studied species occur in the CFR, rendering information on *Erica*  
606 pollination systems outside that region unknown.

607 Several plant species in the summer rainfall region of South Africa appear specialised for  
608 pollination by short-tongued Diptera (true flies) of the families Muscidae, Calliphoridae,  
609 Sarcophagidae, Tachinidae and Scathophagidae (Johnson et al., 2020; Shuttleworth and  
610 Johnson, 2010). Rebelo et al. (1985) classified 72% of *Erica* species as insect-pollinated,  
611 including pollination by bees and small flies in this category. Other *Erica* species that  
612 appear specialised for pollination by Diptera are pollinated exclusively by long-tongued  
613 Nemestrinid and Tabanid flies (Goldblatt and Manning, 2000; Lombardi et al., 2021;  
614 Newman and Johnson, 2021). Hitherto there is no study that shows specialisation for  
615 short-tongued fly pollination in *Erica*, even though many *Erica* species are characterised  
616 by small flowers that would provide a good morphological match with pollinators with  
617 particularly short proboscises. Although flies have been recorded as visitors for five  
618 small-flowered *Erica* species, these species were found to be pollinated primarily by  
619 honey bees (Bouman et al., 2017). An alternative explanation for small flowers in *Erica*  
620 is that these species may reproduce independently of pollinators. Capacity for  
621 autonomous self-pollination is often associated with small flowers, since investment into  
622 features for pollinator attraction are no longer maintained by selection (Primack, 1985).

623 Therefore, it is necessary to understand the reproductive ecology of small-flowered *Erica*  
624 species in terms of their reliance on pollinators for reproduction. Our current  
625 understanding of breeding systems in *Erica* suggests that many *Erica* species cannot  
626 successfully reproduce through autogamy and rely on pollinators for successful  
627 reproduction (Angoh et al., 2017; Arendse et al., 2021), but these studies were limited to  
628 representatives from the Cape clade of *Erica*.

629 The high-elevation Drakensberg region of South Africa is a centre of diversity for  
630 *Erica* (Carbutt and Edwards, 2006). In other areas of the world, there is a trend for  
631 increased reliance on flies at high elevations, but this has not been studied in South Africa.  
632 *Erica caffrorum* is a species that is mainly present at high-elevation sites of the  
633 Drakensberg region of southern Africa and blooms in early summer. It is characterised  
634 by small pale-white tubular flowers that emit a strong, somewhat unpleasant scent. The  
635 latter trait is particularly inconsistent with the bee pollination systems described by  
636 Bouman et al. (2017) for small-flowered *Erica* species. Given its floral traits and  
637 distribution, I hypothesise that *E. caffrorum* is primarily pollinated by short-tongued flies.

638 A particular challenge when identifying Afrotropical Diptera to genus or species level is  
639 that there is immense morphological variation in some families, and for many Diptera  
640 genera identification keys are unavailable (Jordaens et al., 2013; Jordaens et al., 2015;  
641 Kirk-Spriggs and Sinclair, 2017). Thus, the identification of morphologically similar flies  
642 is often very difficult and as such molecular techniques, such as DNA barcoding, could  
643 be used to complement identifications based on morphology (e.g., Jordaens et al., 2013;  
644 Jordaens et al., 2015).

645 The aim of this study is to characterise the pollination system of *E. caffrorum*.  
646 Specifically, I determine whether this species depends on pollinators for reproduction and  
647 whether it is self-compatible. Furthermore, I identify floral visitors and evaluate their  
648 importance for pollination based on visitation frequency and pollen loads, and verify their  
649 identification based on morphological characteristics using DNA barcoding. Finally, I  
650 quantify pollen limitation to evaluate the pollination service provided by the pollinators.

651 **2.2 Methods**

652 **2.2.1 Species and study sites**

653 *Erica caffrorum* (Ericaceae), commonly known as the “mountain heath”, is endemic to  
 654 southern Africa and occurs in high-elevation regions, including the Drakensberg  
 655 mountain range in the Eastern Cape and KwaZulu-Natal provinces of South Africa and  
 656 in full flower produces several thousand flowers. To determine the pollination system of  
 657 *E. caffrorum*, five study sites were selected across the species’ distribution (Table 2.1).  
 658 Breeding system and pollen limitation experiments were conducted at Carter’s Nek.  
 659 Visitors were observed and visitor pollen loads were quantified at all sites.

660

661 **Table 2.1:** GPS coordinates and elevation (meters above sea level) for the five study sites  
 662 of *E. caffrorum* with the years visitors were sampled.

663

Site	Elevation m.a.s.l.	Latitude	Longitude	Year sampled				
				2017- 2018	2018- 2019	2019- 2020	2020- 2021	2021- 2022
Carter’s Nek	1846	29°31’30.6”S	29°41’17.8”E				x	
Kamberg Reserve	2100	29°22’22.0”S	29°39’35.8”E				x	
Ntsikeni	2080	30°07’56.6”S	29°28’29.1”E	x		x		
Tarn Cave	2395	29°51’29.9”S	29°08’16.1”E	x	x		x	
Witzieshoek	2100	28°41’28.7”S	28°53’55.8”E			x		x

664

665 **2.2.2 Quantification of breeding system**

666 Controlled hand pollination experiments were conducted to determine whether *E.*  
 667 *caffrorum* is self-compatible and can reproduce independently of pollen vectors (auto-  
 668 fertility). Prior to the commencement of these experiments, buds were enclosed in  
 669 breathable mesh bags to exclude flower visitors and ensure that the treatment pollen was  
 670 the only pollen reaching the stigmas of these flowers. To assess self-compatibility,

671 reproductive success was compared between flowers that were hand-pollinated with self-  
672 pollen of the same flower and flowers pollinated with cross-pollen from a flower of  
673 another plant approximately 20 meters away. Reproductive success was compared  
674 between flowers that were left unmanipulated to flowers also pollinated with cross-pollen  
675 from a flower of another plant, to assess auto-fertility. A minimum of 10 flowers were  
676 assigned to each treatment on each of 20 plants. Self- and cross-pollen were applied to  
677 flowers of which stigmas were receptive. Pollen grain adherence to stigmas was  
678 confirmed with a 10× hand-lens. Sufficient pollen grains were placed on the stigma to  
679 cover it entirely.

680 All treated flowers were marked with coloured wires and covered with fabric pollinator  
681 exclusion bags that allow passage of wind and water but exclude insect visitors. Flowers  
682 assigned to the autonomous self-pollination treatment were left unmanipulated inside the  
683 exclusion bags.

684 After two months, all treated flowers and the enclosed fruits were harvested. Harvested  
685 flowers were dissected under a dissecting microscope at a 40× magnification, and the  
686 presence or absence of developed fruits was recorded. For each fruit, the number of  
687 mature seeds and undeveloped ovules was recorded. Unfertilised ovules were  
688 distinguished from developed seeds on the basis of size: unfertilised ovules were 125 to  
689 200 µm in diameter, whereas seeds were larger than 400 µm in diameter (Supplementary  
690 Fig. S2.1).

691 Indices of self-incompatibility and auto-fertility were calculated following Zapata and  
692 Arroyo (1978), based on the marginal means estimated from statistical analysis of the  
693 seed set (see below). The index of self-incompatibility (ISI) was calculated as the mean  
694 number of seeds per flower pollinated with self-pollen divided by the mean number of  
695 seeds per flower for cross-pollinated flowers; this gives a value ranging from zero to one,  
696 for which “zero” indicates complete self-incompatibility and “one” indicates full self-  
697 compatibility.

698 The index of autonomous self-fertilisation (IAS) indicates a species’ capacity to set fruit  
699 independently of pollinators (Schoen and Lloyd, 1992). This index was calculated as the  
700 mean of the number of seeds produced by flowers from which pollinators were excluded,  
701 divided by the mean number of seeds per flower for cross-pollinated flowers. The IAS

702 ranges from zero to one, for which “zero” indicates a complete dependence on pollinators  
703 for fruit set, whereas “one” indicates complete independence of pollinators through  
704 autonomous autogamy.

### 705 **2.2.3 Visitor observations and assessment of pollinator importance**

706 Floral visitors were identified through direct observations on *E. caffrorum* on 22-23  
707 November 2019 and on 28–30 November 2021 at Witzieshoek, on 5 January 2020 at Tarn  
708 Cave and on 29 December 2021 and 3-4 January 2022 at Carter's Nek; visitor species  
709 identity and their behaviour while visiting flowers were recorded. Observations were  
710 carried out typically from 07:00 to 17:00, but usually in the late morning when visitor  
711 activity was the highest and then in the evening from 18:00 to 19:00.

712 Flower visitors were collected using sweep nets at five sites over a total of 42 hours over  
713 seven days (Table 2.2). When an insect visitor landed on the flowers of *E. caffrorum* a  
714 sweep net was placed directly over the visitor. This was done randomly throughout the  
715 day when a visitor was seen visiting *E. caffrorum* flowers. All captured insects were  
716 placed in 1ml Eppendorf tubes and frozen at -20 °C before further processing. Although  
717 this approach should result in a representative sample of captured floral visitors, there is  
718 potential for bias due to different capture rates for different types of visitors.

719 For Diptera, which generally comprised the most common visitors, each visitor was  
720 identified to genus level. Other visitors were identified to family level. All identifications  
721 were based on matching morphological characteristics viewed under a 20× dissecting  
722 microscope with the identification keys described in Kirk-Spriggs and Sinclair, (2017)  
723 and Nihei and de Carvalho, (2009). DNA barcoding (see below for methods) was used  
724 on a subset of caught visitors to confirm the morphospecies identification of Diptera. All  
725 downstream analyses were based on the dataset that was obtained subsequent to DNA  
726 barcoding, incorporating any changes to initial morphospecies designations.

727 Pollen loads of all captured individuals were assessed by dabbing them with a two mm<sup>3</sup>  
728 cube of fuchsin gel that adheres to, and stains pollen grains (Beattie, 1971). The fuchsin  
729 gel was then melted on a microscope slide, and pollen grains were counted under a stereo  
730 microscope using 400× magnification. *Erica* pollen can be readily identified by their  
731 distinctive tetrad pollen from other plant species' pollen grains (Sarwar and Takahashi,

732 2014). Pollen grains of other plant species, which are visibly different from the tetrad  
733 pollen of *Erica*, were also recorded on any visitor that did carry pollen of *E. caffrorum*. .

734 Pollinator Importance (PI) was calculated for each visitor taxon at each site, following a  
735 modification of the protocol of Bouman et al. (2017). The mean pollen load was  
736 calculated for each visitor taxon and then multiplied by the mean visitation frequency, as  
737 inferred from the proportion of the species among the total number of insects captured.  
738 The relative importance of each visitor group was calculated as the contribution of each  
739 group to the total contribution summed for all groups and expressed as a percentage.

#### 740 **2.2.4 Analysis of pollination networks and pollinator importance**

741 To visualise geographical variation in pollinator assemblages and to assess whether and  
742 how pollinator assemblages vary among sites, visitor assemblages were analysed using  
743 pollination network tools, including an analysis of modularity (cf. Phillips et al., 2020).  
744 Modularity is mainly used here as a visualisation tool, and not interpreted in its mostly  
745 used form as a measure for interactions between plants and pollinators that all occur  
746 within a particular community. The flower-visitation network is a visual representation  
747 of the frequency of visitors at each site. The width of the connecting lines of sites to visitor  
748 taxa indicates the frequency of visitors at each site; the thicker the connecting line, the  
749 greater the visitor frequency. The pollinator importance network is a visual representation  
750 that includes information related to pollen loads that is used for calculating pollinator  
751 importance (see above). The width of the connecting lines of sites to pollinator taxa  
752 indicates the pollinator importance of pollinator taxa at each site; the thicker the  
753 connecting line, the greater the pollinator importance.

754 To determine the number of modules representing visitors and their pollinator  
755 importance, a weighted interaction matrix was created with sites in rows and visitors and  
756 pollinator importance, respectively in columns (Figs 2.4a, 2.4b). Modularity (Q value) is  
757 a measure of network structure calculated to measure the strength of grouping a network  
758 into modules (Newman and Girvan, 2004). A modularity analysis creates discrete  
759 compartments that group strong interactions together and indicate lesser interactions  
760 outside of each unit compartment (Olesen et al., 2007) and is visualised using a set of  
761 coloured squares, with the darker squares representing more frequent interactions and

762 greater pollinator importance respectively. The observed Q value was compared against  
763 a null model derived from 1,000 randomised networks using the vaznull function  
764 (Vázquez et al., 2007). Modularity was calculated in R version 4.2.1 (R Core Team, 2022)  
765 with the bipartite package version 2.16 (Dormann et al., 2008; Dormann, 2020).

766 A similarity percentage (SIMPER) analysis was implemented to determine which visitor  
767 taxon contributes most to dissimilarity among sites (i.e., which specific visitor taxa are  
768 characteristic of a particular site). This analysis ranks visitor taxa based on their  
769 importance in explaining dissimilarity (Clarke, 1993).

770 Variation of visitor taxa across sites and different sampling years was also visualised in  
771 two dimensions using non-metric multidimensional scaling (NMDS) implemented in  
772 PAST Version 4.03 (Hammer et al., 2001), based on the Bray–Curtis similarity because  
773 the data matrix contained many zero values of taxa that were absent at a particular site  
774 (Bray and Curtis, 1957).

### 775 **2.2.5 Procedure for DNA barcoding and PCR**

776 Since most visitors were Diptera that are often difficult to identify at the species level  
777 based solely on morphological characters, DNA barcoding was used to verify the  
778 morphological identifications. Specimens were preserved in 100% ethanol and stored in  
779 a -20°C freezer until further analysis. The procedures for DNA barcoding followed  
780 Jordaens et al. (2015). The Genomic DNA was extracted from the tissue of a single leg  
781 of fly specimens using the NucleoSpin Tissue Kit (Macherey-Nagel, Düren), following  
782 the directions of the manufacturer. PCR reactions commenced in 25 µl reaction volumes  
783 comprising 1.5 mM MgCl<sub>2</sub> in 1× PCR buffer (Invitrogen), 0.2 mM of each dNTP, 0.2 µM  
784 of each primer and 0.5 units of Taq polymerase (Invitrogen). Using the primer pair  
785 LCO1490 and HCO2198, the DNA barcode fragment of the mitochondrial cytochrome *c*  
786 oxidase subunit I (COI) gene was amplified (Folmer et al., 1994). The PCR program  
787 started with an early denaturation phase of 5 minutes at 95 °C, followed by 35 cycles of  
788 45 seconds denaturation at 95 °C, 45 seconds at an annealing temperature of 45 °C and  
789 1.5 minutes extension at 72 °C, and ending with a final extension stage of 5 minutes at 72  
790 °C. PCR products were purified using the GFX PCR DNA Purification Kit (GE  
791 Healthcare, Machelen, Belgium) and diluted in 15 µl of sterile water or using the ExoSap  
792 protocol (Thermo Fisher Scientific, Merelbeke, Belgium) following the instructions of

793 the manufacturer. The PCR products were bidirectionally sequenced using the ABI  
794 PRISM BigDye® Terminator v3.1 Cycle Sequencing Kit and executed on an ABI3130xl  
795 Genetic Analyzer. Sequences were assembled in GeneiousR10 v.10.0.9  
796 (<https://www.geneious.com>), and discrepancies were checked by eye on the  
797 chromatogram.

798 DNA sequences were analysed using a Neighbour-Joining analysis (Saitou and Nei,  
799 1987) based on 81 DNA barcodes. A Neighbour-Joining (NJ) tree was constructed using  
800 the p-distance model in MEGA v.7 (Kumar et al., 2016) and pairwise p-distances (i.e.,  
801 the proportion of sites at which two sequences differ) within and among species were  
802 calculated. Commonly, in DNA barcoding, a 2% threshold is used as an arbitrary cut-off  
803 value used to delimit species from another based on the distribution of inter and intra-  
804 specific genetic distance values of the DNA barcodes (Jordaens et al., 2015). In this case,  
805 the distance measure is the p-distance, which is the proportional distance between the  
806 DNA barcodes.

807 Each DNA barcode (query) was then blasted in the GenBank database  
808 (<https://www.ncbi.nlm.nih.gov/genbank/>) using the Basic Local Alignment Search Tool  
809 (option Megablast), yielding a list of highly similar sequences of which the best match  
810 was retained (i.e., the DNA barcode with the lowest p-distance with the query). The  
811 percentage of query covered with the best match and the percentage identity (p-distance)  
812 between the query and the best match was noted. Best matches with a p-distance of < 2%  
813 were considered a conspecific match with the query (Sonet et al., 2013). The  
814 morphological ID of the best match was then compared to the morphological  
815 identification of the query. If the identification returned by GenBank and morphological  
816 identification did not correspond, I re-examined the specimen morphologically and  
817 inserted all the corrected identifications in the analyses outlined above. Best matches with  
818 a p-distance > 2% were considered heterospecific with the query and suggested that  
819 GenBank did not contain a reference DNA barcode for the query.

## 820 **2.2.6 Assessment of pollen limitation**

821 In order to assess whether pollinator-mediated pollen receipt limits the reproductive  
822 success of *E. caffrorum*, a pollen supplementation treatment was applied to a minimum  
823 of 13 flowers and a maximum of 24 flowers on 20 plants and reproductive success was

824 compared with that of naturally pollinated flowers. The method of hand pollination was  
825 similar to that used in the breeding system experiment. However, to allow natural  
826 visitation and pollination, flowers in the pollen limitation experiment were not enclosed  
827 in bags prior to or after treatment. (cf. Burd, 1994).

828 The treatment and control flowers were marked with coloured wires. Reproductive  
829 success was assessed as described above. An index of pollen limitation was calculated as  
830  $1 - (\text{the mean number of seeds following natural pollination}) / (\text{the mean number}$   
831  $\text{of seeds per flower following pollen supplementation (Bierzychudek, 1981, Baskin and}$   
832  $\text{Baskin, 2018)})$ . Values range from “zero” indicating an absence of pollen limitation, to  
833 “one” indicating maximum pollen limitation. Pollen limitation occurs when pollinators  
834 deposit incompatible pollen or when pollinators are infrequent (Fernández et al., 2012)  
835 and is indicated by significantly greater seed set of pollen-supplemented pollinated  
836 flowers than that of the unmanipulated natural flowers (Bierzychudek, 1981).

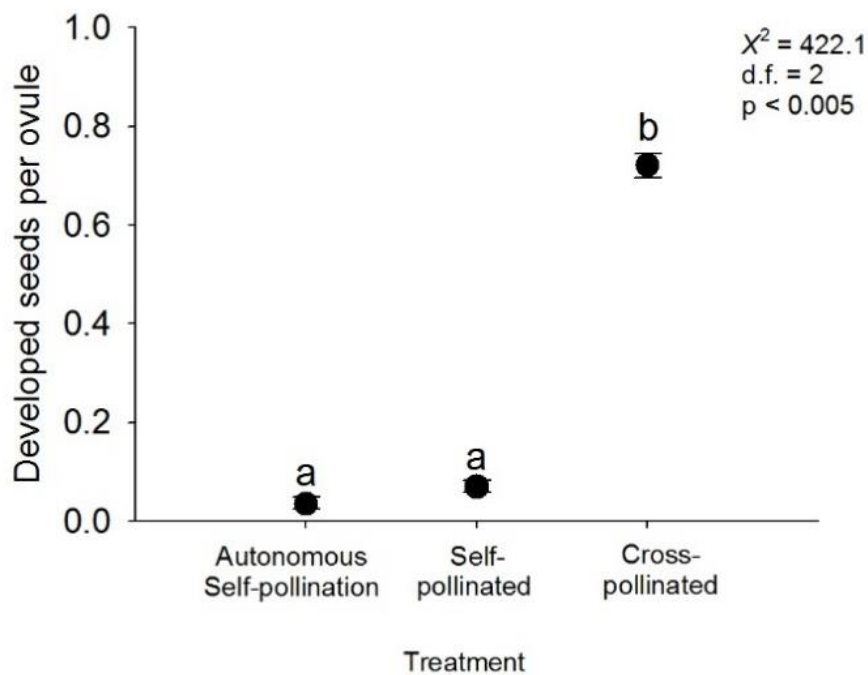
### 837 **2.2.7 Statistical analysis of breeding system and pollen limitation experiments**

838 Generalised Estimating Equations (GEE) with a binomial distribution and a log link  
839 function were used to test the reproductive success among treatments in the breeding  
840 system and pollen limitation experiments. To account for non-independence among  
841 measurements from the same plant, individual models included plant identity as a subject  
842 variable, and multiple flowers measured on the same plant as within-subject effects with  
843 an “exchangeable” correlation matrix, and models were implemented using SPSS Version  
844 27 (IBM Corp). To adjust significance for multiple comparisons among means, the Dunn-  
845 Šidák method was used (Šidák, 1967). For visual comparison of means on the original  
846 measurement scale, the data was back-transformed from the scale of analysis, resulting  
847 in marginal means and asymmetrical standard error bars, that were plotted using  
848 SigmaPlot version 8.0 (Systat Software, Inc. 2005).

849 **2.3 Results**

850 **2.3.1 Breeding system**

851 Comparison of seed set shows that the reproductive success of autonomously self-  
852 pollinated and hand self-pollinated flowers was similar and very low, with less than 10%  
853 of ovules developing into seeds, whereas cross-pollinated flowers showed significantly  
854 higher reproductive success, with approximately 75% of ovules developing into seeds  
855 (Fig. 2.1). The IAS was 0.05, indicating that *E. caffrorum* is dependent on pollinators for  
856 reproduction. The ISI was 0.09, indicating that *E. caffrorum* is strongly self-incompatible.



857

858 **Figure 2.1:** Mean  $\pm$  SE seed production per ovule for unmanipulated flowers and flowers  
859 pollinated with self and cross pollen. Symbols that share letters indicate values that do  
860 not differ significantly in post-hoc comparisons ( $p < 0.005$ ).

861

### 862 2.3.2 Identification of flower visitors and calculation of pollinator importance

863 Across all sites, a total of 618 insect visitors, including 546 Diptera (all consisting of the  
864 suborder Brachycera) visitors and 72 other visitors, were caught or observed visiting  
865 flowers of *E. caffrorum* (Table 2.2). In total, there were 17 fly morphospecies. Other  
866 visitors included bees, wasps, butterflies, moths, true bugs and thrips, together classified  
867 as “other pollinators” (six taxa recorded). Some Diptera visitor taxa, including *Neomyia*  
868 (*Muscidae*), *Sarcophaga* (*Sarcophagidae*), and *Scathophaga* (*Scathophagidae*) were  
869 present consistently regardless of site or sampling year. The most frequently occurring  
870 family among the dipteran visitors comprised the *Muscidae*, specifically the genera  
871 *Musca* (*Byomya* and *Musca*), *Neomyia* and *Stomoxys*, which tallied a total of 309 flies.  
872 At Carter’s Nek and Kamberg Reserve, there were seven and nine fly morphospecies  
873 visitors, respectively, and one non-dipteran visitor morphospecies per site. At Ntsikeni,  
874 there were five fly visitor morphospecies with no non-dipteran visitors. At Tarn Cave  
875 there were 11 fly morphospecies and three non-dipteran morphospecies visitors.  
876 Witziesshoek had the most fly morphospecies, with 14 visitors and six non-dipteran  
877 morphospecies present (Table 2.2; Table 2.3).

878 The number of *E. caffrorum* pollen grains on visitors ranged from 0–800 (Table 2.2). A  
879 visitor that carried pollen grains of *E. caffrorum* was generally also observed to carry non-  
880 *Erica* pollen grains. *Anthomyia* (*Anthomyiidae*), *Ceratitis* (*Tephritidae*) and *Lauxania*  
881 (*Lauxaniidae*) were the only dipteran visitor taxa that did not carry pollen grains of *E.*  
882 *caffrorum* or any other plant species pollen, but individuals of these groups were in any  
883 case represented rarely among caught visitors.

**Table 2.2:** Identities, number of individuals caught and mean pollen loads of visitors to flowers of *Erica caffrorum* at five high-elevation sites across four flowering seasons and five years studied. Values indicate mean  $\pm$  SD pollen grains across sampled individuals; numbers in square brackets indicate individuals caught.

Family/(Sub)-Genus	Carter's Nek	Kamberg Reserve	Ntsikeni			Tam Cave				Witzieshoek		All Witzieshoek
	2020–2021 Pollen	2020–2021 Pollen	2017–2018 Pollen	2019–2020 Pollen	All Ntsikeni Pollen	2017–2018 Pollen	2018–2019 Pollen	2020–2021 Pollen	All Tam Cave Pollen	2019–2020 Pollen	2021–2022 Pollen	All Witzieshoek Pollen
<b>Diptera</b>												
<i>Anthomyia</i>	-	-	-	-	-	0 [1]	-	-	0 [1]	0 [1]	-	0 [1]
<i>Ceratitis</i>	-	-	-	-	-	0 [1]	-	-	0 [1]	0 [1]	-	0 [1]
<i>Chrysomya</i>	2 [1]	3 [1]	-	-	-	-	-	-	-	712 [1]	-	712 [1]
<i>Eristalinus</i>	-	-	-	-	-	8 [9]	-	-	8 [9]	76.7 $\pm$ 84.7 [5]	-	76.7 $\pm$ 84.7 [5]
<i>Hilarempis</i>	-	-	-	-	-	5.1 $\pm$ 9.2 [12]	-	9.8 $\pm$ 15.8 [4]	7.45 [16]	2 [1]	-	2 [1]
<i>Isomyia</i>	65.3 $\pm$ 38.7 [11]	-	-	-	-	9.0 $\pm$ 14.2 [10]	4.4 $\pm$ 11.5 [2]	1.6 $\pm$ 2.3 [7]	7 $\pm$ 11.90 [19]	-	-	-
<i>Lauxania</i>	-	-	-	-	-	-	-	-	-	0 [1]	-	0 [1]
<i>Musca (Byomya)</i>	-	14.2 $\pm$ 8.1 [5]	-	-	-	3.0 $\pm$ 4.8 [20]	-	1.3 $\pm$ 2.4 [12]	2.31 $\pm$ 4.15 [32]	1.5 $\pm$ 1.5 [2]	4.6 $\pm$ 10.0 [7]	3.89 $\pm$ 8.94 [9]
<i>Musca (Musca)</i>	-	14.2 $\pm$ 20.2 [5]	-	-	-	-	-	3.1 $\pm$ 7.2 [16]	3.1 $\pm$ 7.2 [16]	0 [1]	32.8 $\pm$ 47.3 [5]	27.33 $\pm$ 44.88 [6]
<i>Muscoidea</i>	-	1	-	-	-	-	-	2.3 $\pm$ 2.3	2.3 $\pm$ 2.3	-	27	27

		[2]						[4]	[4]		[1]	[1]
<i>Neomyia</i>	15.4 ± 15.1 [23]	13.0 ± 13.9 [25]	14.9 ± 22.3 [18]	0 [1]	14.1 ± 21.34 [19]	14.6 ± 38.1 [69]	16.0 ± 11.0 [13]	4.9 ± 13.4 [24]	11.39 ± 32.50 [106]	5.3 ± 9.3 [34]	19.5 ± 21.1 [19]	10.37 ± 16.17 [53]
<i>Sarcophaga</i>	13.0 ± 13.1 [5]	103.0 ± 87.0 [4]	6 [1]	-	6 [1]	29.5 ± 68.4 [14]	-	8.9 ± 16.5 [7]	22.62 ± 57.45 [21]	16.6 ± 38.6 [9]	0.7 ± 1.1 [6]	10.2 ± 30.89 [15]
<i>Scathophaga</i>	48 [1]	44.6 ± 58.8 [39]	10 [1]	0.2 ± 0.4 [5]	1.83 ± 3.67 [6]	3.0 ± 1.9 [4]	-	2.4 ± 2.7 [5]	2.67 ± 2.40 [9]	7 [1]	-	7 [1]
<i>Sepsis</i>	-	-	-	-	-	-	-	-	-	1.3 ± 1.5 [22]	-	1.3 ± 1.5 [22]
<i>Stomorhina</i>	24.7 ± 32.0 [18]	8 [1]	34.5 ± 6.5 [2]	-	34.5 ± 6.5 [2]	8 [1]	-	1.6 ± 1.5 [8]	2.33 ± 2.45 [9]	-	-	-
<i>Stomoxys</i>	2 [1]	3 [1]	-	-	-	-	-	-	-	-	-	-
<i>Tachininae</i>	-	-	-	0 [1]	0 [1]	-	-	-	-	4.5 ± 6.4 [14]	-	4.5 ± 6.42 [14]
<b>Other Visitors</b>												
<i>Apis</i>	-	-	-	-	-	0 [5]	-	3.0 ± 3.7 [5]	1.5 ± 3.01 [10]	2.5 ± 2.5 [2]	-	2.5 ± 2.5 [2]
Hesperiidae	-	0.8 ± 1.6 [5]	-	-	-	22.3 ± 16.0 [3]	-	-	22.3 ± 16.0 [3]	2.0 ± 2.8 [3]	-	2.0 ± 2.8 [3]
Noctuidae	1 [1]	-	-	-	-	-	-	-	-	-	23.1 ± 46.6 [16]	23.1 ± 46.6 [16]
Pyrrhocoridae	-	-	-	-	-	-	-	-	-	210.4 ± 198.9 [8]	35.3 ± 48.0 [6]	135.36 ± 176.33 [14]
Thripidae	-	-	-	-	-	-	-	1.5 ± 1.5 [2]	1.5 ± 1.5 [2]	0.3 ± 0.7 [7]	1.0 ± 1.4 [8]	0.88 ± 1.41 [15]
Vespidae	-	-	-	-	-	-	-	-	-	4 [1]	-	4 [1]

887 Similar to the visitor assemblages, pollinator importance also varied at each site. Only  
888 *Neomyia*, *Sarcophaga* and *Scathophaga* were pollinators across all sites (Table 2.3). At  
889 Carter's Nek, *Isomyia* (43.94%) (Rhiniidae) had the greatest pollinator importance even  
890 though it was the second most frequently occurring visitor, behind *Stomorhina* (27.17%)  
891 (Rhiniidae) (Figs 2.2a, 2.2b). At Kamberg Reserve, *Scathophaga* (65.97%) was the most  
892 important pollinator and the most frequent visitor. Ntsikeni and Tarn Cave had *Neomyia*  
893 spp. (75.70% and 53.44%, respectively) as the most important pollinator and the most  
894 frequent visitor (Figs 2.2a, 2.2b). At Witzieshoek, the true bug family of Pyrrhocoridae  
895 (46.04%) was the most important pollinator, and *Chrysomya* (17.30%) (Calliphoridae)  
896 was the second most important pollinator (Fig.2.2b). This was mostly determined by the  
897 large amounts of pollen found on true bugs, even though they were not the most frequent  
898 visitors, which was *Neomyia* (Fig. 2.2a).

899

900 **Table 2.3:** Pollinator importance for different flower visitors to *E. caffrorum* across the  
 901 five sites. Pollinator importance is expressed as a percentage, calculated as the product of  
 902 mean visitation frequency, as inferred from the proportion of the species among the total  
 903 number of insects captured, and mean pollen load for each visitor category, out of the  
 904 total for all visitors at each site. Visitor taxa are arranged into Diptera and other visitors  
 905 (each arranged alphabetically, with the dipteran families in parenthesis). Numbers in bold  
 906 indicate the most important pollinator at each site.

	Carter's Nek	Kamberg Reserve	Ntsikeni	Tarn Cave	Witzieshoek
	Pollinator Importance				
Family/Genus					
<b>Diptera</b>					
<i>Anthomyia</i> (Anthomyiidae)	-	-	-	0.00	0.00
<i>Ceratitis</i> (Tephritidae)	-	-	-	-	0.00
<i>Chrysomya</i> (Calliphoridae)	0.12	0.11	-	-	17.30
<i>Eristalinus</i> (Syrphidae)	-	-	-	3.16	1.86
<i>Hilarempis</i> (Empididae)	-	-	-	5.23	0.05
<i>Isomya</i> (Rhiniidae)	<b>43.94</b>	-	-	5.83	-
<i>Lauxania</i> (Lauxanidae)	-	-	-	-	0.00
<i>Musca</i> ( <i>Byomya</i> ) (Muscidae)	-	2.69	-	3.24	0.85
<i>Musca</i> ( <i>Musca</i> ) (Muscidae)	-	2.69	-	2.17	3.98
<i>Muscoidea</i> (Muscidae)	-	0.08	-	0.40	0.66
<i>Neomyia</i> (Muscidae)	21.66	12.28	<b>75.70</b>	<b>53.44</b>	13.35
<i>Sarcophaga</i> (Sarcophagidae)	3.98	15.61	1.70	20.83	3.72
<i>Scathophaga</i> (Scathophagidae)	2.94	<b>65.97</b>	3.10	1.05	0.17
<i>Sepsis</i> (Sepsidae)	-	-	-	-	0.82
<i>Stomorhina</i> (Rhiniidae)	27.17	0.30	19.50	0.92	-
<i>Stomoxys</i> (Muscidae)	0.12	0.11	-	-	-
<i>Tachininae</i> (Tachinidae)	-	-	0.00	-	1.53
<b>Other Visitors</b>					
<i>Apis</i>	-	-	-	0.66	0.12
Hesperiidae	-	0.15	-	2.93	0.15
Noctuidae	0.06	-	-	-	8.98
Pyrrhocoridae	-	-	-	-	<b>46.04</b>
Thripidae	-	-	-	0.13	0.32
Vespidae	-	-	-	-	0.10

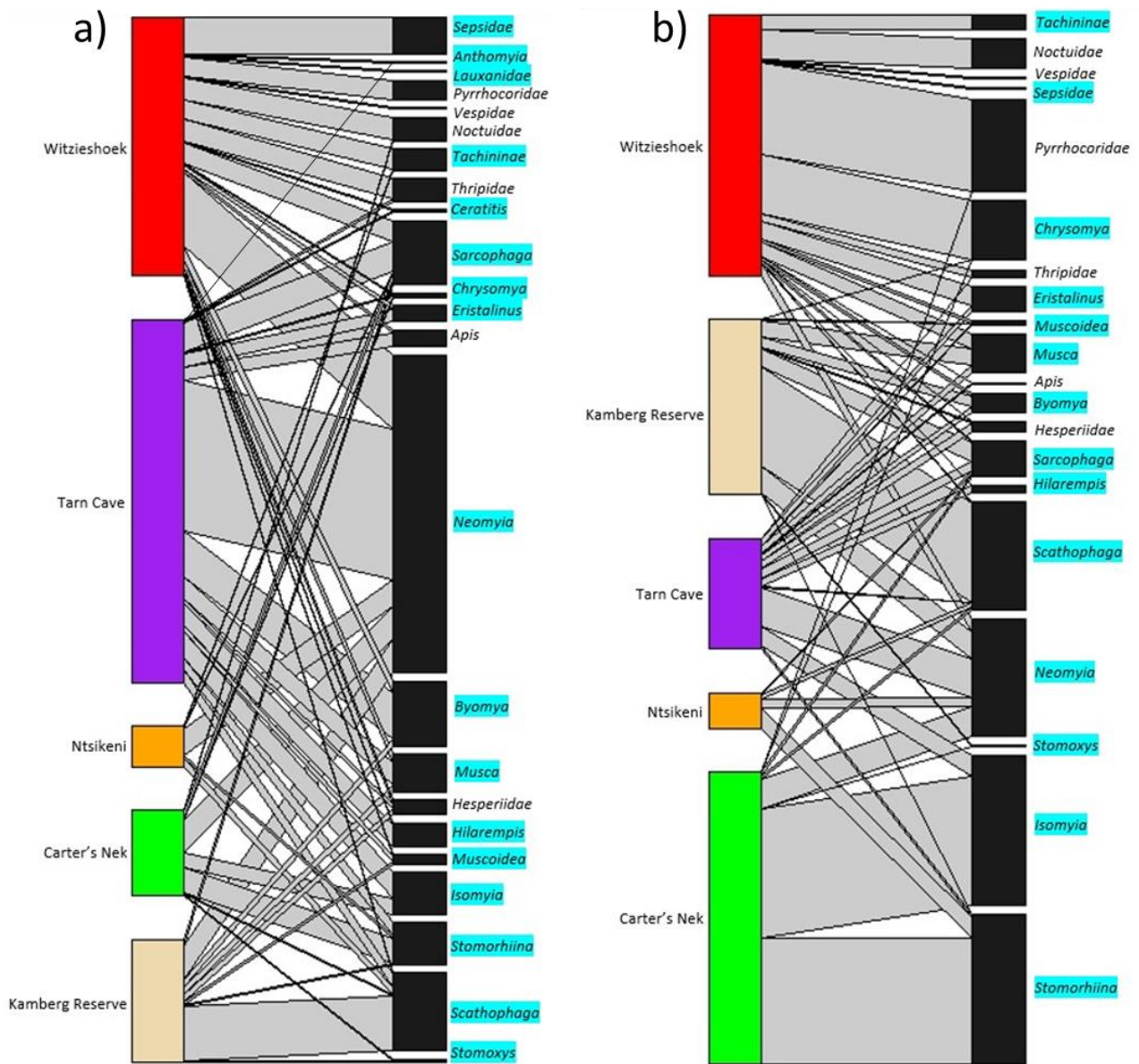
907

908 Modularity analysis derived from the visitation data (Fig. 2.3a) showed significant  
 909 modularity (Q = 0.28; 95% CI, Q null-vaznull = 0.18-0.57; Fig. 2.3a). Four modules were  
 910 detected for the modularity analysis of visitor frequency formed by two to nine visitor  
 911 taxa. Tarn Cave, Witzieshoek and Carter's Nek represented independent modules. Seven

912 visitor taxa characterise Tarn Cave, with *Neomyia* being the main visitor taxon. Five  
913 visitor taxa characterise Witzieshoek, and two visitor taxa (*Isomyia* and *Stomorhina*)  
914 characterise the visitors at Carter's Nek, while two visitor taxa (Hesperiidae and  
915 *Scathophaga*) characterise Ntsikeni and Kamberg Reserve (Fig. 2.3a).

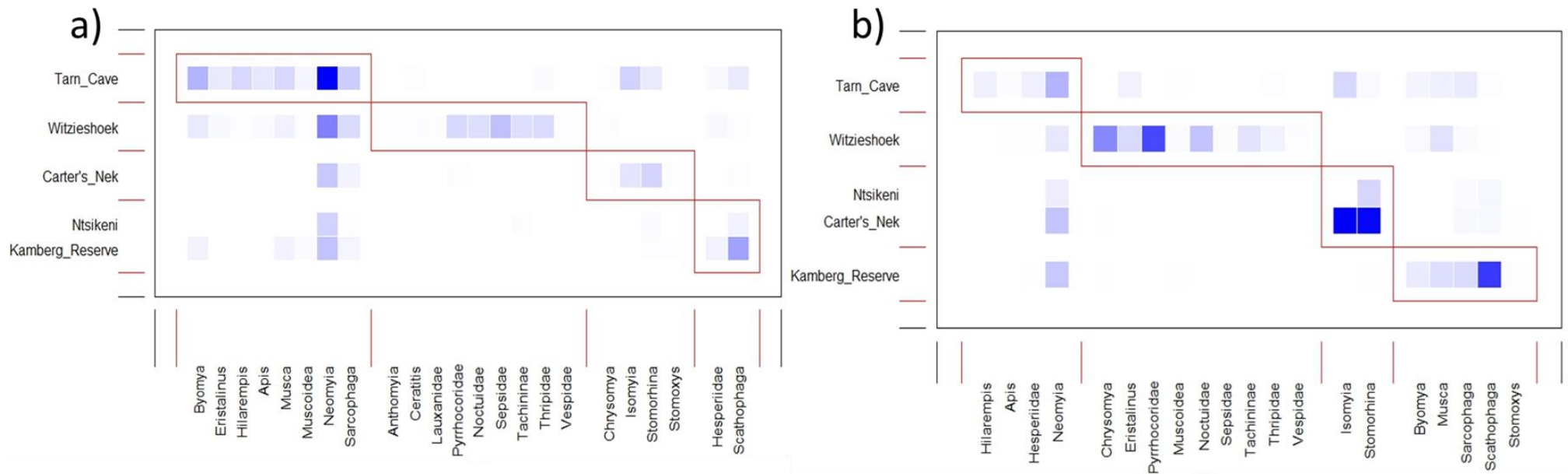
916 Significant modularity was also detected for the pollinator importance data ( $Q = 0.53$ ;  
917 95% CI,  $Q_{\text{null-vaznull}} = 0.14-0.44$ ; Fig. 2.3b). Four modules were also detected for  
918 pollinator importance, formed by two to nine important pollinators. Tarn Cave,  
919 Witzieshoek and Kamberg Reserve Nek represented independent modules. Three taxa  
920 were important pollinators at Tarn Cave, with *Neomyia* being the most important  
921 pollinator. Six taxa were important pollinators at Witzieshoek, with Pyrrhocoridae the  
922 most important. Four taxa were important pollinators at Kamberg Reserve, with  
923 *Scathophaga* being the most important pollinator. Two taxa (*Isomyia* and *Stomorhina*)  
924 characterise important pollinators at Ntsikeni and Carter's Nek (Fig. 2.3b).

925 For both modularity analyses, the clearest module was found at Carter's Nek and  
926 comprised the Rhiniidae genera *Isomyia* and *Stomorhina* as the most frequent visitor and  
927 most important pollinator (Fig. 2.3).



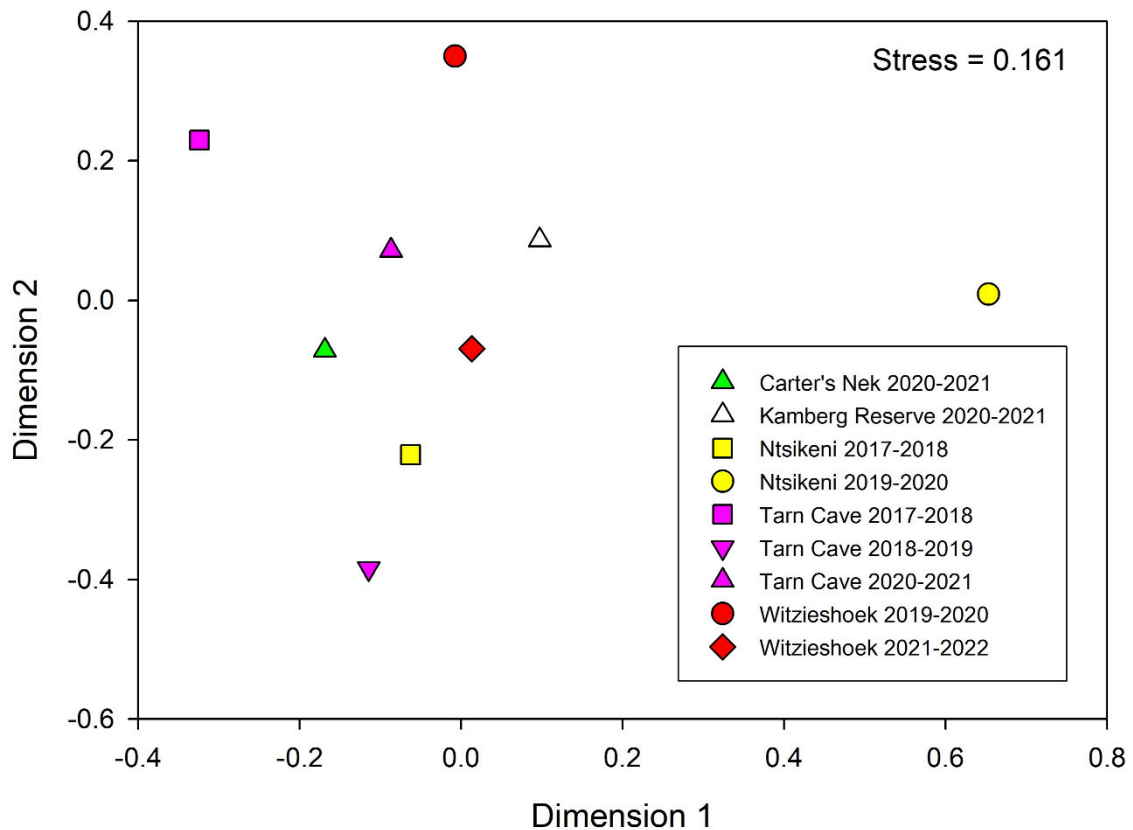
928

929 **Figure 2.2:** Bipartite network analyses of visitors to *Erica caffrorum* at five high-  
 930 elevation sites based on visitation frequency only (a) and on pollinator importance  
 931 calculated as the product of visitation frequency and pollen loads (see methods text for  
 932 details) (b). Names of dipteran visitor taxa are highlighted in blue. The width of  
 933 connecting lines indicates interaction frequency (a) and strength of pollinator importance  
 934 (b).



**Figure 2.3:** Modularity diagrams for *E. caffrorum* based on visitation frequency (a) and including pollinator importance based on visitation frequency and pollen loads (b). Each module, with sites as rows and pollinator genera as columns, is enclosed within a red box. Both analyses identify four modules, but the inclusion of pollen loads changes module composition in terms of both site similarity and pollinator composition for each module. Darker colours indicate greater interaction frequency (a) and pollinator importance (b). The red boxes separate the modules, and the cells inside the boxes are the interactions that are shared within the modules.

935 Visualisation of the visitor taxa among different sites at different sampling years using  
 936 NMDS revealed an inconsistent temporal spread of the sites (Fig. 2.4). The SIMPER  
 937 analysis identified *Neomyia*, *Scathophaga* and *Sarcophaga* as the main visitor taxa that  
 938 are responsible for the dissimilarity of visitor taxa among different flowering seasons,  
 939 *Neomyia* was the only visitor taxon that was present across all sites and flowering seasons  
 940 (Table S2.1).



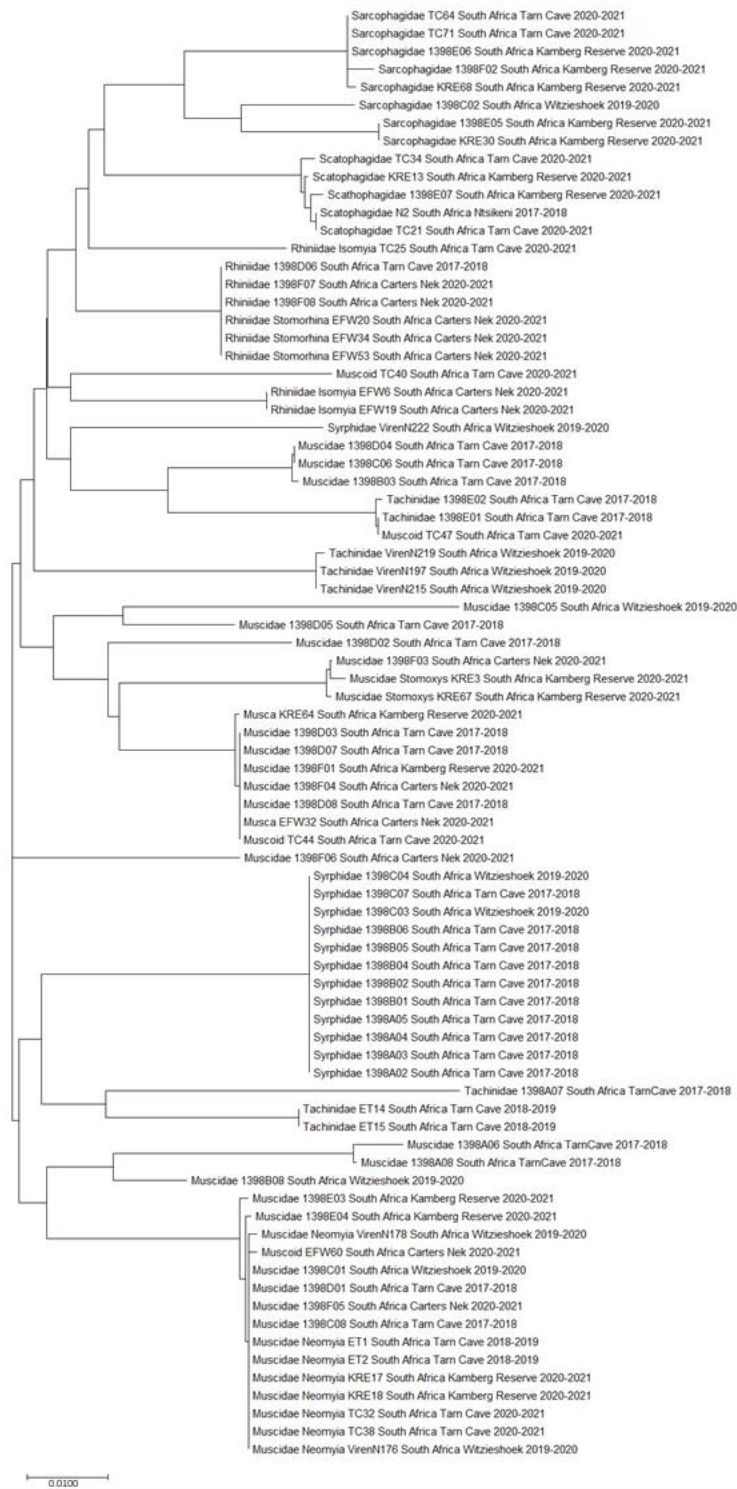
941

942 **Figure 2.4:** Non-metric multidimensional scaling of visitors assemblages of *E. caffrorum*  
 943 at five sites and over multiple sampling years; sites are indicated by symbols with the  
 944 same colour, different years are indicated by different symbols.

### 945 **2.3.3 Verification of flies DNA barcoding**

946 In total, 92 fly legs were used for DNA barcoding, of which 81 were successfully  
947 barcoded, which was a 88.04% success rate (Table S2.2). DNA barcoding largely  
948 confirmed family-level identifications: only two out of 81 were incorrectly identified at  
949 the family level of the barcodes that were successful. Eleven specimens showed a best  
950 match with a p-distance of  $< 2\%$ , which was considered a supposed match to flies in the  
951 GenBank database that also matched their morphological identification. Seventy flies had  
952 best matches with a p-distance  $> 2\%$ , suggesting that DNA barcoding corroborated the  
953 identification to the family level, but that GenBank does not yet contain a DNA barcode  
954 of these species. Six flies had a 100% match with their p-distance and the query cover,  
955 suggesting that these six flies DNA sequences matched those already deposited in the  
956 GenBank database.

957 The Neighbour-Joining (NJ) tree comprised 81 DNA barcodes, which created clusters  
958 that grouped morphospecies based on molecular similarity (Fig. 2.5). There was a great  
959 correspondence between the identification based on morphology and clustering using  
960 DNA barcoding suggesting that the morphological identifications were accurate. Most  
961 Syrphidae, Tachinidae, Sarcophagidae, and Scatophagidae specimens fit in their  
962 respective clusters at the family level. However, there are some considerable outliers. For  
963 example, the muscid TC 40 South Africa Tarn Cave 2017-2018 is grouped near the  
964 Rhiniidae clusters suggesting a potential contamination in the lab.



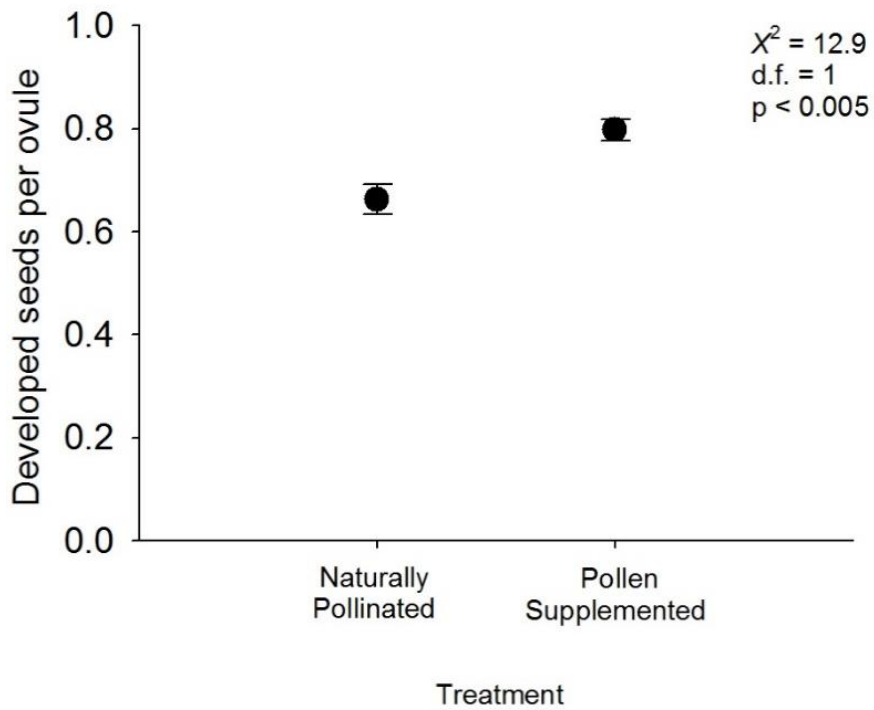
965

966 **Figure 2.5:** Neighbour-Joining tree of 81 DNA barcodes of 24 Diptera morphospecies  
 967 that were collected from *Erica caffrorum*. 1398A01 to 1398F08 are flies that were  
 968 identified at the family level. The other unique codes represent specimens identified to  
 969 the genus level.

970 **2.3.4 Pollen limitation**

971 Reproductive success of naturally pollinated flowers is significantly less than that of  
972 pollen-supplemented flowers (Fig. 2.6). Despite the significant difference in fecundity  
973 between pollen-supplemented flowers and naturally pollinated flowers, the index of  
974 pollen limitation (PL) was 0.18, indicating weak pollen limitation.

975



976

977 **Figure 2.6:** Mean  $\pm$  SE seed production per ovule for naturally pollinated flowers and for  
978 flowers supplemented with pollen in *Erica caffrorum* ( $p < 0.005$ ).

979 **2.4 Discussion**

980 In this study, I aimed to quantify and characterise the reproductive ecology of *E.*  
981 *caffrorum*. I found that this plant species relies on pollinators for reproduction and is self-  
982 incompatible and weakly pollen limited at Carter's Nek (Figs 2.2, 2.6). Of the collected  
983 flower visitors, 88.3% belonged to the insect order Diptera (Table 2.1), with each of the  
984 five sites having different species assemblages (Figs 2.2, 2.3). DNA barcoding used to  
985 verify identifications of the most abundant and taxonomically challenging order revealed  
986 that morphospecies grouped together in clusters in the Neighbour-Joining (NJ) tree (Fig.  
987 2.5). The DNA barcoding results thus corroborate the identifications based on  
988 morphological characters. The difference in fly assemblages is also evident across years  
989 (Fig. 2.6). Different fly taxa were associated with varying levels of pollinator importance  
990 (Table 2.3).

991 **2.4.1 Breeding system**

992 The main results of the breeding system experiment at the Carter's Nek site show that *E.*  
993 *caffrorum* is self-incompatible (ISI = 0.05) and relies on pollinators to set seed (IAS =  
994 0.09). In a previous breeding system study in *Erica*, which included six species, all species  
995 had an IAS value < 0.2, and five had an ISI value < 0.2 (Angoh et al., 2017), similar to *E.*  
996 *caffrorum*. In a subsequent study of a bigger sample of species, for 12 out of 13 *Erica*  
997 species studied almost no seed set resulted in the autonomously self-pollinated flowers,  
998 and had significantly lower reproductive success than cross-pollinated flowers (Arendse  
999 et al., 2021). My results on a species from a different *Erica* clade therefore conform with  
1000 our current understanding of *Erica* breeding systems.

1001 In certain high-elevation environments, like the habitat of *E. caffrorum*, plants may show  
1002 decreased dependence on pollinators and a higher selfing rate due to the lower visitation  
1003 frequency of pollinators at higher elevations (e.g., Eriksen et al., 1993). Conversely, some  
1004 plant species do not conform to this general trend of increasing self-fertilisation rates with  
1005 increased elevation (Wirth et al., 2010), as was found here for *E. caffrorum*. These plant  
1006 species' reproductive success may be unrelated to the variation of pollinators along an  
1007 elevation gradient (cf. Arroyo et al., 2006). The high pollination success of *E. caffrorum*  
1008 at high elevation despite complete pollinator dependence, may be due to its reliance on a  
1009 group of pollinators that is particularly common at high elevation.

#### 1010 **2.4.2 Flower visitors and their pollinator importance**

1011 Diptera was the most abundant order of visitors accounting for 88.3% of all visitors to *E.*  
1012 *caffrorum*. Despite their general importance, there was ample variation in the composition  
1013 of fly assemblages at the five different study sites (Figs. 2.2, 2.3), in association with  
1014 differences in pollinator importance (Table 2.3). The fly families Muscidae, Rhiniidae  
1015 and Scathophagidae were the dominant families that characterised each site. At Carter's  
1016 Nek, the Rhiniidae (genera *Isomyia* and *Stomorhina*) were the most frequent and  
1017 important pollinators, whereas, at Kamberg Reserve, Scathophagidae (genus  
1018 *Scathophaga*) was the most frequent and important pollinator. Although at Witzieshoek,  
1019 the true bug family Pyrrhocoridae was the most important pollinator, the Muscidae genus  
1020 *Neomyia* was the most frequent visitor. Interestingly, *Neomyia* was the only genus present  
1021 at each site and across sampling years (Figs. 2.2, 2.3; Table 2.2).

1022 Flies were not the only visitors to *E. caffrorum*. Bees, butterflies, moths, thrips, true bugs,  
1023 and wasps were all observed to visit plants and carried pollen grains of *E. caffrorum*. Yet,  
1024 they only accounted for 11.7% of all visitors (Table 2.2), and at some sites they were  
1025 virtually absent. Despite the relatively low abundance of non-fly visitors on *E. caffrorum*,  
1026 some groups were regarded as the most important pollinator at one site (Figs. 2.2, 2.3;  
1027 Table 2.3). This is evident for the true bug family Pyrrhocoridae at Witzieshoek, which  
1028 was a less frequent visitor but carried copious amounts of *E. caffrorum* pollen grains,  
1029 possibly leading to misleadingly high calculated pollinator importance values: True bugs  
1030 were never observed to move from flower to flower as Diptera did, and may have been  
1031 visiting for the consumption of multiple plant parts including nectar, pollen, and seeds  
1032 (Ahmad, 1987). Based on the breeding system, their general lack of movement would  
1033 mostly result in ineffective within-flower pollination, and not contribute to effective  
1034 pollination. I therefore consider Pyrrhocoridae unlikely to be important pollinators,  
1035 although further research including quantification of single visit effectiveness for seed set  
1036 is ideally required to determine the pollination effectiveness of each visitor group.

1037 Overall, the general dominance of flies as important pollinators of *E. caffrorum* could  
1038 have resulted from a bias in observation time, especially a lack of observations during the  
1039 evening when moths are particularly active. On the other hand, flies were visiting  
1040 throughout the day, regardless of weather conditions, whereas other insects, such as bees  
1041 and butterflies, were generally only active during sunny conditions when most

1042 observations were carried out. Furthermore, moths were only observed during particularly  
1043 warm and dry nights, rare in the summer evenings of eastern South Africa. I, therefore,  
1044 think that a biased observation time has not likely resulted in an overestimation of the  
1045 importance of flies as pollinators.

1046 Many of the most important fly families in this study, including Anthomyiidae,  
1047 Calliphoridae, Muscidae, Sarcophagidae, Scathophagidae, Syrphidae, and Tachinidae,  
1048 are often considered as pollinators in high-elevation regions (Kearns, 1992). These  
1049 families seem well-adapted to high-elevation environments (Lefebvre et al., 2018) and  
1050 this may correspond to their lower energy requirements and better thermoregulation  
1051 ability compared to bees (Hocking and Sharplin, 1965). The scarcity of bees at higher  
1052 elevations may be because of nesting constraints and lower flying ability at low  
1053 temperatures (Kearns, 1992).

1054 Flies from the families Calliphoridae, Muscidae and Sarcophagidae are found to be  
1055 visiting high-elevation plant species found in the Drakensberg, such as *Eucomis bicolor*  
1056 and *E. humilis* (Shuttleworth and Johnson, 2010). *Wurmbea elatior* is also pollinated by  
1057 these fly families and other fly families, such as Tachinidae and Scathophagidae (Johnson  
1058 et al., 2020). Lastly, *Schizochilus angustifolius* (Orchidaceae) is mainly visited by muscid  
1059 flies (Van der Niet et al., 2010). All these fly families found in these studies also were  
1060 regarded as important pollinators of *E. caffrorum*. Indeed, every visitor that carried pollen  
1061 grains of *E. caffrorum* also carried pollen from other plant species (which was not further  
1062 quantified in this study). Although they were not readily observed within an approximate  
1063 300-400 m range of *E. caffrorum* (V. Thupsie, personal observation), other *Erica* species  
1064 may have been in the same habitat and due to flies ability to travel long distances it cannot  
1065 be ruled out that the flies pollinating *E. caffrorum* only carry pollen from this plant species  
1066 and not of other *Erica* species.

1067 The sharing of similar fly pollinators among multiple species that occur in the high  
1068 elevation environments of the Drakensberg mountains implies the existence of a  
1069 pollination guild. All the flies found on these high-elevation plant species, including *E.*  
1070 *caffrorum*, can be categorised as short-tongued flies as their proboscis length was shorter  
1071 than 15 mm and never exceeded the length of the body of the fly (Goldblatt and Manning,

1072 2000). Thus, *E. caffrorum* and the other plant species can be described as being  
1073 specialised at the functional group level for short-tongued fly pollination.

1074 Although flies were the most important pollinator at four out of five sites, multivariate  
1075 analyses showed that visitor/pollinator assemblages varied across sites and years (Fig.  
1076 2.4). The results of the SIMPER analysis further reiterate the inconstancy of visitor taxa  
1077 found at differing sampling years across each site. These results imply that it is critical  
1078 for pollination studies to sample visitors at multiple sites across multiple years. Had this  
1079 study been done at a single site in a single year, this would have suggested a hyper-  
1080 specialised pollination system of *E. caffrorum* (see Van der Niet et al., 2011). Instead, it  
1081 appears that *E. caffrorum* is specialised at the functional group level, but not at the  
1082 pollinator species level.

### 1083 **2.4.3 Verification of visitor identification using DNA barcoding**

1084 In this study, the construction of a Neighbour-Joining (NJ) tree based on p-distances  
1085 among DNA barcodes has proven to be a useful visual and diagnostic tool for the  
1086 identification of Diptera species. Indeed, the clustering of DNA barcodes per  
1087 morphospecies and the high interspecific p-distances among species affirms that DNA  
1088 barcoding can be used to identify Diptera to species level.

1089 Eleven flies showed a best match with a p-distance of < 2%, which was considered a  
1090 putative match to GenBank entries. Thus, only a small proportion of the Diptera flower  
1091 visitors of *E. caffrorum* can be identified using DNA barcodes. Indeed, 70 Diptera flower  
1092 visitors had best matches with a p-distance > 2% suggesting that the best match and the  
1093 flower visitor of *E. caffrorum* are heterospecific. However, this does not mean that my  
1094 morphological identifications are incorrect. Rather, it shows that currently, GenBank does  
1095 not contain DNA barcodes of these Afrotropical species. It also shows that my study will  
1096 provide the first DNA barcodes to GenBank for a number of Diptera species. When based  
1097 on the NJ tree (Fig. 2.5), the identities of morphologically similar visitors to genus level  
1098 give an excellent visual representation of flies that were deemed to be morphologically  
1099 similar by grouping the same genus clusters together with the exception of a few outliers  
1100 which may prove to be of the same genus, but comprise distantly related species. The use  
1101 of DNA barcoding for this study is currently a limited tool that supports identification

1102 based on morphology. Yet, it revealed the morphospecies that require further  
1103 identification by taxonomic experts of the various Diptera families.

1104 The short-tongued fly pollination system of *E. caffrorum* adds a novel pollination system  
1105 for the plant genus *Erica* for which hitherto fly pollination was known for long-tongued  
1106 species (Lombardi et al., 2021; Newman and Johnson, 2021). Pollination by short-  
1107 tongued flies may be more widespread in *Erica* species from the Drakensberg, as other  
1108 species with similar floral traits can be found there.

#### 1109 **2.4.4 Pollen limitation**

1110 The pollen limitation experiment at Carter's Nek revealed that although *E. caffrorum* is  
1111 significantly pollen limited, it is only weakly so (small effect size: pollen limitation index  
1112 of 0.18). Naturally pollinated flowers, on average set more than 60% seed, whereas for  
1113 flowers to which pollen was manually added, fecundity increased to 80%. The weak  
1114 pollen limitation observed in *E. caffrorum* is surprising as it contrasts with general trends  
1115 found for self-incompatible species, and in combination with a relatively specialised  
1116 pollination system, both of which are typically associated with stronger pollen limitation  
1117 (Larson and Barrett, 2000). For *E. caffrorum*, flies appear to be important and effective  
1118 pollinators resulting in only weak pollen limitation in a specialised plant-pollinator  
1119 relationship.

#### 1120 **2.5 Conclusion and new questions raised by this study**

1121 The pollination systems of *E. caffrorum* is characterised by specialisation for pollination  
1122 by short-tongued flies that vary locally and temporally in assemblage composition, self-  
1123 incompatibility, and a significant but small amount of pollen limitation. This combination  
1124 of features of the reproductive ecology of *E. caffrorum* brings about new questions: if  
1125 short-tongued flies are the main pollinators, what traits does *E. caffrorum* use for  
1126 attracting these flies? Is there variation in floral traits that attract different pollinators at  
1127 particular sites, and could the variation in floral traits or variation in pollinator  
1128 assemblages possibly be the driving force for the formation of ecotypes for this plant  
1129 species? Could the short-tongued flies found in this study be more prevalent for other  
1130 pollination systems of plant species at higher elevations? These questions require further  
1131 research, in particular analyses of functional floral traits of *E. caffrorum* and an extension  
1132 of pollination studies in other species that co-occur in the same communities.

1133

1134 **2.6 Acknowledgements**

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1140 sites.

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1376 *Angelica sylvestris* (Apiaceae) locally adapted to its most effective pollinators?  
1377 *Annals of Botany* 123, 415–428.

1378 **2.8 Supplementary Material**

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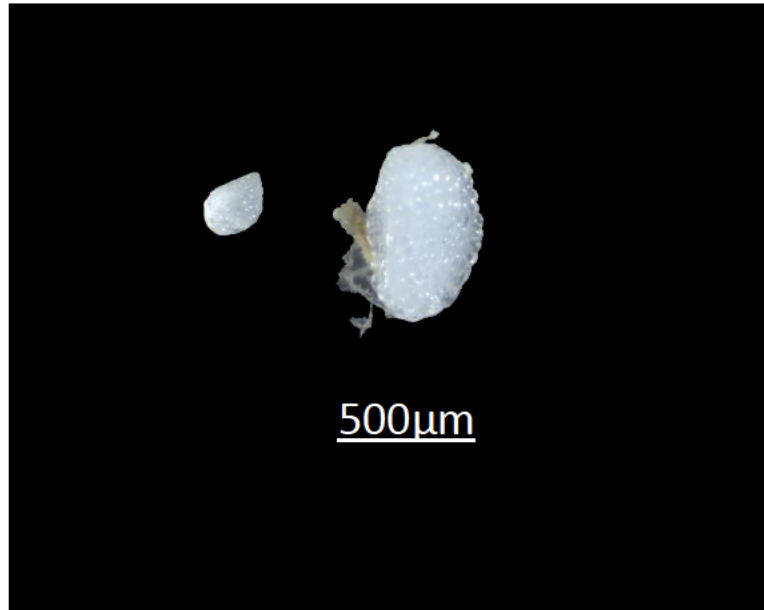
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1389 **Figure S2.1:** Size differentiation of immature ovule (left) vs a developing seed (right)  
1390 that was used to distinguish ovules from seeds.

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1393 **Figure S2.2:** *Erica caffrorum* habitat and flower visitors: Typical *E. caffrorum* habitat at  
1394 the Tarn Cave site (a), Sarcophagidae (*Sarcophaga*) (b), Muscidae (*Neomyia*) (c) and  
1395 Lepidoptera (Noctuidae) (d) pollinators [Photographs T. Van der Niet].

**Table S2.1:** SIMPER analysis of visitor taxa to *E. caffrorum* that contribute to cumulative Bray–Curtis dissimilarity (Diss.) between flowering seasons among sites. Values represent number of insects captured at each site. The Average dissimilarity measures how visitor taxa differ from one another, with 0 indicating no difference and the higher the number, indicating a greater difference. The Contribution % shows the percentage dissimilarity explained by that visitor taxon, and the Cumulative % tallies the cumulative Bray Curtis dissimilarity metric for the visitor taxon represented in the table.

Taxon	Av. dissim	Contrib. %	Cumulative %	Carter's Nek 2020-2021	Kamberg Reserve 2020-2021	Ntsikeni 2017-2018	Ntsikeni 2019-2020	Tarn Cave 2017-2018	Tarn Cave 2018-2019	Tarn Cave 2020-2021	Witzieshoek 2019-2020	Witzieshoek 2021-2022
<i>Neomyia</i>	15.47	23.67	23.67	23	25	18	1	70	13	24	34	19
<i>Scathophaga</i>	7.933	12.14	35.8	1	39	1	5	4	0	5	1	0
<i>Sarcophaga</i>	5.886	9.004	44.81	5	4	1	14	0	0	7	9	6
<i>Byomya</i>	5.479	8.381	53.19	0	5	0	0	20	0	12	2	7
<i>Stomorhina</i>	4.971	7.604	60.79	18	1	2	0	1	0	8	0	0
<i>Isomyia</i>	4.106	6.281	67.07	11	0	0	0	10	2	7	0	0
<i>Sepsidae</i>	3.203	4.9	71.97	0	0	0	0	0	0	0	26	0
<i>Thripidae</i>	2.654	4.06	76.04	0	0	0	0	0	0	2	7	8
<i>Musca</i>	2.637	4.034	80.07	0	5	0	0	0	0	0	16	0
Pyrrhocoridae	2.16	3.305	83.37	0	0	0	0	0	0	0	8	6
<i>Hilarempis</i>	2.066	3.16	86.53	0	0	0	0	12	0	4	1	0
<i>Tachininae</i>	1.994	3.05	89.58	0	0	0	1	0	0	0	14	0
<i>Apis</i>	1.452	2.222	91.81	0	0	0	0	5	0	5	2	0
Hesperiidae	1.401	2.143	93.95	0	5	0	0	3	0	3	0	0
<i>Eristalinus</i>	1.375	2.104	96.05	0	0	0	0	9	0	0	3	0
Muscoidea	0.991	1.516	97.57	0	2	0	0	0	0	4	1	0
<i>Chrysomya</i>	0.3866	0.5913	98.16	1	1	0	0	0	0	0	1	0
<i>Stomoxys</i>	0.3182	0.4868	98.65	1	1	0	0	0	0	0	0	0

<i>Ceratitis</i>	0.221	0.338	98.98	0	0	0	0	1	0	0	1	0
<i>Anthomyia</i>	0.221	0.338	99.32	0	0	0	0	1	0	0	1	0
Noctuidae	0.1968	0.301	99.62	1	0	0	0	0	0	0	0	0
Vespidae	0.1232	0.1885	99.81	0	0	0	0	0	0	0	1	0
Lauxanidae	0.1232	0.1885	100	0	0	0	0	0	0	0	1	0

**Table S2.2:** DNA barcodes blasted in GenBank database along with morphological identifications of the dipteran visitors of *E. cafferorum*

code	success/failed	GenBank blast family	GenBank blast best match	query cover	% identity/ p distance	Best match	mophology ID	Site/season
1398A01	failed	failed	(Barcoding failed)	failed	failed	failed	Rhiniidae	Tarn_Cave_2017-2018
1398A02	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398A03	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398A04	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398A05	success	Syrphidae	<i>Eristalinus quinquelineatus</i>	91%	95.09	KR831000.1	Syrphidae	Tarn_Cave_2017-2018
1398A06	success	Muscidae	<i>Helina annosa</i>	89%	89.82	MG090929.1	Muscidae	Tarn_Cave_2017-2018
1398A07	success	Tachinidae	<i>Mysceristops stolidia</i>	69%	89.77	KX844256.1	Tachinidae	Witzieshoek_2019-2020
1398A08	success	Muscidae	<i>Helina annosa</i>	98%	91.19	JF877149.1	Muscidae	Tarn_Cave_2017-2018
1398B01	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398B02	success	Syrphidae	<i>Eristalinus quinquelineatus</i>	89%	94.98	KR831000.1	Syrphidae	Tarn_Cave_2017-2018
1398B03	success	Muscidae	<i>Phaonia valida</i>	100%	91.49	MN555673.1	Muscidae	Tarn_Cave_2017-2018
1398B04	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398B05	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398B06	success	Syrphidae	<i>Eristalinus quinquelineatus</i>	91%	95.13	KR831000.1	Syrphidae	Tarn_Cave_2017-2018
1398B07	failed	failed	(Barcoding failed)	failed	failed	failed	Tephritidae	Tarn_Cave_2017-2018
1398B08	success	Muscidae	<i>Helina latitarsis</i>	100%	91.84	MT410783.1	Muscidae	Witzieshoek_2019-2020
1398C01	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae	Witzieshoek_2019-2020
1398C02	success	Sarcophagidae	<i>Sarcophaga burungae</i>	98%	100	KU746592.1	Sarcophagidae	Witzieshoek_2019-2020
1398C03	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Witzieshoek_2019-2020
1398C04	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Witzieshoek_2019-2020
1398C05	success	Anthomyiidae	<i>Delia sanctijacobi</i>	85%	89.06	MT808064.1	Muscidae	Witzieshoek_2019-2020
1398C06	success	Muscidae	<i>Phaonia valida</i>	100	91.64	MN555673.1	Muscidae	Tarn_Cave_2017-2018

1398C07	success	Syrphidae	<i>Eristalinus vicarians</i>	99%	94.77	NC_042909.1	Syrphidae	Tarn_Cave_2017-2018
1398C08	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae	Tarn_Cave_2017-2018
1398D01	success	Muscidae	<i>Haematobia irritans</i>	100%	91.63	KM669714.1	Muscidae	Tarn_Cave_2017-2018
1398D02	success	Muscidae	<i>Musca vitripennis</i>	99%	93.57	MW592366.1	Muscidae	Tarn_Cave_2017-2018
1398D03	success	Muscidae	<i>Musca vitripennis</i>	99%	97.01	MW592366.1	Muscidae	Tarn_Cave_2017-2018
1398D04	success	Muscidae	<i>Phaonia valida</i>	100%	91.64	MN555673.1	Muscidae	Tarn_Cave_2017-2018
1398D05	success	Anthomyiidae	<i>Delia florilega</i>	98%	95.59	MZ632781.1	Muscidae	Tarn_Cave_2017-2018
1398D06	success	Rhiniidae	<i>Stomorhina lunata</i>	100%	100	OW121746.1	Rhiniidae	Tarn_Cave_2017-2018
1398D07	success	Muscidae	<i>Musca vitripennis</i>	98%	95.91	MW592366.1	Muscidae	Tarn_Cave_2017-2018
1398D08	success	Muscidae	<i>Musca vitripennis</i>	99%	97.01	MW592366.1	Muscidae	Tarn_Cave_2017-2018
1398E01	success	Tachinidae	<i>Tachinidae sp. bold</i>	92%	89.68	KP043003.1	Tachinidae	Witzieshoek_2019-2020
1398E02	success	Tachinidae	<i>Tachinidae sp. bold</i>	93%	89.41	KP043003.1	Tachinidae	Witzieshoek_2019-2020
1398E03	success	Muscidae	<i>Hydrotaea sp.</i>	95%	91.82	KM903081.1	Muscidae	Kamberg_Reserve_2020-2021
1398E04	success	Muscidae	<i>Haematobia irritans</i>	100%	91.63	KM669714.1	Muscidae	Kamberg_Reserve_2020-2021
1398E05	success	Sarcophagidae	<i>Sarcophaga sushkini</i>	100%	95.07	KX094928.1	Sarcophagidae	Kamberg_Reserve_2020-2021
1398E06	success	Sarcophagidae	<i>Sarcophaga tuberosa</i>	99%	93.11	NC_047405.1	Sarcophagidae	Kamberg_Reserve_2020-2021
1398E07	success	Scathophagidae	<i>Scathophaga stercoraria</i>	93%	94.04	MT622510.1	Scathophagidae	Kamberg_Reserve_2020-2021
1398E08	failed	failed	(Barcoding failed)	failed	failed	failed	Calliphoridae	Kamberg_Reserve_2020-2021
1398F01	success	Muscidae	<i>Musca vitripennis</i>	99%	97.31	MW592366.1	Muscidae	Kamberg_Reserve_2020-2021
1398F02	success	Sarcophagidae	<i>Sarcophaga tibialis</i>	90%	91.64	MK679959.1	Sarcophagidae	Kamberg_Reserve_2020-2021
1398F03	success	Muscidae	<i>Stomoxys calcitrans</i>	100%	99.7	KU543641.1	Muscidae	Carters_Nek_2020-2021
1398F04	success	Muscidae	<i>Musca vitripennis</i>	99%	97.01	MW592366.1	Muscidae	Carters_Nek_2020-2021
1398F05	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae	Carters_Nek_2020-2021
1398F06	success	Muscidae	<i>Haematobia irritans</i>	100%	92.83	DQ029097.1	Muscidae	Carters_Nek_2020-2021
1398F07	success	Rhiniidae	<i>Stomorhina lunata</i>	100%	100	OW121764	Rhiniidae	Carters_Nek_2020-2021
1398F08	success	Rhiniidae	<i>Stomorhina lunata</i>	100%	100	OW121764	Rhiniidae	Carters_Nek_2020-2021
KRE3	success	Muscidae	<i>Stomoxys calcitrans</i>	100%	99.85	KU543641.1	Muscidae <i>stomoxys</i>	Kamberg_Reserve_2020-2021
KRE67	success	Muscidae	<i>Stomoxys calcitrans</i>	100%	99.55	KU543641.1	Muscidae <i>stomoxys</i>	Kamberg_Reserve_2020-2021
KRE10	failed	failed	(Barcoding failed)	failed	failed	failed	Muscidae <i>Byomya</i>	Kamberg_Reserve_2020-2021
KRE77	failed	failed	(Barcoding failed)	failed	failed	failed	Muscidae <i>Byomya</i>	Kamberg_Reserve_2020-2021
KRE8	failed	failed	(Barcoding failed)	failed	failed	failed	Muscidae <i>Musca</i>	Kamberg_Reserve_2020-2021
KRE64	success	Muscidae	<i>Musca vitripennis</i>	99%	96.86	MW592366.1	Muscidae <i>Musca</i>	Kamberg_Reserve_2020-2021
KRE9	failed	failed	(Barcoding failed)	failed	failed	failed	Scathophagidae	Kamberg_Reserve_2020-2021
KRE13	success	Scathophagidae	<i>Scathophaga stercoraria</i>	89%	96.18	MT622510.1	Scathophagidae	Kamberg_Reserve_2020-2021
KRE30	success	Sarcophagidae	<i>Sarcophaga sushkini</i>	100%	95.07	KX094928.1	Sarcophagidae	Kamberg_Reserve_2020-2021
KRE68	success	Sarcophagidae	<i>Sarcophaga brevicornis</i>	100%	92.68	NC_047404.1	Sarcophagidae	Kamberg_Reserve_2020-2021

KRE17	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Kamberg_Reserve_2020-2021
KRE18	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Kamberg_Reserve_2020-2021
EFW7	failed	failed	(Barcoding failed)	failed	failed	failed	Muscidae <i>Musca</i>	Carters_Nek_2020-2021
EFW60	success	Muscidae	<i>Neomyia yunnanensis</i>	100%	91.18	MF511762.1	Muscidae <i>Muscoid</i>	Carters_Nek_2020-2021
EFW6	success	Rhiniidae	<i>Isomyia electa</i>	98%	93.63	KY031768.1	Rhiniidae <i>Isomyia</i>	Carters_Nek_2020-2021
EFW19	success	Rhiniidae	<i>Isomyia electa</i>	98%	93.63	KY031768.1	Rhiniidae <i>Isomyia</i>	Carters_Nek_2020-2021
EFW20	success	Rhiniidae	<i>Stomorhina lunata</i>	100%	100	OW121746.1	Rhiniidae <i>Stomorhina</i>	Carters_Nek_2020-2021
EFW32	success	Muscidae	<i>Musca vitripennis</i>	99%	97.31	MW592366.1	Muscidae <i>Musca</i>	Carters_Nek_2020-2021
EFW34	success	Rhiniidae	<i>Stomorhina lunata</i>	100%	100	OW121746.1	Rhiniidae <i>Stomorhina</i>	Carters_Nek_2020-2021
EFW53	success	Rhiniidae	<i>Stomorhina lunata</i>	100%	100	OW121746.1	Rhiniidae <i>Stomorhina</i>	Carters_Nek_2020-2021
Viren-176	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Witzieshoek_2019-2020
Viren-178	success	Muscidae	<i>Haematobia irritans</i>	100%	91.33	KM669714.1	Muscidae <i>Neomyia</i>	Witzieshoek_2019-2020
Viren-197	success	Tachinidae	<i>Siphona nigricans</i>	98%	94.38	KX843940.1	Tachinidae	Witzieshoek_2019-2020
Viren-219	success	Tachinidae	<i>Siphona nigricans</i>	98%	94.22	KX843940.1	Tachinidae	Witzieshoek_2019-2020
Viren-199	failed	failed	(Barcoding failed)	failed	failed	failed	Tachinidae	Witzieshoek_2019-2020
Viren-215	success	Tachinidae	<i>Siphona nigricans</i>	98%	94.38	KX843940.1	Tachinidae	Witzieshoek_2019-2020
Viren-222	Success	Syrphidae	<i>Eristalis tenax</i>	85%	98.26	OL981998.1	Syrphidae	Witzieshoek_2019-2020
Viren-210	failed	failed	(Barcoding failed)	failed	failed	failed	Syrphidae	Witzieshoek_2019-2020
TC25	success	Calliphoridae	<i>Calliphora vicina</i>	100%	97.76	KX893333.1	Rhiniidae <i>Isomyia</i>	Tarn_Cave_2020-2021
TC47	success	Muscidae	<i>Phaonia subfuscinervis</i>	98%	89.5	KM929221.1	Muscidae <i>Muscoid</i>	Tarn_Cave_2020-2021
TC32	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Tarn_Cave_2020-2021
TC38	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Tarn_Cave_2020-2021
TC40	success	Muscidae	<i>Limnophora sp</i>	98%	93.47	KX230675.1	Muscidae <i>Muscoid</i>	Tarn_Cave_2020-2021
TC44	success	Muscidae	<i>Musca vitripennis</i>	99%	97.16	MW592366.1	Muscidae <i>Muscoid</i>	Tarn_Cave_2020-2021
TC64	Success	Sarcophagidae	<i>Sarcophaga tuberosa</i>	99%	93.11	NC_047405.1	Sarcophagidae	Tarn_Cave_2020-2021
TC71	Success	Sarcophagidae	<i>Sarcophaga tuberosa</i>	99%	93.11	NC_047405.1	Sarcophagidae	Tarn_Cave_2020-2021
TC21	success	Scathophagidae	<i>Scathophaga stercoraria</i>	100%	95.67	MT622510.1	Scathophagidae	Tarn_Cave_2020-2021
TC34	success	Scathophagidae	<i>Scathophaga stercoraria</i>	100%	95.67	MT622510.1	Scathophagidae	Tarn_Cave_2020-2021
N1	failed	failed	(Barcoding failed)	failed	failed	failed	Scathophagidae	Ntsikeni_2017-2018
N2	success	Scathophagidae	<i>Scathophaga stercoraria</i>	100%	95.67	MT622510.1	Scathophagidae	Ntsikeni_2017-2018
ET1	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Tarn_Cave_2018-2019
ET2	success	Muscidae	<i>Haematobia irritans</i>	100%	91.48	KM669714.1	Muscidae <i>Neomyia</i>	Tarn_Cave_2018-2019
ET14	success	Tachinidae	<i>Agaedioxenis succulentus</i>	100%	96.71	KP189255.1	Tachinidae	Witzieshoek_2019-2020
ET15	success	Tachinidae	<i>Agaedioxenis succulentus</i>	100%	96.71	KP189255.1	Tachinidae	Witzieshoek_2019-2020

1399 **Chapter 3: Quantification and functional significance of floral traits of**  
1400 ***Erica caffrorum* (Ericaceae) in relation to pollinator attraction**

1401

1402 **Abstract:**

1403 In plant species dependent on pollinators for reproduction, floral traits are thought to  
1404 reflect adaptations to optimise pollination, including colour and scent for pollinator  
1405 attraction and flower dimensions that optimise the contact of reproductive parts with  
1406 pollinators. However, for species pollinated by short-tongued flies, relatively few studies  
1407 have quantified these traits and tested their function across multiple sites. Here, I focus  
1408 on *Erica caffrorum*, for which pollinator observations have confirmed that it is  
1409 predominantly pollinated by short-tongued flies (Insecta, Diptera) across five study sites.,  
1410 To quantify floral dimensions, colour, and scent and then use bioassays to test the  
1411 functional significance of flower colour and scent components for attraction of flower  
1412 visitors. Floral dimensions varied significantly among sites, including flower opening  
1413 width and functional depth. The white to cream-coloured flowers show a steep increase  
1414 in reflectance from 400 nm to approximately 450 nm, followed by constant reflectance to  
1415 700 nm. When plotted in the fly vision model, the spectral loci of the sepals, petals and  
1416 leaves fell in the same quadrant, suggesting an absence of colour contrast between flowers  
1417 and their immediate background. The floral scent, unpleasant to the human nose,  
1418 comprised between 40 and 90 compounds per plant individual sampled and varied among  
1419 sites. The dominant compounds comprised aromatics (benzaldehyde, phenylethyl  
1420 alcohol), monoterpenes (linalool) and sesquiterpenes (caryophyllene), as well as various  
1421 acids (including 2-methylbutanoic acid). In an experiment in which insects were offered  
1422 choices among combinations of colour and scent, flies preferred white over green in the  
1423 presence of scent at two out of three sites. Overall, other insects (including bees,  
1424 butterflies, moths, grasshoppers and thrips) showed no preference for a particular colour  
1425 or scent. In choice test experiments among different scent compound combinations at  
1426 three sites, flies preferred a mixture of a 2-methylbutanoic acid and benzaldehyde over  
1427 the acid or benzaldehyde alone or a hexane control. For other insects, including  
1428 pollinators of *E. caffrorum*, no consistent preferences for particular scent compounds  
1429 were detected. I conclude that both flower colour and the scent of *E. caffrorum* have  
1430 functional significance for attracting pollinators. Further research is required to test

1431 whether site-specific variation in scent blends reflects function in attraction of different  
1432 fly families across the species' range.

1433 **Key Words: bioassay experiments, flower colour, flower morphometrics, flower**  
1434 **scent, spectral reflectance.**

1435

### 1436 **3.1 Introduction**

1437 Flowering plant species that depend on pollinators for reproduction have developed  
1438 numerous ways to attract diverse pollinators. Flowers are the primary organs involved in  
1439 pollinator attraction and are characterised by great variation in shapes, sizes, orientation,  
1440 colours, scents and rewards (Schiestl and Johnson, 2013). The tremendous variety of  
1441 these floral traits is thought to have evolved as diverse adaptations to the many animal  
1442 species that contribute to pollination (Phillips et al., 2020), because these pollinator  
1443 species are characterised by variation in sensory modalities and morphologies (Schiestl  
1444 and Johnson, 2013).

1445 Floral scent is a key trait for pollinator attraction and typically comprises a blend of low  
1446 molecular weight compounds (Knudsen and Tollsten, 1993). Indications for its function  
1447 in pollination come from two lines of evidence. Firstly, bioassays have demonstrated a  
1448 key role for scent in attracting pollinators (Stensmyr et al., 2002; Urru et al., 2011).  
1449 Secondly, comparative studies show widespread similarities in scent compounds among  
1450 plant species that share major pollinator groups (Knudsen and Tollsten, 1993). For  
1451 instance, bird-pollinated flowers produce no scent, moth-pollinated flowers emit aromatic  
1452 compounds (Knudsen and Tollsten, 1993), and distantly related carrion-mimics  
1453 pollinated by flies produce sulphur or nitrogen-containing compounds (Jürgens et al.,  
1454 2013). The scent compounds emitted by fly-pollinated flowers is particularly variable,  
1455 especially in the context of scent-mimicry. It has been suggested that mimicry of a range  
1456 of specific models, including carrion, dung, and urine, underlies this highly diverse scent  
1457 chemistry (Jürgens et al., 2006).

1458 Although one of the main functions of floral scent in angiosperms is to attract pollinators,  
1459 supplementary functions include defence against herbivores and protection against  
1460 abiotic stress (Pichersky and Gershenzon, 2002). These additional functions may help

1461 explain the substantial number and variety of scent compounds often detected in floral  
1462 scent bouquets (Schiestl, 2010). Therefore, quantification for identification and  
1463 experimental tests to verify function is required to understand the role of scent in  
1464 pollinator attraction.

1465 In addition to scent, flower colour is also considered key for pollinator attraction (Schiestl  
1466 and Johnson, 2013) and is highly variable among angiosperms (Narbona et al., 2021).  
1467 Like scent, distinct patterns of colour similarity are associated with different functional  
1468 pollinator groups (Reverté et al., 2016). For instance, many bird-pollinated flowers are  
1469 red or orange (Shrestha et al., 2013), whereas moth-pollinated flowers are typically pale  
1470 to white (Oliveira et al., 2004). In many short-tongued fly-pollinated plant species,  
1471 especially oviposition site mimics, the colour of the flowers is typically brown to purple  
1472 (Jürgens et al., 2015), whereas hoverfly pollinated plant species are usually yellow and  
1473 white (Lunau, 2014), and long-proboscid fly pollinated flowers are pale blue to pale pink  
1474 with UV guides (Goldblatt and Manning, 2000).

1475 Colour variation in flowers is thought to be associated with variation in visual systems  
1476 among pollinating animal species based on the number of receptor types and their  
1477 sensitivity to specific wavelengths (Reverté et al., 2016). For instance, the visual system  
1478 of the honeybee, often used as a model for bees in general, is sensitive to wavelengths  
1479 between 300 and 700 nm and is based on a trichromatic system. Many other insects also  
1480 have trichromatic vision systems, but there are taxa with dichromatic (flies) and  
1481 tetrachromatic (e.g., some butterflies) systems (Briscoe and Chittka, 2001; Van der Kooi  
1482 et al., 2021).

1483 Although flower colour is an important cue to attract pollinators, the pigments that  
1484 produce colour, such as anthocyanins, carotenoids, and flavonoids (Tanaka et al., 2008),  
1485 may also protect the plant from UV radiation (e.g., Mori et al., 2005) or herbivory (e.g.,  
1486 Kemp and Ellis, 2019) or help regulate plant metabolism or development (Trunschke et  
1487 al., 2021). Therefore, it is important to analyse flower colour and evaluate its function in  
1488 relation to pollination.

1489 Morphological flower traits are important in the pollination process, as it mediates contact  
1490 between the pollinator body and plant reproductive organs. The length of the nectar-

1491 gland, which frequently varies across flowering plant species pollinated by different  
1492 functional pollinator groups, is among the most important of these (Whittall and Hodges,  
1493 2007). Nectar tube length varies with pollinator mouth-part length (e.g., Whittall and  
1494 Hodges, 2007; Anderson and Johnson, 2009). In some cases, floral morphology is not  
1495 considered an adaptation to match the shape of its pollinator but rather functions as a filter  
1496 to exclude non-pollinating visitors (Castellanos et al., 2004).

1497 Techniques for the objective characterisation of floral traits, including morphometrics for  
1498 quantification of floral shape, spectrophotometry for quantifying flower colour and gas  
1499 chromatography coupled with mass spectrometry (GC-MS) for quantifying floral scent  
1500 enable patterns of association between traits and pollination systems to be identified. Such  
1501 associations suggest the putative functional significance of traits in pollination; however,  
1502 testing requires controlled manipulative experiments. For instance, the function of floral  
1503 scent can be tested by experimentally manipulating the scent of plants in their  
1504 environment, whereas for flower colour, field-based behavioural experiments can be  
1505 conducted using artificial flowers (e.g., Shuttleworth and Johnson, 2010; Jersáková et al.,  
1506 2012). Manipulative experiments are often performed at a single site. Although insightful,  
1507 the limitation of this approach is that it does not consider the possibility of context-  
1508 dependent outcomes (Jersáková et al., 2012; Whitehead et al., 2018). To generalise  
1509 whether a particular trait serves a particular function in pollination requires testing at  
1510 multiple sites (Sletvold, 2019).

1511 The species-rich plant genus *Erica*, which comprises a diverse floral radiation (Rebelo et  
1512 al., 1985; Pirie et al., 2016), has been extensively studied for associations between floral  
1513 traits and functional pollinator groups. In a study of five *Erica* species that are all  
1514 predominantly pollinated by honeybees, all species had floral tube lengths that matched  
1515 honeybee mouth-parts despite considerable variation in scent and colour among species  
1516 (Bouman et al., 2017). The hawkmoth-pollinated *Erica cylindrica* exhibits traits typical  
1517 of a hawkmoth pollination syndrome, such as narrow and upright-oriented tubular flowers  
1518 and emission of benzenoid scent compounds (Van der Niet and Cozien, 2022).  
1519 Experiments have also established that foraging preferences of sunbirds in relation to  
1520 flower colour in *Erica* indicate that they prefer colours that are typically associated with  
1521 the ornithophilous syndrome (Heystek et al., 2014), such as reddish-pink (Rebelo and

1522 Siegfried, 1985). Intraspecific variation in floral traits of *Erica plukenetii* has been shown  
1523 to reflect the evolution of three different pollination ecotypes, each with characteristic  
1524 traits: two long-tubed and weakly scented bird-pollinated ecotypes and a short-tubed, but  
1525 strongly scented moth-pollinated ecotype (Van der Niet et al., 2014). *Erica aristata* has  
1526 flowers that have long, narrow corolla tubes with narrow openings and contrasting white  
1527 and pink petals, traits typically associated with pollination by long-proboscid flies and is  
1528 exclusively pollinated by a tangle-veined fly species (Diptera, Nemestrinidae) (Lombardi  
1529 et al., 2021). Similarly, different varieties of *Erica junonia* with different flower tube  
1530 lengths are visited by different long-proboscid flies (Nemestrinidae, *Moegistorhynchus*)  
1531 with different proboscis lengths (Newman and Johnson, 2021). Finally, *Erica hanekomii*  
1532 has flowers that occur close to the ground and that are dull-coloured with large volumes  
1533 of sucrose nectar and appears to be adapted to rodent pollinators (Turner et al., 2011).  
1534 Together, these studies show convincingly that *Erica* species with different pollination  
1535 systems are characterised by distinctive floral traits, including scent, colour, and  
1536 morphology.

1537 All studies to date that quantify colour, scent and other floral traits relevant for pollination  
1538 in *Erica* focus on species that occur in the Cape Floristic Region (CFR) (Bouman et al.,  
1539 2017; Heystek et al., 2014; Newman and Johnson, 2021; Ojeda et al., 2019; Turner et al.,  
1540 2011; Van der Niet et al., 2014; Van der Niet and Cozien, 2022). However, a substantial  
1541 proportion of *Erica* diversity occurs outside the CFR, including a secondary centre of  
1542 diversity in the Drakensberg (Pirie et al., 2016), where many of the available pollinator  
1543 species in the CFR may not occur (e.g., Johnson, 2010). Thus, studies from outside the  
1544 region are required. Furthermore, relatively few available studies have implemented  
1545 experimental work to verify the adaptive significance of the trait-pollinator associations,  
1546 suggesting pollinators' role in driving diversification in *Erica* (but see Heystek et al.,  
1547 2014, McCarren et al., 2001). More experiments, therefore, need to be conducted to  
1548 understand the function of floral traits for pollination in *Erica* (Van der Niet, 2021).

1549 *Erica caffrorum*, found in high-elevation habitats of the summer rainfall region of  
1550 southern Africa, is dependent on pollinators for reproduction (Chapter 2). Pollinator  
1551 observations at five sites showed that, overall, 88.3% of flower visitors were true flies  
1552 (Insecta, Diptera) (Chapter 2), although an assessment of pollinator importance (PI)  
1553 incorporating visitation frequency and pollen loads of all visitors showed that the relative

1554 importance of particular dipteran taxa differed among sites and years (Chapter 2). *Erica*  
1555 *caffrorum* can thus be considered specialised at the functional group level for short-  
1556 tongued fly pollination, representing a novel pollination system in *Erica*. Based on  
1557 general associations between specific floral traits, including morphology, scent, and  
1558 colour, and particular pollinator groups in *Erica*, it seems likely that in *E. caffrorum*,  
1559 colour and scent also play a role in the attraction of short-tongued flies. Quantification  
1560 and experiments are needed to characterise traits and test their function. Furthermore,  
1561 given the site-specific dominance of particular fly groups, local adaptation may be  
1562 associated with population-level trait variation. Therefore, it is important that floral traits  
1563 are quantified and experimentally tested at multiple sites.

1564 The aim of the study presented in this chapter is to objectively quantify floral traits that  
1565 are likely relevant for pollination. The specific objectives were to 1) measure floral  
1566 morphology, 2) quantify flower colour using spectrophotometry, 3) quantify floral scent  
1567 using GC-MS, and 4) use bioassays to test the function of flower colour and scent for  
1568 pollinator attraction in *E. caffrorum*. A first bioassay focused on determining the potential  
1569 function of flower colour and the scent of *E. caffrorum* for pollinator attraction, and a  
1570 second bioassay was used to assess whether dominant scent compounds found in the scent  
1571 of flowers of *E. caffrorum* function to attract flower visitors. These experiments were  
1572 conducted at multiple sites to establish whether floral traits, especially key scent  
1573 compounds, function to attract the observed locally varying assemblages of pollinating  
1574 short-tongued flies.

1575 **3.2 Methods**

1576 *Erica caffrorum* (Ericaceae) occurs in high-elevation regions of the Drakensberg  
1577 mountains in the Eastern Cape and KwaZulu-Natal provinces of South Africa. *Erica*  
1578 *caffrorum* is a dense creeping to erect shrub 0.2–3 m in height found on grassy mountain  
1579 slopes, cliffs, or forest edges between 1,500–2,500 m in elevation. The main stem is  
1580 densely branched, and the leaves are crowded in whorls of four along the entire branchlet,  
1581 tightly clasping the stem. The small, dull white to pale pink flowers are enclosed for up  
1582 to two-thirds of their length by large calyx lobes and droop in clusters of four near the  
1583 end of the branchlets (Guthrie and Bolus, 1905). Populations at five study sites were  
1584 included in this investigation; at Carter’s Nek, Kamberg Reserve, Ntsikeni, Witzieshoek  
1585 and Tarn Cave (for details and GPS coordinates, see Chapter 2, Table 2.1).

1586 **3.2.1 Flower morphometrics**

1587 To quantify floral morphology and to determine whether there are differences in floral  
1588 morphology among plants from different sites, floral morphology was measured from  
1589 three flowers of 20 plants from Tarn Cave, three flowers of ten plants from Witzieshoek  
1590 and five flowers of five plants from Carter’s Nek. All measurements were taken to the  
1591 nearest 0.1 mm using a pair of digital callipers. Floral tube length was measured as the  
1592 distance from the sepal base to the sepal tip. The flower opening width was measured as  
1593 the gap between the sepal tips. Stamen length was measured from the base of the flower  
1594 to the tip of the anther ring. Style length was measured from the base of the ovary to the  
1595 stigma.

1596 **3.2.2 Flower colour measurement**

1597 To quantify the colour of *E. caffrorum* flowers, the spectral reflectance of a total of 15  
1598 flowers (sepals) and 15 leaves of *E. caffrorum* at Carter’s Nek, as well as 16 flowers at  
1599 Witzieshoek and six flowers at Tarn Cave, all sampled from different individual plants,  
1600 were recorded using the method described in Whitehead et al. (2018). The spectral  
1601 reflectance of collected flowers and leaves from different individual plants and bioassay  
1602 experiment discs (see below) was measured over the UV-visible range (300–700 nm)  
1603 using an Ocean Optics USB2000 spectrometer with an Ocean Optics DT-mini light  
1604 source (200–1,100 nm; Dunedin, FL, USA) and fibre optic reflection probe (UV/VIS 400  
1605  $\mu\text{m}$ ) taken at 45 ° angles.

1606 To determine if the sepals and petals are perceived as indistinguishable from each other  
1607 and from materials used for bioassay experiments, the loci representing the measurements  
1608 were analysed using the Troje (1993) fly vision model, based on the chromatic receptors  
1609 of Calliphoridae flies, since most visitors were flies. This model uses the photoreceptor  
1610 types of flies to plot spectra as loci in four quadrants of a two-dimensional co-ordinate  
1611 plane. Loci within the same quadrant represent colours that are thought to be  
1612 indistinguishable. However, it is to be noted that this fly vision model may not apply to  
1613 all visitors of *E. caffrorum*.

### 1614 **3.2.3 Flower scent**

1615 To quantify the scent bouquet of *E. caffrorum* flowers, headspace was sampled following  
1616 a protocol modified from Van der Niet et al. (2014) at all five study sites during peak  
1617 flowering. Scent was sampled from a single branch of *E. caffrorum* with circa 100–1,000  
1618 flowers from four plants at Carter’s Nek and four plants Kamberg Reserve, three plants  
1619 at Tarn Cave and three at Witzieshoek, and two plants at Ntsikeni. At each site, a sample  
1620 of the surrounding air was taken simultaneously to control for any compounds present in  
1621 the ambient air.

1622 Scent traps comprised 1.5 mg of Tenax® and 1.5 mg of Carbotrap™ activated charcoal.  
1623 Inflorescences were each enclosed in a poly acetate oven bag that was closed with plastic  
1624 cable ties at both ends and in which a small incision was made to allow for airflow (Kalle  
1625 Bratschlauch, Wiesbaden, Germany). Sampling was done at a flow rate of 50 mL per  
1626 minute for 30 minutes with a portable blue vacuum suction pump (Spectrex PAS500;  
1627 Spectrex Corp., Redwood City, CA, USA). Sampling started in the late morning,  
1628 representing the peak activity time of many of the insects pollinating *E. caffrorum*. Traps  
1629 were stored individually in 1.8 ml clear glass vials, which were kept at -20 °C until  
1630 analysis.

#### 1631 **3.2.3.1 Gas chromatography-mass spectrometry analysis of floral scent**

1632 Scent samples were analysed using a Varian CP-3800 SCION model gas chromatograph  
1633 (Varian, Palo Alto, California) equipped with a polar Alltech EC-WAX column with a 30  
1634 m × 0.25 mm inner diameter (film width of 0.25 µm. This column was attached to a  
1635 Varian 1200 quadrupole mass spectrometer in electron-impact ionisation mode.

1636 The scent traps were inserted into a Varian 1079 injector equipped with a  
1637 ‘Chromatoprobe’ thermal desorption device (Amirav and Dagan, 1997; Dötterl et al.,  
1638 2005). The sample vapour was mixed with inert gas (helium) and moved through the  
1639 column at a flow rate of 1 ml per minute, following the procedure by Van der Niet et al.  
1640 (2014). The injector temperature started at 40 °C for two minutes with a split ratio of 20:1.  
1641 After this, the temperature of the injector was ramped up to 200 °C at 200 °C per minute  
1642 in the split-less mode for thermal desorption and held for ten minutes. Simultaneously the  
1643 GC oven was maintained at 40 °C for a three-minute period. After this, the GC oven was  
1644 ramped up to 240 °C before it was cooled down to 10 °C per minute for 12 minutes.

1645 Each compound in plant samples was recorded and quantified by integrating the area  
1646 under the peak of the chromatograms. Compounds were identified using Scion  
1647 Workstation software (Version 8.2.1) with the NIST 05 mass spectral library. Scent  
1648 compounds present in the controls of the ambient air were considered contaminants and  
1649 omitted from further analysis if they were present in the same quantity as in the plant  
1650 samples. Compound identification was based on comparing the mass spectra and the  
1651 Kovats retention index of compounds present in the NIST library. The Kovats retention  
1652 index of peaks in the chromatograms was obtained by comparison of retention times with  
1653 those of a series of alkanes (Van den Dool and Kratz, 1963; Zenkevich, 2010) that were  
1654 run separately on the GC-MS device under identical conditions to the samples. The  
1655 compounds that did not match any mass spectra of compounds in the NIST library with  
1656 appropriate Kovats retention indices were considered unknown, with the six most  
1657 prominent mass fragments provided.

### 1658 **3.2.4 Bioassay choice tests: colour/scent experiment**

1659 To determine the potential function of flower colour and scent of *E. caffrorum* for  
1660 pollinator attraction, a bioassay experiment (hereafter, “colour/scent experiment”); was  
1661 used to test the role that the white flower colour has against the green leaf background in  
1662 the presence or absence of a scent blend comprising two dominant *E. caffrorum*  
1663 compounds.

1664 The colour/scent experiment was carried out at Witziesshoek on 24 November 2019 over  
1665 two days and at Carter’s Nek and Kamberg Reserve on 18 January 2022 and 2 April 2022,  
1666 respectively. The experiment was set up during the peak flowering of *E. caffrorum*, except

1667 for Kamberg Reserve, where the flowers were approximately two months past their peak  
1668 flowering phase. However, the most frequent flower visitors (Chapter 2) were still present  
1669 and active at this site (V. Thupsie, personal observation). In the colour/scent experiment,  
1670 each replicate included eight treatments arranged in four binary choices. Within each pair,  
1671 treatments differed in a single factor, either in colour or in the presence of scent and were  
1672 placed one meter apart. Each binary pair was then placed two meters apart from another  
1673 binary pair and then each replicate was placed at least five meters apart from another  
1674 replicate. This design assessed both preferences for individual colour or scent cues and  
1675 compared the strength of the preference associated with each cue in isolation (scent alone,  
1676 colour alone) or combination (alone versus both combined). Specifically, the paired  
1677 treatments were as follows: the functional significance of white flower colour was tested  
1678 in the presence and absence of scent by comparing the proportion of visitors to paired  
1679 white and green discs for which in each case one disc contained the scent, and one did  
1680 not. The functional significance of floral scent was assessed by comparing the proportion  
1681 of visitors attracted to scented treatments in which both treatments in a pair were either  
1682 white or green.

1683 The scent standard used in this experiment comprised a mixture of 2-methylbutanoic acid  
1684 and benzaldehyde, which were the two dominant compounds of two different classes  
1685 (aromatics and acids) (Table S3.1; S3.2). At the Witzieshoek site, a ratio of 1  $\mu$ l:9  $\mu$ l of  
1686 2-methylbutanoic acid to benzaldehyde was used, whereas, at the Carter's Nek and  
1687 Kamberg Reserve sites, a ratio of 3  $\mu$ l:7  $\mu$ l 2-methylbutanoic acid to benzaldehyde was  
1688 used. The difference in ratios used in the experiments was due to variation in ratios that  
1689 was detected in initial scent samples (that were not further used). Over the course of the  
1690 experiments, it was decided that a consistent 3:7 ratio was, however, preferable for  
1691 comparison of results across multiple experiments and ratios were not further modified.  
1692 As a consequence, it cannot be excluded that differences in results may stem from  
1693 different compound ratios. Hexane was added to make up a total of 1 ml. All treatments  
1694 in which the role of colour was tested comprised a vial with 1 ml of hexane to control for  
1695 a potential effect of this solvent on insect attraction. All scent standards were pipetted  
1696 into 1.8 ml vials and stored in separate boxes to avoid cross-contamination until further  
1697 use.

1698 To provide a visual target for insects and facilitate the trapping of insects attracted to each  
1699 treatment, vials containing scent standard mixtures were positioned in the middle of  
1700 plastic discs with a diameter of 75 mm, of which the upper surface was covered with a  
1701 layer of Tanglefoot® (The Tanglefoot Company, Grand Rapids, Michigan) (Fig. 3.1). A  
1702 4 mm wide hole was cut in the centre of the disc to place the scent compound vials. Discs  
1703 were cut from clear plastic sheeting and spray-painted with two layers of “matt white”  
1704 (Sprayon Products (PTY) LTD) for the white discs and two layers of “matt green”  
1705 (Sprayon Products (PTY) LTD) (Fig. 3.1), to match the reflectance of the white flowers  
1706 and sepal region of flowers of *E. caffrorum* and the green leaves (green was used to  
1707 replicate the background vegetation) respectively, before they were covered with  
1708 Tanglefoot®.

1709 The scent standards in 1.8 ml vials were inserted in OASIS® Floral Foam at Witzieshoek  
1710 and inside 5 ml vials at Carter’s Nek and Kamberg Reserve (this subtle difference in the  
1711 placement of the 1.8 ml vials was cosmetic and likely had negligible influence in  
1712 providing a visual target for visitors). The combination of discs and scent vials were  
1713 attached to a 30 cm long wooden skewer. The skewer was positioned in the soil to hold  
1714 scent vials 20 cm above the ground, within the height range of small plants of *E.*  
1715 *caffrorum* (Fig. 3.1).

1716 After each bioassay experiment was completed, discs were placed individually in  
1717 Ziplock™ bags for transport back to the laboratory. All insects on each disc were  
1718 identified as Diptera versus “other pollinators.” Damage to specimens due to contact with  
1719 Tanglefoot® prevented species-level identification in many cases and precluded  
1720 verification using DNA barcoding. However, the visiting Diptera trapped on the discs had  
1721 similar morphological characteristics to the fly families caught on *E. caffrorum*, and, as  
1722 such, there was likely substantial overlap in the visitors on the trapped discs and those  
1723 visiting *E. caffrorum*.

### 1724 **3.2.5 Scent choice experiment**

1725 To assess whether dominant scent compounds found in the scent of flowers of *E.*  
1726 *caffrorum* function to attract flower visitors, a four-way choice experiment (hereafter  
1727 “scent choice experiment”) was performed, among three scent blends; benzaldehyde  
1728 only; 2-methylbutanoic acid (hereafter referred to as “acid”) only; a mixture of

1729 benzaldehyde and acid and a hexane control. These compounds were chosen because they  
1730 are known to be involved in the attraction of broad groups of pollinators [benzaldehyde  
1731 for bees (e.g., Theis, 2006) and acids for flies (e.g., Shrestha and Lee, 2021)]. White discs  
1732 were used for all scent choice treatments. For the scent composition in the benzaldehyde-  
1733 only treatment, seven  $\mu\text{l}$  of benzaldehyde was used. For the acid-only choice, three  $\mu\text{l}$  of  
1734 2-methylbutanoic acid was used. The benzaldehyde and acid mixture choice comprised  
1735 three  $\mu\text{l}$  of 2-methylbutanoic acid and seven  $\mu\text{l}$  of benzaldehyde. Hexane was added to all  
1736 these solutions to make up 1 ml for each choice solution. As a control to account for the  
1737 possible effect of hexane on insect attraction, a fourth treatment containing only 1 ml  
1738 hexane was also included in the experiment.

1739 The scent choice experiment was conducted at three populations of *E. caffrorum*: Carter's  
1740 Nek, Kamberg Reserve and Witzieshoek. At each population, replicates of four  
1741 treatments were set up among *E. caffrorum* plants, with one meter between each treatment  
1742 and at least five meters between replicates. At Witzieshoek, 12 replicates were exposed  
1743 from 09:00 until 15:00 on 16 and 17 November 2019, coinciding with peak flowering for  
1744 *E. caffrorum* and run over two days. At the start of the second day, the inner glass vials  
1745 containing scent solutions were replaced. At Carter's Nek and Kamberg Reserve, eight  
1746 replicates were set up at each site on 18 January 2022 and 2 April 2022, respectively. The  
1747 collection and processing of the discs mirrored that of the colour/scent experiment.

### 1748 **3.3 Data analysis**

#### 1749 **3.3.1 Flower morphometrics**

1750 To test whether floral dimensions differed across sites, Generalised Estimating Equations  
1751 (GEE) with a gamma distribution and log link function were used. To account for non-  
1752 independence among measurements from the same plant individual, models included  
1753 plant identity as a subject variable, and multiple flowers measured on the same plant as  
1754 within-subject effects with an "exchangeable" correlation matrix. Analyses were  
1755 performed using SPSS Version 27 (IBM Corp). To adjust significance for multiple  
1756 comparisons, the Dunn-Šidák method was used (Šidák, 1967). All means for this analysis,  
1757 and those described below, were back-transformed to the original scale for visualisation,  
1758 resulting in asymmetrical error bars. Marginal means and standard errors were plotted  
1759 together using SigmaPlot version 8.0 (Systat Software, Inc., 2005).

1760 **3.3.2 Flower colour**

1761 Reflectance spectra of *E. caffrorum* and background leaves were analysed with the PAVO  
1762 package (Maia et al., 2019) using R version 4.2.1 (R Core Team, 2022). Spectra were  
1763 trimmed to the 300 and 700 nm range, the UVA and visible spectral range, and averaged  
1764 at 1 nm intervals (resulting in 401 reflectance values). The loci of the spectra were plotted  
1765 in the Troje (1993) fly vision model.

1766 **3.3.3 Floral scent**

1767 Prior to the analysis of scent compounds, the mean relative proportion of each scent  
1768 compound was square-root transformed to down-weight the impact of the dominant  
1769 compounds. A dissimilarity matrix for the square-root transformed scent data was then  
1770 calculated using the Bray-Curtis method in PAST Version 4.03 (Hammer et al., 2001)  
1771 because the data matrix contained many zero values (Bray and Curtis, 1957).

1772 To test whether scent composition varies across sites a one-way ANOSIM (Analysis of  
1773 similarity) test was done. ANOSIM provides an R-value, the ratio of the between-site  
1774 variation to the within-site variation. The R-value varies between “zero” and “one”, where  
1775 a value close to “one” indicates a high separation between levels of the factor (in this  
1776 case, sites), whereas R-values close to “zero” indicate no separation between levels. The  
1777 significance of dissimilarity is then evaluated by comparing the R-value to those  
1778 generated using 9999 permutations (Chapman and Underwood, 1998). Furthermore,  
1779 because of the small number of samples for Ntsikeni, this site was excluded from the  
1780 pairwise comparison in the ANOSIM.

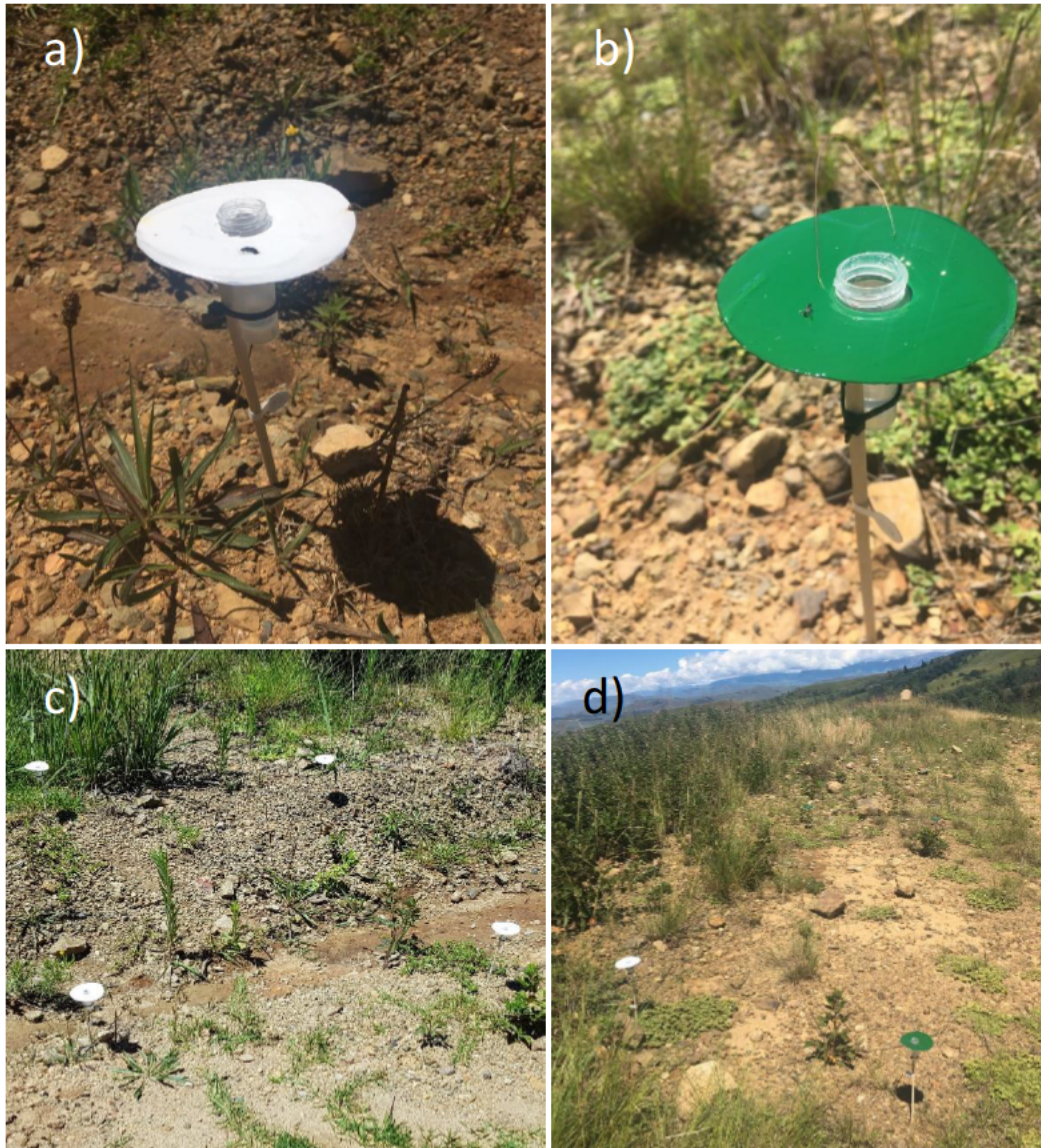
1781 A similarity percentage (SIMPER) analysis was implemented to determine which  
1782 compounds contribute most to dissimilarity among sites (i.e., which specific compounds  
1783 are characteristic of a particular site). This analysis ranks scent compounds based on their  
1784 importance in explaining dissimilarity (Clarke, 1993).

1785 The variation of scent compounds across sites was then visualised in two dimensions  
1786 using non-metric multidimensional scaling (NMDS) implemented in PAST Version 4.03  
1787 (Hammer et al., 2001), using the Bray-Curtis similarity of square-transformed proportions  
1788 of compounds.

1789 **3.3.4 Bioassay experiments**

1790 The colour/scent choice experiment was analysed as a choice test, using a binary logistic  
1791 distribution to model the number of insects attracted to each treatment within a pair out  
1792 of the number attracted to both treatments in that pair, with an “events out of trials”  
1793 structure. To account for correlated responses within replicates, analyses implemented  
1794 GEEs with “replicate” included as a subject and treatment as a within-subject effect and  
1795 an exchangeable correlation matrix. The data from the Witzieshoek site were analysed  
1796 separately from Carter’s Nek and Kamberg Reserve sites because the use of different  
1797 scent standard mixtures precluded simultaneous analysis. Furthermore, at Witzieshoek,  
1798 there were too few “other visitors” to compare their abundance, so analyses were only  
1799 carried out for Diptera. A preference was considered significant if the confidence interval  
1800 of the proportion of trapped insects for a particular treatment in the binary choice did not  
1801 overlap 0.5 choice (representing random choice). The strength of preference was  
1802 compared between treatments using pairwise comparisons of the proportion of insects  
1803 attracted to each treatment.

1804 For the scent choice experiment, the number of trapped insect visitors attracted to each of  
1805 the four treatments was compared using GEE with a negative binomial distribution and  
1806 log link function. To account for the non-independence of data within replicates,  
1807 “replicate” was included as the subject variable and treatment as a within-subject effect,  
1808 with an exchangeable correlation matrix (similar to the colour/scent experiment). For both  
1809 bioassays, the Dunn-Šidák method was used to adjust the significance for multiple  
1810 comparisons (Šidák, 1967).



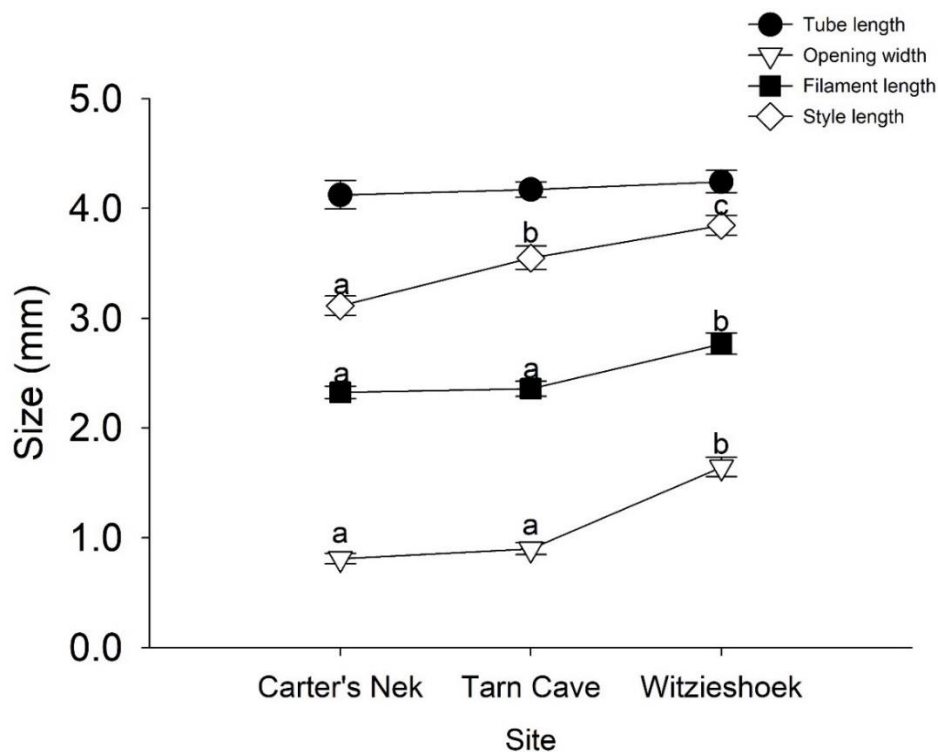
1812

1813 **Figure 3.1:** White (a) and green (b) discs used in the colour/scent experiment and scent  
 1814 choice experiments with the layouts and experimental sites for the scent composition  
 1815 experiment showing the four white discs used for the four treatments (c) and the paired  
 1816 white and green model discs used in the binary colour/scent experiment (d). [Photographs  
 1817 taken by T. Van der Niet (a–b) and V. Thupsie (c–d)].

1818 **3.4 Results**

1819 **3.4.1 Flower morphometrics**

1820 Flower opening width ( $\chi^2= 94.9$ ,  $p < 0.005$ ), stamen filament length ( $\chi^2= 17.7$ ,  $p < 0.005$ ),  
1821 and style length ( $\chi^2= 33.4$ ,  $p < 0.005$ ) differed significantly across the three sites, whereas  
1822 tube length was similar across populations ( $\chi^2= 0.6$ ,  $p = 0.749$ ) (Fig. 3.2). Although the  
1823 absolute magnitudes of the differences among populations are relatively small (<1 mm;  
1824 Fig. 3.2) these differences represent variation of up to a third of the dimensions of floral  
1825 parts (Fig. 3.2).



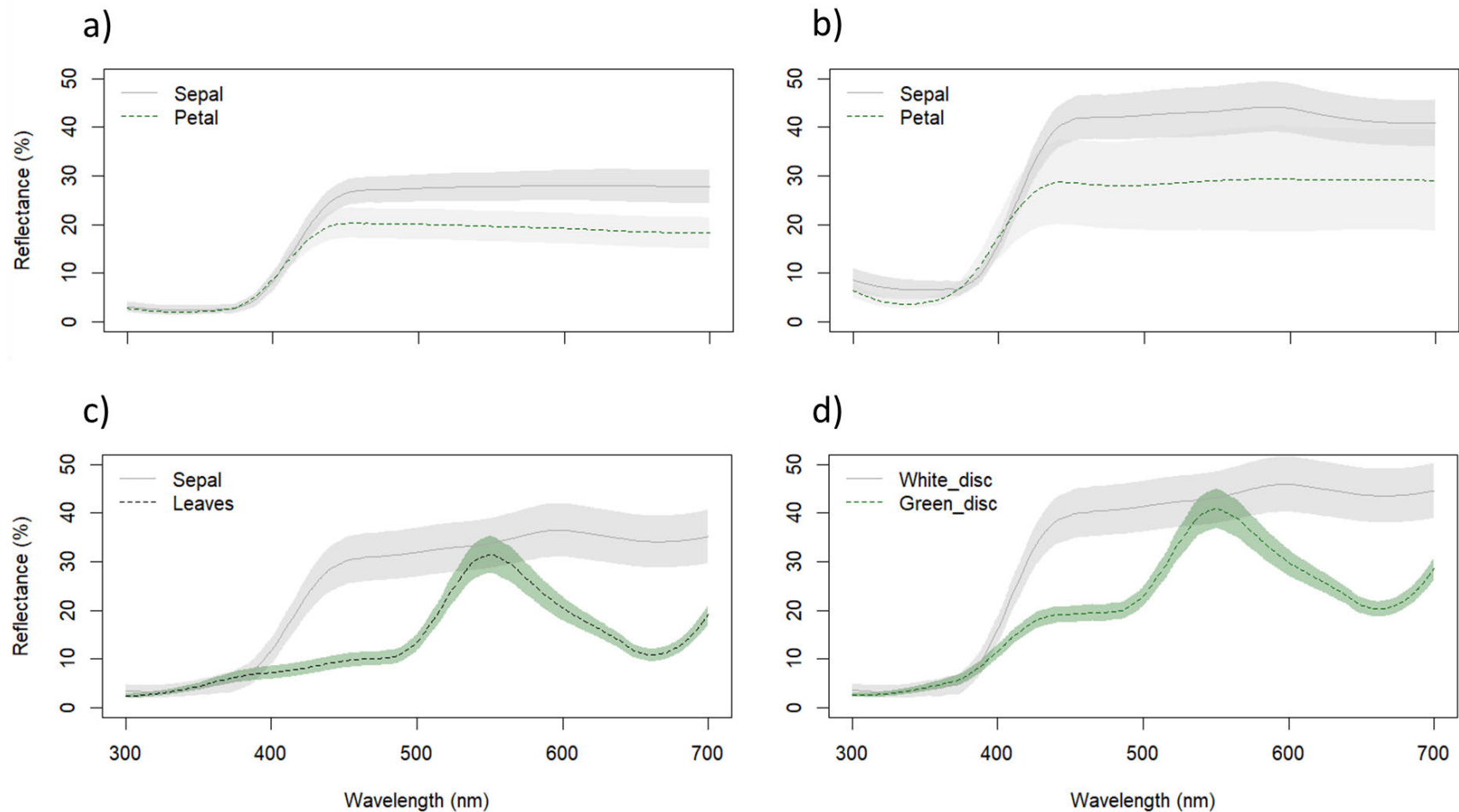
1826

1827 **Figure 3.2:** Mean  $\pm$  SE of different flower parts. Symbols that share letters indicate values  
1828 that do not differ significantly in post-hoc comparisons among sites ( $p < 0.05$ ).

1829 **3.4.2 Flower colour**

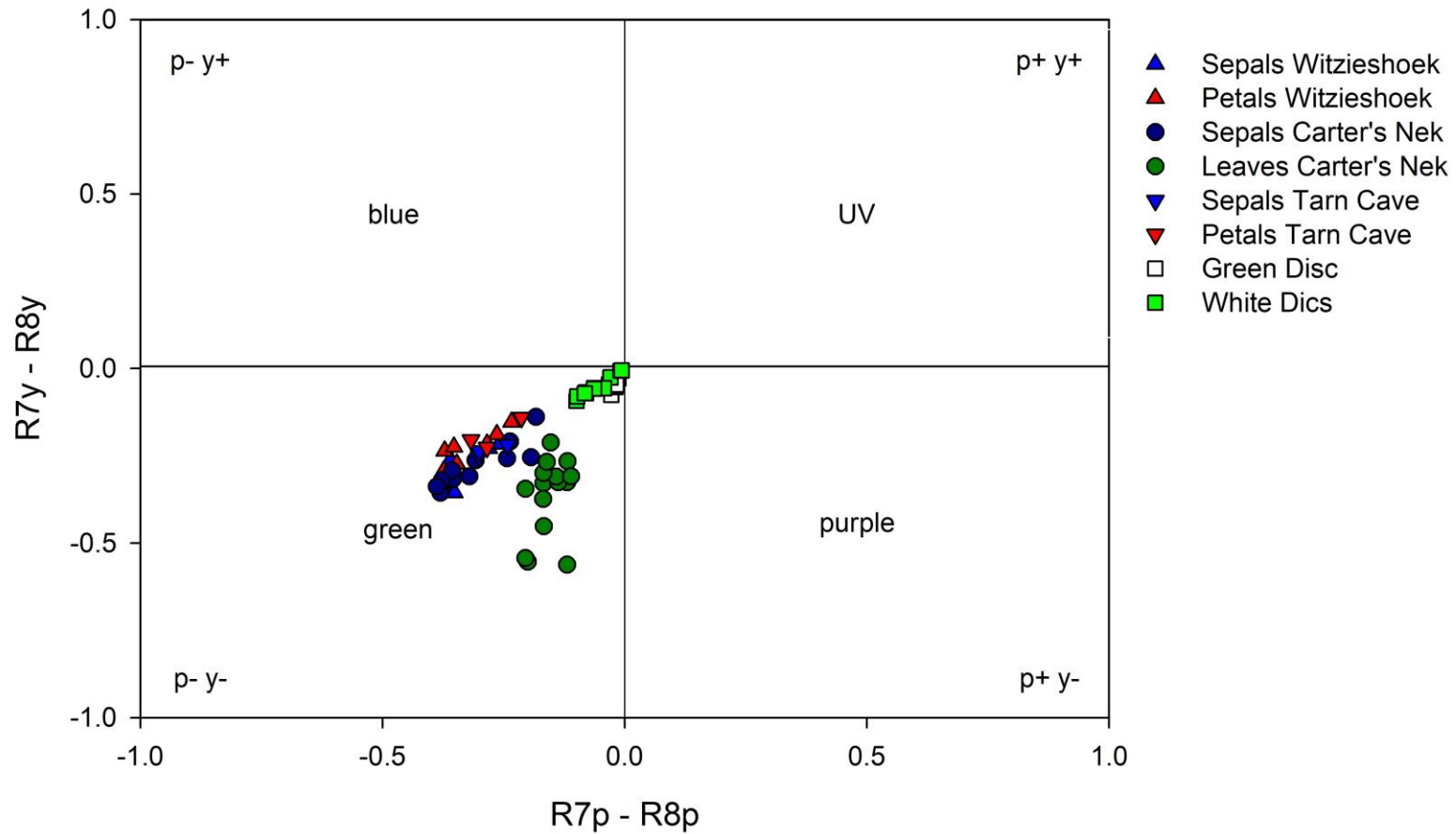
1830 Sepals and petals of *E. caffrorum* showed a similar spectral reflectance, characterised by  
1831 a steep increase in reflectance from 400 nm to approximately 450 nm, with a relatively  
1832 constant reflectance between 450 nm and 700 nm (Figs 3.2a–c). None of the floral parts  
1833 of *E. caffrorum* showed reflectance in the UVA range (300–399 nm). The white disc used  
1834 for the bioassay experiments had a similar reflectance pattern to the sepals and petals (Fig.  
1835 3.2d). Leaves of *E. caffrorum* showed a reflectance pattern typical for green leaves, with

1836 an increase in reflectance at 500 nm and a peak at 550 nm (Fig. 3.2c). For spectra plotted  
1837 in Troje's (1993) fly vision model, all points fell in the same quadrant, suggesting that no  
1838 within-flower contrast between sepals and petals is detectable by flies (Fig. 3.4).



1839

1840 **Figure 3.3:** Mean reflectance spectra of flowers (sepals and petals) and leaves of *E. cafferorum* and of discs used in bioassay choice tests.  
 1841 Shading indicates 95% confidence intervals for reflectance measurements. Measurements are from Witzieshoek (a) (n=8 sepals; n=8 petals),  
 1842 Tarn Cave (b) (n=3 sepals; n=3 petals), Carter's Nek (c) (n=15 sepals; n=15 leaves), and discs used for the scent composition and colour/scent  
 1843 choice test experiment (d) (n=5 white discs; n=5 green discs).



1844

1845

1846 **Figure 3.4:** Loci of the spectra of sepals, petals and leaves of *E. cafferorum* sampled from three different sites plotted in two-dimensional  
 1847 space according to Troje's (1993) fly vision model, along with the loci of the spectra of the discs used for the scent composition and  
 1848 colour/scent choice test experiments.

1849 **3.4.3 Flower scent**

1850 A total of 140 scent compounds were detected in *E. caffrorum* flowers sampled across all  
 1851 five sites (mean  $\pm$  SD: 64.4%  $\pm$  25.5% across sites). Of these, 58 compounds were  
 1852 identified and verified with known Kovats values. The main scent compounds consist of  
 1853 aromatics (benzaldehyde, phenylethyl alcohol), monoterpenes (linalool), sesquiterpenes  
 1854 (caryophyllene), and a carboxylic acid (2-methylbutanoic acid) (Table S3.1). A total of  
 1855 82 compounds could not be identified based on the criteria implemented here and are  
 1856 listed as unknowns (Table S3.1). Although this comprises the majority of compounds,  
 1857 these compounds represented a minority (mean  $\pm$  SD: 24.8%  $\pm$  16.4%) of compounds in  
 1858 each blend per site.

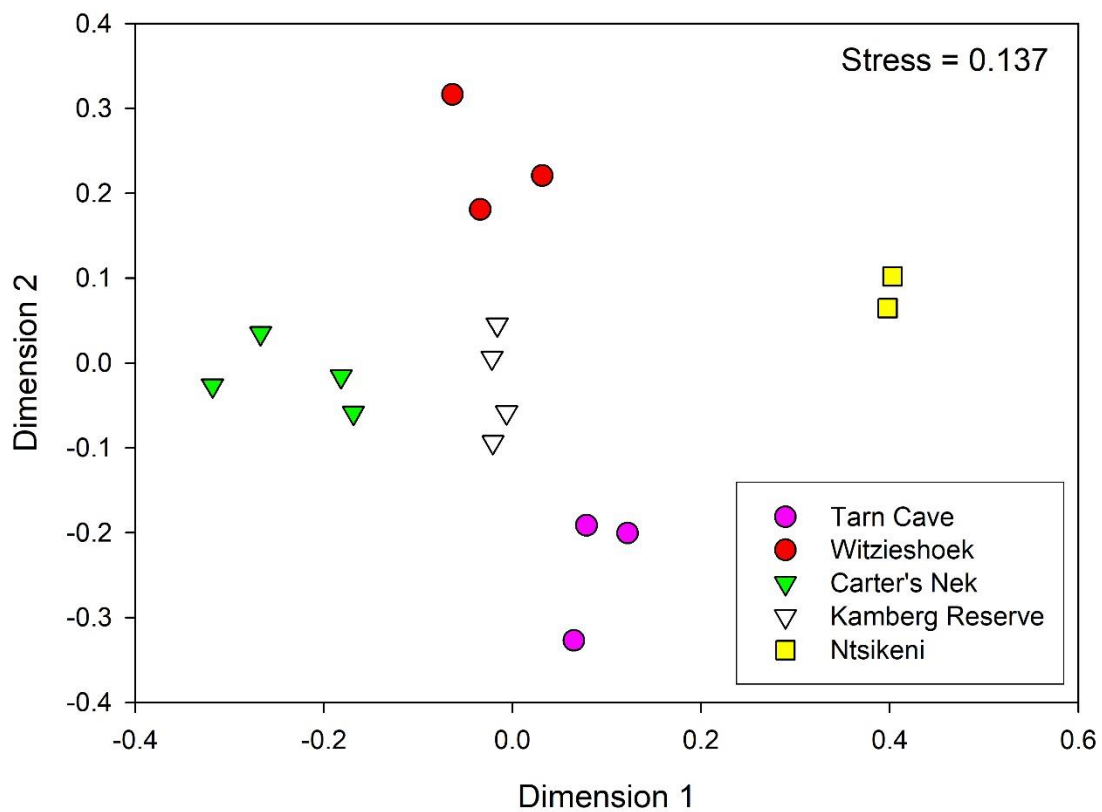
1859 There was an overall significant difference in scent compounds among the five sites (one-  
 1860 way ANOSIM, factor site: Global  $R = 1, p < 0.0001$ ). Pairwise comparisons suggested  
 1861 that profiles at Witzieshoek and Tarn Cave were similar to each other but indicated  
 1862 significant differences in scent profiles in all other possible pairwise contrasts between  
 1863 populations (Table 3.1). Sites that are geographically in closer proximity were not similar  
 1864 to each other: Although Witzieshoek and Tarn Cave are furthest apart in space, these were  
 1865 the only populations that did not differ significantly in scent profile, whereas the scent at  
 1866 the two geographically most proximate sites, Kamberg Reserve and Carters Nek, differed  
 1867 significantly from each other and from all other compared sites (Table 3.1). Visualisation  
 1868 of the samples using NMDS revealed that scent samples clustered by site (Fig. 3.5).

1869 **Table 3.1:** ANOSIM Bonferroni-corrected  $p$ -values for multiple comparisons of floral  
 1870 scent data from four *E. caffrorum* sites. R-values for all comparisons was 1. Cells that  
 1871 show significant differences are shaded in grey ( $p < 0.05$ ).

	Tarn Cave	Witzieshoek	Carter's Nek	Kamberg Reserve
Tarn Cave	-	0.10	0.03	0.03
Witzieshoek		-	0.03	0.03
Carter's Nek			-	0.03
Kamberg Reserve				-

1872

1873 The one-way SIMPER analysis identified benzenoid aromatics (benzaldehyde),  
 1874 monoterpenoid volatiles (linalool) and 4-methyl-3-penten-2-one as the main compounds  
 1875 that are responsible for the dissimilarity of compounds among sites, which is caused by  
 1876 variation in the relative contributions of these various compounds rather than  
 1877 presence/absence (Table S3.2). 2-methylbutanoic acid, the compound that gives *E.*  
 1878 *caffrorum* its distinctive odour, is present across all sites.



1879

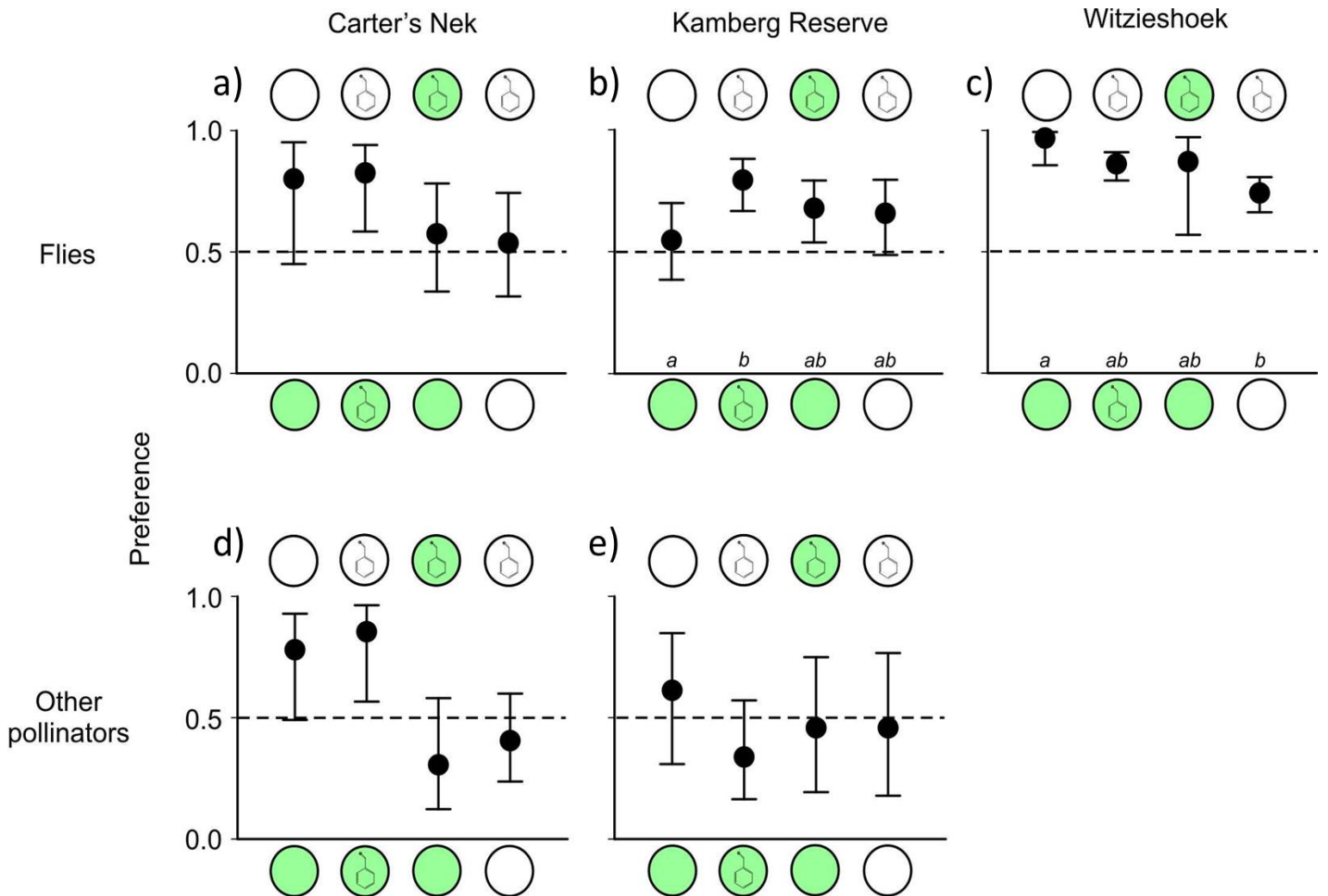
1880

1881 **Figure 3.5:** Two-dimensional ordination of scent samples of *E. caffrorum* from five  
 1882 localities based on non-metric multidimensional scaling using Bray-Curtis similarities.  
 1883 2D stress value = 0.137. Each symbol represents one scent sample.

#### 1884 **3.4.4 Colour/scent choice test experiment**

1885 The colour/scent choice experiment showed slightly different patterns among sites,  
1886 although at all three sites, flies showed a significant preference for white over green in  
1887 the presence of scent (Fig. 3.6a–c). In addition, at Kamberg Reserve (Fig. 3.6b) and  
1888 Witzieshoek (Fig. 3.6c), the addition of scent resulted in a significantly greater attraction  
1889 of flies in choices between green discs. At Witzieshoek, significant preferences were  
1890 evident in all four binary choice tests involving fly visitors: flies showed significant  
1891 preferences for both white colour and for the addition of scent, and these preferences were  
1892 evident in choices for colour with or without scent present and for scent with or without  
1893 differences in colour (Fig. 3.6c) indicating the independent contributions of both scent  
1894 and colour for attraction of flies. At all three sites, preference strength differed among  
1895 choice combinations (Carter's Nek  $\chi^2= 11.38$ ,  $p = 0.010$ , Fig. 3.6a; Kamberg  $\chi^2= 13.59$ ,  
1896  $p < 0.001$ , Fig. 3.6b; Witzieshoek  $\chi^2= 22.87$ ,  $p < 0.001$ , Fig. 3.6c). At Kamberg Reserve  
1897 and at Witzieshoek, choices in which only colour differed were associated with the  
1898 strongest increase in visitor attraction, although scent addition consistently increased  
1899 attraction at Witzieshoek (Fig. 3.6c).

1900 For non-fly visitors, colour and scent had less effect on attraction: significant preference  
1901 was found in only one of the eight choice experiments, and no difference in preference  
1902 strength was found at either site (Carter's Nek  $\chi^2= 7.88$ ,  $p = 0.050$ , Fig. 3.6d; Kamberg  
1903 Reserve  $\chi^2= 1.57$ ,  $p = 0.210$ , Fig. 3.6e). At Kamberg Reserve, differences in colour and  
1904 scent among models did not affect the numbers of non-fly visitors attracted to either  
1905 model in any of the four binary choices (Fig 3.6e). However, at Carter's Nek, in the choice  
1906 between white and green discs, in which both were scented, white was associated with a  
1907 greater number of non-fly visitors (Fig. 3.6d).



1909

1910 **Figure 3.6:** Mean  $\pm$  CI of the preferences of flies (a-c) and other pollinators (d, e) in  
 1911 binary choice experiments to assess the significance of colour and scent for pollinator  
 1912 attraction at three sites. The circle colour indicates the disc colour. The presence or  
 1913 absence of the organic compound symbol within a circle indicates the presence or absence  
 1914 of the scent compound mixture (2-methyl butanoic acid and benzaldehyde). Choices that  
 1915 share letters indicate values that do not differ significantly in post-hoc comparisons. A  
 1916 preference was considered significant if the 95% confidence interval did not intersect the  
 1917 dashed line (0.5, random choice).

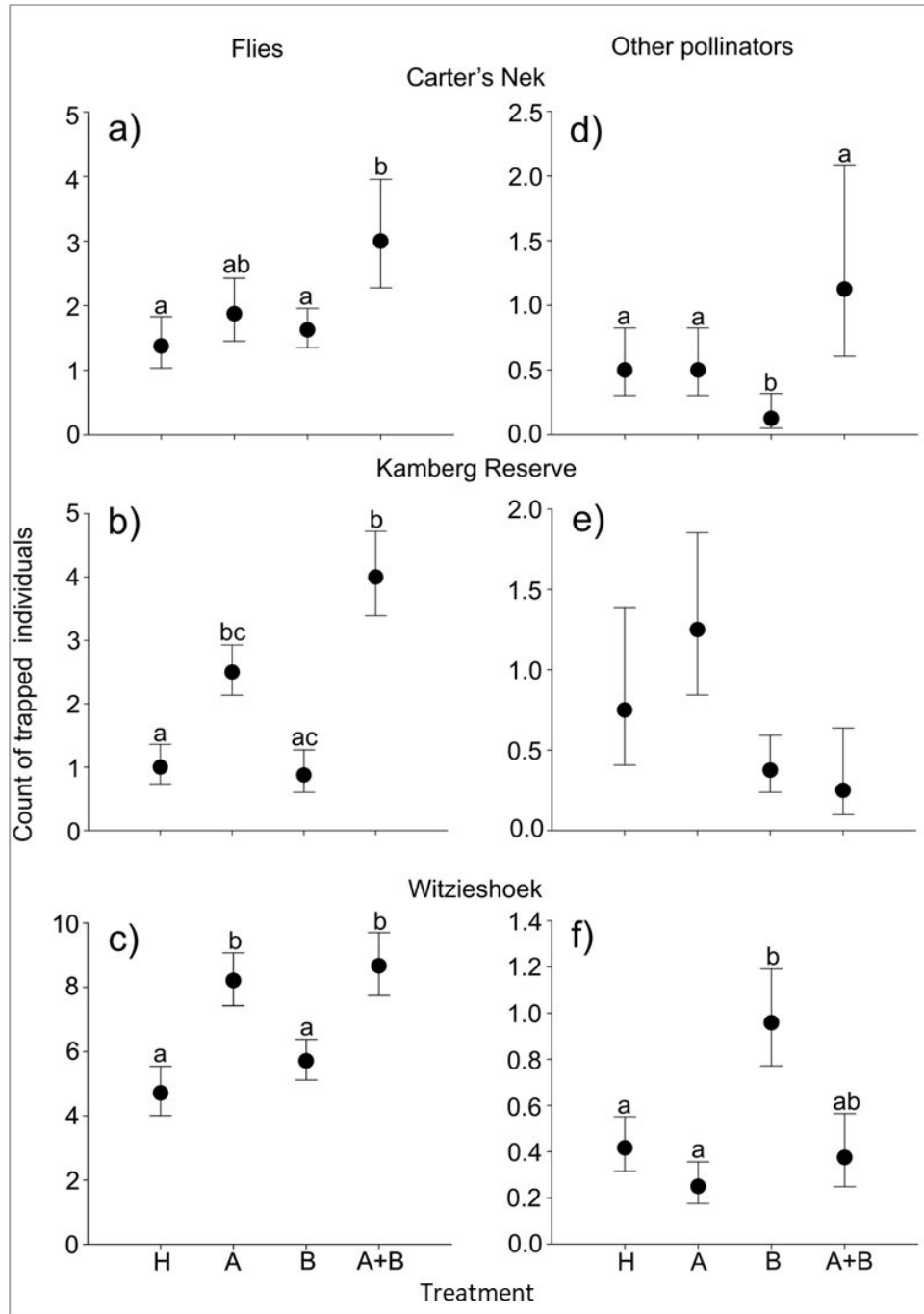
### 1918 3.4.5 Scent choice experiment

1919 The choice experiments with different scent compounds showed that compound type or  
 1920 combination had a significant effect on attraction of flies, with significant effects of  
 1921 compound type at all three sites (Carter's Nek  $\chi^2 = 9.09$ ,  $p = 0.028$ , Fig. 3.7a; Kamberg

1922 Reserve  $\chi^2= 92.3, p < 0.005$ , Fig. 3.7b; Witzieshoek  $\chi^2= 24.7, p < 0.001$ , Fig. 3.7c). In all  
1923 cases, the mixture of benzaldehyde and acid attracted more flies than the hexane control  
1924 (Figs 3.7a–c). The acid alone also attracted significantly more flies than the hexane  
1925 control at Kamberg and Witzieshoek (Figs 3.7b–c). Benzaldehyde alone always attracted  
1926 fewer flies than the benzaldehyde-acid mixture but did not consistently attract fewer flies  
1927 than the acid alone (Figs 3.7a–c).

1928 For the non-fly flower visitors, the differences in the number of individuals attracted by  
1929 different scent types were less pronounced. There was an overall difference among  
1930 treatments at Carter’s Nek ( $\chi^2= 35.8, p < 0.001$ , Fig. 3.7d) and Witzieshoek ( $\chi^2= 16.90,$   
1931  $p < 0.001$ , Fig. 3.7f), but not at Kamberg Reserve ( $\chi^2= 6.25, p = 0.100$ , Fig. 3.7e).  
1932 However, there were contrasting results between Carter’s Nek and Witzieshoek with  
1933 regards to benzaldehyde: at Carter’s Nek, benzaldehyde attracted significantly fewer  
1934 visitors than the other treatments, whereas, at Witzieshoek, benzaldehyde attracted  
1935 significantly more non-fly visitors than the control or acid treatments did (Figs 3.7e–f).

1936



1937

1938 **Figure 3.7:** Mean  $\pm$  SE numbers of trapped individuals attracted to different scent  
 1939 treatments with H = hexane, A = 2-methylbutanoic acid, B = benzaldehyde, A+B = 2-  
 1940 methyl butanoic acid and benzaldehyde mixture, for flies and other visitors at three sites.  
 1941 Within each panel, treatments that share letters indicate values that do not differ  
 1942 significantly in post-hoc comparisons ( $p < 0.05$ ).

1943 **3.5 Discussion**

1944 In this chapter, I aimed to quantify and characterise the functional significance of floral  
1945 traits of *E. caffrorum* in relation to pollinator attraction and plant-pollinator fit.  
1946 Characterisation of flower colour and scent showed that flowers of *E. caffrorum* showed  
1947 a typical white flower spectrum with no UVA reflectance (Fig. 3.3), and the scent profile  
1948 comprised considerable amounts of aromatics, monoterpenoids and sesquiterpenes, but  
1949 also 2-methylbutanoic acid, with significant differences in relative amounts of dominant  
1950 compounds across the five sites (Table S3.1). Bioassay experiments showed that both  
1951 scent and colour of *E. caffrorum* function in pollinator attraction. Further bioassay  
1952 experiments with different scent compounds in isolation and as part of a mixture  
1953 suggested that flies are generally attracted to acids (either as part of a mixture or alone),  
1954 whereas numbers of other pollinators attracted to the different scent treatments, were  
1955 lower overall and did not vary among scent treatments.

1956 The typical diet of the fly families that are found pollinating *E. caffrorum* share many  
1957 similarities, with the larvae of all families developing and feeding in or around decaying  
1958 plant or animal matter and dung (Kirk-Spriggs and Sinclair, 2017; Picker et al., 2008).  
1959 The adults of some species of Lauxanidae, Syrphidae, Tachinidae and Tephritidae  
1960 typically feed on pollen, nectar, and decaying plant material (Cumming and Wood, 2009).  
1961 In contrast, the adults of Sarcophagidae and Sepsidae occasionally feed on nectar but  
1962 typically feed on decaying animal matter and dung (Hafez, 1948; Villet et al., 2017),  
1963 along with Scathophagidae and Empididae, which are predators of other flies (Kirk-  
1964 Spriggs and Sinclair, 2017). In addition to feeding on nectar sources, some adults of  
1965 Anthomyiidae, Calliphoridae, Empididae, Muscidae, and Rhiniidae feed on various other  
1966 substrates like decaying organic matter, usually of faecal or plant sources (Kirk-Spriggs  
1967 and Sinclair, 2017; Picker et al., 2008). Thus, the fly families found on *E. caffrorum* can  
1968 be described as opportunistic nectar feeders because they do not feed on nectar only,  
1969 which is dissimilar from long-tongued flies, which are usually specialised to feed only on  
1970 nectar sources.

1971 **3.5.1 Flower morphometrics**

1972 *Erica caffrorum*, like many other *Erica* species, has small flowers (e.g., Bouman et al.,  
1973 2017). Even though there were significant differences in three of the four traits measured,  
1974 these differences were relatively small but were large relative to the size of the flower

1975 parts (Fig. 3.2). Although this study did not specifically further explore the significance  
1976 of the variation in flower dimensions found among populations of *E. caffrorum*,  
1977 correlations between floral trait variation and pollinator mouth-part variation are thought  
1978 to reflect adaptations for other pollination systems in *Erica*. For instance, flowers of  
1979 species pollinated by hawkmoths and long-proboscid flies have much longer tubes than  
1980 those pollinated by honeybees (Bouman et al., 2017; Lombardi et al., 2021; Van der Niet  
1981 and Cozien, 2022), and the tube length in *E. junonia* correlates with pollinator mouth-part  
1982 length (Newman and Johnson, 2021), similar to what was found in *E. plukenetii* in which  
1983 ecotypes have different tube lengths that correlate to the mouth-parts of their pollinators  
1984 (Van der Niet et al., 2014). For *E. caffrorum*, the functional tube length (in this case  
1985 represented by the length of the sepals, while in other *Erica* species, this is comprised of  
1986 the corolla length) is relatively short compared to other *Erica* species. Although the  
1987 proboscis length of fly pollinators of *E. caffrorum* was not measured in this study, these  
1988 are known to be relatively short, less than 10 mm and not exceeding the total length of  
1989 the fly (Cumming and Wood, 2009). The fit of proboscis length to tube length in *Erica*  
1990 flowers may also apply to *E. caffrorum*. The small size of the flowers of *E. caffrorum*  
1991 may therefore likely represent an adaptation to the short tongues of the dominant  
1992 pollinators.

1993 The morphology of the fly-pollinated small flowers of *E. caffrorum* have similarities with  
1994 other plant species pollinated by short-tongued flies: *Schizochilus angustifolius* is  
1995 pollinated mostly by muscid flies and is characterized by very short nectar spurs (Van der  
1996 Niet et al., 2010). In *Wurmbea elatior*, nectar is readily available and accessible to its  
1997 short-tongued fly pollinators (Johnson et al., 2020). Finally, fly-pollinated species of  
1998 *Eucomis* also have nectar that is readily accessible to short-tongued insects (Shuttleworth  
1999 and Johnson, 2010).

### 2000 **3.5.2 Flower colour**

2001 Flowers of *E. caffrorum* are characterised by a typical white-flower spectrum with no UV  
2002 reflectance and an absence of colour contrast within flowers (Fig. 3.3, 3.4). These colour  
2003 characteristics differ from *Erica* species pollinated by long-proboscid flies  
2004 (Nemestrinidae), which typically exhibit UV reflectance, bright colours and colour  
2005 contrast within flowers that provide nectar guides (McCarren et al., 2021). Flowers of fly-

2006 pollinated *E. junonia* varieties show UV reflection (Newman and Johnson, 2021).  
2007 Similarly, flowers of the fly-pollinated *Erica aristata* also reflect UV and different flower  
2008 parts have different UV reflectance patterns, although the Troje (1993) fly vision model  
2009 suggests that this is not perceived as colour contrast by flies (Lombardi et al., 2021). This  
2010 difference in pollinator species may explain the variation in UV reflectance among the  
2011 fly-pollinated *Erica* species. Interestingly, the white-flowered moth-pollinated ecotype of  
2012 *E. plukenetii* shares a similar reflectance pattern to that of *E. caffrorum* but differs in the  
2013 most effective pollinators (flies in *E. caffrorum*, moths in *E. plukenetii* subsp. *breviflora*);  
2014 however, at some sites moths were observed visiting *E. caffrorum* flowers. Thus, the  
2015 white colour of *E. caffrorum* may be a potential adaptation to short-tongued fly  
2016 pollinators, that is still to some extent attractive to other functional pollinator groups.

2017 The white-cream colour of *E. caffrorum* flowers follows the reflectance pattern typical of  
2018 many plants pollinated by insects, especially Diptera (true flies) (Shrestha et al., 2019).  
2019 Many short-tongued fly-pollinated plant species share a similar reflectance pattern to *E.*  
2020 *caffrorum* extending to genera other than *Erica*, that include, but are not limited to  
2021 southern African representatives of *Wurmbea*, *Eucomis* and *Schizochilus* (Johnson et al.,  
2022 2020: Shuttleworth and Johnson, 2010: Van der Niet et al., 2010). Results from  
2023 community-level analyses in other regions showed that the loci of spectra of primarily  
2024 dipteran-visited nectar-rewarding plant species most frequently fall into the “fly-yellow”  
2025 quadrant of Troje’s (1993) fly vision model (Ishii et al., 2019), as was the case for the  
2026 loci of spectra of *E. caffrorum* (Fig. 3.4). Despite the difference in flower colour, there  
2027 was considerable overlap in flower-visiting fly families between *E. caffrorum* and the  
2028 species studied by Ishii et al. (2019).

2029 Within southern Africa, several other plant species pollinated by short-tongued flies are  
2030 characterised by different flower colours, including yellow and maroon, and are often  
2031 patterned (Jürgens et al., 2015). For example, the reflectance pattern of carrion mimicking  
2032 fly-pollinated flowers like *Ceropegia mixta* (Apocynaceae) is pale yellow with UV  
2033 reflectance and is characterised by varying degrees of dark red streaking on the corollas  
2034 (du Plessis et al., 2018). One important difference between *E. caffrorum* and many carrion  
2035 mimics is that the latter group usually offers no or very small amounts of nectar reward,  
2036 whereas nectar is present in *E. caffrorum*, although this was not quantified in this study

2037 (T. Van der Niet, unpublished data). This suggests a general difference in pollination  
2038 mechanism related to fly behaviour in the context of foraging and other aspects of the life  
2039 cycle between carrion-mimicking flowers and flowers that provide a food reward. Further  
2040 research is required to understand whether and how nectar influences pollinator  
2041 behaviour.

2042

### 2043 **3.5.3 Flower scent**

2044 *Erica caffrorum* has a unique scent profile compared to other *Erica* species, especially  
2045 due to the presence of the acidic compound 2-methylbutanoic acid. The classes of  
2046 compounds that could be identified otherwise mostly comprised aromatics,  
2047 monoterpenoids and sesquiterpenes (Table S3.2). Although there was some quantitative  
2048 variation in relative abundance, these compounds are present across all five sites where  
2049 *E. caffrorum* was studied (Table S3.1, S3.2).

2050

2051 Acid compounds, particularly organic acids, have a strong scent that may attract flies and  
2052 other insects. Flies are attracted to the pungent smell of these acid compounds because  
2053 they may perceive it as a potential food resource or breeding site (Jürgens et al., 2006).  
2054 Gas chromatographic-electroantennographic detection (GC-EAD) and wind tunnel  
2055 bioassays conducted by Cossé and Baker, (1996) show that acid compounds, and in  
2056 particular butanoic acid and 3-methylbutanoic acid, which are found in pig manure, elicit  
2057 antennal responses in female house flies (*Musca domestica*). The antennal response of  
2058 these flies may mirror parallel responses to 2-methylbutanoic acid of similar flies found  
2059 visiting *E. caffrorum*.

2060

2061 The carboxylic acid (2-methylbutanoic acid) class of compounds produced in *E.*  
2062 *caffrorum* is often found in the excretory waste of animals as well as in decomposing  
2063 plant material (Cossé and Baker, 1996; Schulz and Dickschat, 2007). However, it remains  
2064 debatable whether the presence of acids in *E. caffrorum* means that it functions as a mimic  
2065 of brood and food substrates. In plant species that rely on mimicry, specific acids are  
2066 often the dominant floral volatiles. In contrast, the scent profile of *E. caffrorum* may not  
2067 fit a mimicry system. Although *E. caffrorum* does share similar fly pollinators with those  
2068 found in mimics, the presence of other fly pollinators like Rhiniidae and different

2069 functional pollinator groups, as well as the distinct nectar-seeking behaviour of floral  
2070 visitors, suggest that this *Erica* species may not fit into a mimicry system and further  
2071 research is needed to test a mimicry hypothesis for *E. caffrorum*. Furthermore, *E.*  
2072 *caffrorum* produces many other scent compounds that may attract various insect  
2073 pollinators (including flies, bees, and moths).

2074

2075 Although most *Erica* species were considered to be unscented (Rebello et al., 1985),  
2076 quantification using objective methods has revealed the presence of many scent  
2077 compounds in most *Erica* species studied to date (Bouman et al., 2017; Van der Niet et  
2078 al., 2014; Van der Niet and Cozien, 2022). Comparison of scent profiles across *Erica*  
2079 species with different pollination systems reveals different scent profiles and, therefore,  
2080 likely a key role for scent in pollinator attraction. For instance, the pollination ecotypes  
2081 of *E. plukenetii* have different scent profiles; an unscented bird-pollinated ecotype and a  
2082 scented moth-pollinated ecotype (Van der Niet et al., 2014). In particular, flowers of the  
2083 moth-pollinated ecotype produce numerous, mostly aromatic, scent compounds likely to  
2084 attract moth pollinators (Van der Niet et al., 2014). *Erica caffrorum* does not contain these  
2085 scent compounds except for caryophyllene, which may therefore be a moth attractant  
2086 since moths were occasionally observed on flowers of *E. caffrorum* too. However,  
2087 similarities in scent chemistry between *E. caffrorum* and the moth-pollinated *E.*  
2088 *cylindrica*, with an overlap in compounds such as benzaldehyde and benzyl alcohol (see  
2089 Van der Niet and Cozien, 2022), suggest that these compounds may also be important for  
2090 moth attraction. There is also evidence that flies of the family Muscidae, similar to the  
2091 *Musca* genus observed visiting *E. caffrorum*, are attracted to aromatic compounds  
2092 (Howse, 1997), and therefore these aromatics may also serve as a possible fly attractant  
2093 (see below).

2094

2095 Compared to *E. caffrorum*, the scent of other short-tongued fly-pollinated plants for  
2096 which this has been quantified is quite different. For instance, the scent of *Wurmbea*  
2097 *elator* is dominated by indole and skatole, which are also typically found in faecal  
2098 bouquets that attract coprophagous (dung-feeding) flies (Johnson et al., 2020) and  
2099 electroantennographic detection (EAD) experiments showed that these two compounds  
2100 play a key role in fly attraction. In contrast, indole and skatole scent compounds are absent

2101 from *E. caffrorum* scent, even though there is some overlap in the fly visitor assemblage  
2102 between *W. elatior* and *E. caffrorum* with Muscidae, Sarcophagidae and Scathophagidae  
2103 visitors. Sulphur scent compounds characterise fly-pollinated *Eucomis* species, which  
2104 play a key role in fly attraction (Shuttleworth and Johnson, 2010). Sulphur scent  
2105 compounds are absent from *E. caffrorum*. These comparisons suggest that fly attraction  
2106 may be achieved through many different pathways. At the level of compound classes, a  
2107 mixture of different compound classes ('unpleasant' versus 'sweet' smelling) is not  
2108 unique to *E. caffrorum*. *Periploca laevigata*, a fly-pollinated plant species in the  
2109 Mediterranean region, has a scent profile that contains unpleasant scent compounds like  
2110 sulphides and sweet compounds like terpenoids (Zito et al., 2015) and *P. laevigata* also  
2111 shares similarities in fly pollinators with *E. caffrorum* including visitation by  
2112 Anthomyiidae, Calliphoridae, Muscidae, Sarcophagidae and Scathophagidae as  
2113 pollinators of both plant species (see Pisciotta et al., 2011).

2114 The results of the ANOSIM showed a significant difference in scent compounds of *E.*  
2115 *caffrorum* at five sites (Table 3.1). Furthermore, the results of the SIMPER analysis  
2116 indicated that the main variation is quantitative; the same compounds are present but  
2117 emitted in different relative amounts (Table S3.1). Variation among populations may  
2118 stem from various processes. First, it may be non-adaptive and due to genetic drift or may  
2119 be related to sampling artefacts such as different sampling times, variations in the abiotic  
2120 factors at each site, including different soil types and other environmental factors or  
2121 climatic factors like temperature and humidity that may have influenced the  
2122 concentrations of compounds that were emitted at each site (Eisen et al., 2022; Majetic et  
2123 al., 2009). However, it may also indicate adaptive differences related to the presence of  
2124 different pollinator assemblages (see Chapter 2), resulting in the evolution of scent  
2125 ecotypes (chemotypes) for *E. caffrorum*. Given the presence of different fly pollinators at  
2126 each site (Chapter 2; Table 2.2), it is possible that different fly communities could drive  
2127 the formation of chemotypes of *E. caffrorum*. This would require that local pollinator  
2128 communities are stable over long periods of time and that the constituent species vary in  
2129 preference for the relative abundance of particular compounds. Although this cannot be  
2130 excluded, further work, including reciprocal translocation experiments, is needed to  
2131 determine the cause and to evaluate the potential significance of population-level  
2132 variation.

2133

2134 It was not possible to identify all compounds produced by *E. caffrorum*, and the number  
2135 of unknown compounds was relatively large. In most cases, compounds could not be  
2136 identified because of impure mass spectra and associated non-matching Kovats indices.  
2137 These problems are most frequently associated with compounds present in very small  
2138 quantities. Indeed, the contribution of unknown compounds was relatively small, (mean  
2139  $\pm$  SD: 24.8%  $\pm$  16.4%) unknown compounds per site. Although it cannot be excluded that  
2140 some unknown compounds play a role in pollinator attraction, I consider the presence of  
2141 a relatively large number of unknown compounds as unproblematic in this study.

2142

### 2143 **3.5.4 Bioassay experiments**

#### 2144 **3.5.4.1 Colour/scent experiment**

2145 Colour preferences have been established for many fly species (Lunau, 2014). In the  
2146 colour/scent experiment performed in this study, flies consistently preferred white over  
2147 green in the presence of scent (Figs 3.6a–c). The results are most apparent at the  
2148 Witzieshoek site, potentially because the experiment there was done over multiple days  
2149 resulting in higher numbers of trapped flies on the discs compared to the experiments that  
2150 were only run over one day (Fig. 3.6c). Furthermore, the experiment conducted at the  
2151 Kamberg Reserve site was done past the optimal flowering time of *E. caffrorum* (April);  
2152 as such, fewer fly pollinator individuals may have been present, as a result of potential  
2153 temporal variation of fly abundance.

2154 At all three sites, there was a trend of preference for the white treatment over the green  
2155 treatment (green was used to replicate the background vegetation) for flies, although only  
2156 choices involving scented colour pairs were uniformly significant across all sites. This  
2157 may indicate that both colour and scent are important for fly attraction and that the colour  
2158 white is particularly preferred in the presence of scent; thus, colour may be an integral  
2159 aspect of fly attraction, but its attractive function is enhanced in the presence of scent. A  
2160 possible caveat to this result may be that white was the only colour used in these  
2161 colour/scent experiments. As such, it may be unclear whether there was a preference for  
2162 white specifically or whether a similar result would have been obtained for any colour  
2163 that flies perceive as contrasting against the green background vegetation. The other  
2164 flower visitors showed no significant preference among the colour and scent choices (Fig.

2165 3.6d–e). This may be due to a lack of statistical power resulting from the generally small  
2166 number of individuals attracted to the experiment. Alternatively, they may not prefer the  
2167 scent mixture and colours used in the colour/scent choice experiment. Further  
2168 experimental work is needed to distinguish between these explanations.

#### 2169 **3.5.4.2 Scent choice experiment**

2170 In the scent choice experiment, flies preferred 2-methylbutanoic acid alone, or in  
2171 conjunction with benzaldehyde over the hexane control and benzaldehyde alone (Figs  
2172 3.7a–c). Furthermore, benzaldehyde alone never trapped more flies than the hexane  
2173 control. This suggests that the presence of an acid, either alone or in a mixture, serves an  
2174 important function in attracting flies. The reason for this might be that the flies found on  
2175 *E. cafferorum* prefer the acid scent compound due to the fact that they may respond to the  
2176 acid compound as an indicator for a site for breeding or laying eggs because 2-  
2177 methylbutanoic acid is found in the excretory waste of animals (Cossé and Baker, 1996;  
2178 Schulz and Dickschat, 2007).

2179

2180 The results of the scent choice experiment further suggest that other pollinators have  
2181 varied preferences for scent compounds at Carter’s Nek versus Witzieshoek (Fig. 3.7d,  
2182 f). These results could reflect differences in local assemblages of other pollinators,  
2183 although benzaldehyde is usually considered an attractant for a broad range of insects  
2184 (Farré-Armengol et al., 2020). Further work is needed to understand the difference in  
2185 choice between the two sites. What can be concluded from the scent choice experiment,  
2186 however, is that both the acid and possibly benzaldehyde are crucial scent compounds for  
2187 pollinator attraction in *E. cafferorum*, especially given the consistent choices across  
2188 multiple sites (Figs 3.7a–c). The consistent choice of specific scent compounds could also  
2189 be found in bioassay experiments done by Moré et al. 2013 using the oligosulphide  
2190 compounds (dimethyl disulphide and dimethyl trisulphide) emitted by *Jaborosa rotacea*  
2191 a plant species native to South America. Bioassay experiments conducted in North  
2192 America on *J. rotacea*, showed that the same fly families of Calliphoridae, Muscidae, and  
2193 Sarcophagidae (also found on *E. cafferorum*) were attracted to the oligosulphide bait on  
2194 artificial flowers instead of the artificial flowers that did not contain the scent bait (Moré  
2195 et al., 2013).

2196

### 2197 **3.5.4.3 Opportunities for future research**

2198 For the scent composition experiment, only two scent compounds were used in the  
2199 bioassays, and it is unclear whether these two scent compounds, instead of the many other  
2200 scent compounds that are emitted by *E. cafferorum*, are critical for pollinator attraction.  
2201 *Erica cafferorum* produces a large number of different scent compounds, and further  
2202 studies, therefore, need to be performed to determine whether insect visitors respond to  
2203 further *E. cafferorum* scent compounds that may serve a function in attraction. A  
2204 particularly useful method for this purpose would be gas chromatography coupled with  
2205 electroantennographic detection (GC-EAD).

2206 Further, the use of Tanglefoot® and placement of discs with insects stuck to them in  
2207 Ziplock™ bags precluded accurate identification of insects because of damage to key  
2208 morphological characteristics. Identification based on DNA barcoding could also not be  
2209 performed on these flies, as the Tanglefoot® may result in challenges for DNA extraction.  
2210 In future, identification of trapped visitors could be done prior to placement in Ziplock™  
2211 bags to identify visitors more accurately.

2212 A factor which may contribute to the response of pollinators to model flowers in the  
2213 bioassays is that of their past foraging experience as they may have previously  
2214 encountered other white flowers that provided a nectar reward, which would have  
2215 influenced their behaviour towards the discs in the bioassays. A problem of the bioassay  
2216 experiments is a potential bias due to the effect of aggregation of flies, as flies are known  
2217 to be attracted to surfaces with other flies (Ives, 1991). When flies become trapped on the  
2218 disc's surface, other flies may be attracted to this accumulation of flies for mating or may  
2219 be attracted to the stress pheromones emitted from the flies or insects instead of the colour  
2220 or scent compounds in the experiment. A solution may be to catch visitors as they land  
2221 on the disc's surface. However, this may lead to a reduction in the number of replicates  
2222 and an added expenditure of time catching visitors. Therefore, I consider the experimental  
2223 design implemented as an optimal compromise, but further experiments need to be done  
2224 to evaluate the potential bias due to the effects of fly aggregation on fly attraction.

### 2225 **3.6 Conclusions and avenues for further research**

2226 The results presented in this chapter shed light on the functional significance of floral  
2227 scent and colour traits of *E. cafferorum* for pollinator attraction. The floral morphology of

2228 *E. caffrorum* may correlate to the mouth-parts of the short-tongued pollinators,  
2229 facilitating contact with stigmas and deposition of pollen released from anthers as insects  
2230 probe flowers for nectar. The white-coloured flowers are similar to those of many short-  
2231 tongued fly-pollinated plant species. The scent profile of *E. caffrorum* contains many  
2232 different scent compounds, some of which are known attractants of multiple functional  
2233 pollinator groups. The acidic compound 2-methylbutanoic acid is uncommon in many  
2234 *Erica* species and may be an essential scent compound in attracting flies for pollination.  
2235 Based on the two bioassay experiments, it appears that both colour and scent play an  
2236 integral role in attracting the fly pollinators of this plant species. *Erica caffrorum* does  
2237 have different pollinator assemblages at different sites associated with site-specific scent  
2238 blends, indicating the potential presence of chemotypes. Genetical profiling of *E.*  
2239 *caffrorum* at different sites could further explore this idea of chemotypes. *Erica caffrorum*  
2240 is sister to a large clade, to which some species with similar traits and pollination systems  
2241 belong (Pirie et al., 2016). This suggests that traits have evolved multiple times. However,  
2242 given the topological position of *E. caffrorum*, it is likely impossible to reconstruct  
2243 transitions in pollination system with certainty. Furthermore, work needs to be undertaken  
2244 to explore the role of nectar and its function in pollinator attraction for *E. caffrorum*. Gas  
2245 chromatography coupled with electroantennographic detection (GC/EAD) could be used  
2246 to determine which specific scent compounds are detectable from insect visitors. Further  
2247 bioassays could be conducted to confirm the role of individual scent compounds of *E.*  
2248 *caffrorum* for pollinator attraction or if these scent compounds illicit a repulsive response  
2249 by the insect visitors.

2250

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2255

2256 **3.8 References**

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2454 **3.6 Supplementary Material**

2455 **Table S3.1:** Mean relative amounts (%)  $\pm$  SD of scent compounds of *E. caffrorum* across five sites, organised by compound class and Kovats  
 2456 Retention Index (Kovats RI).

Compounds	Kovats RI	Tarn Cave	Witzieshoek	Carter's Nek	Kamberg Reserve	Ntsikeni
<b>Acids</b>						
Acetic acid	1441	-	0.39 $\pm$ 0.21	0.5 $\pm$ 0.3	-	-
Butanoic acid, 3-hexenyl ester, (Z)-	1446	0.29 $\pm$ 0.15	-	-	-	-
Benzoic acid, methyl ester	1621	0.09 $\pm$ 0.06	0.27 $\pm$ 0.13	0.28 $\pm$ 0.06	0.41 $\pm$ 0.25	-
Butanoic acid, 2-methyl-	1664	13.79 $\pm$ 1.65	3.65 $\pm$ 1.17	7.24 $\pm$ 3.85	6.85 $\pm$ 4.26	16.57 $\pm$ 3.6
Heptanoic acid	1942	0.05 $\pm$ 0.04	0.14 $\pm$ 0.11	-	0.02 $\pm$ 0.01	0.27 $\pm$ 0.05
Octanoic acid	2040	-	0.1 $\pm$ 0.05	0.04 $\pm$ 0.01	0.03 $\pm$ 0.01	-
<b>Alcohols and Phenols (Aromatics*)</b>						
3-Hexen-1-ol, acetate, (Z)-	1301	1.35 $\pm$ 0.5	-	-	-	-
1-Hexanol	1324	0.07 $\pm$ 0.02	-	-	-	-
3-Hexen-1-ol, (E)-	1357	0.24 $\pm$ 0.12	0.3 $\pm$ 0.09	0.31 $\pm$ 0.08	0.4 $\pm$ 0.41	5.78 $\pm$ 2.06
1-Octen-3-ol	1425	0.26 $\pm$ 0.15	0.05 $\pm$ 0.02	0.47 $\pm$ 0.1	0.69 $\pm$ 0.63	0.37 $\pm$ 0.01
1-Heptanol	1433	0.46 $\pm$ 0.19	0.03 $\pm$ 0.02	-	-	-
1-Hexanol, 2-ethyl-	1475	-	0.21 $\pm$ 0.03	-	-	-
1-Octanol	1546	1.78 $\pm$ 0.88	0.69 $\pm$ 0.13	1.49 $\pm$ 0.85	0.64 $\pm$ 0.58	0.41 $\pm$ 0.04
1,5,7-Octatrien-3-ol, 3,7-dimethyl-	1602	2.65 $\pm$ 1.26	0.53 $\pm$ 0.27	-	0.04 $\pm$ 0.03	0.37 $\pm$ 0.18
1-Nonanol	1651	-	-	0.2 $\pm$ 0.12	0.17 $\pm$ 0.08	-
Phenylethyl Alcohol*	1896	2.82 $\pm$ 2.19	1 $\pm$ 0.42	15.72 $\pm$ 3.7	0.82 $\pm$ 0.66	1.84 $\pm$ 0.3
Phenol*	1980	0.01 $\pm$ 0	0.12 $\pm$ 0.03	-	0.04 $\pm$ 0.02	0.71 $\pm$ 0.05

**Aldehydes**

Hexanal	1056	0.18 ± 0.09	0.1 ± 0.07	-	-	-
Octanal	1268	1.63 ± 1.22	0.95 ± 0.29	2.41 ± 0.97	1.27 ± 0.83	2.65 ± 0.26
Nonanal	1382	2.49 ± 1.1	3 ± 0.41	4.21 ± 0.41	2 ± 1.26	5.91 ± 0.81
2-Octenal, (E)-	1417	0.18 ± 0.06	0.09 ± 0.01	0.14 ± 0.06	0.11 ± 0.06	-
Undecanal	1606	0.35 ± 0.27	0.15 ± 0.06	-	1.91 ± 1.63	1.1 ± 0.75
Dodecanal	1714	0.02 ± 0	0.01 ± 0	-	-	-

**Alkenes**

1-Decene	1044	0.26 ± 0.08	0.08 ± 0.05	0.04 ± 0.01	-	-
1-Tridecene	1337	0.16 ± 0.06	-	-	0.14 ± 0.13	-

**Benzenoids (Aromatics\*)**

Benzaldehyde*	1506	37.8 ± 16.31	24.47 ± 7.71	18.83 ± 12.1	37.29 ± 25.7	4.25 ± 1.54
Benzeneacetaldehyde	1639	1.41 ± 0.05	1.66 ± 1.13	1.44 ± 0.46	0.18 ± 0.1	0.3 ± 0.07
Naphthalene	1743	-	0.19 ± 0.12	-	0.23 ± 0.11	0.55 ± 0
Benzyl alcohol*	1854	5.14 ± 0.99	4.68 ± 0.84	5.61 ± 1.11	4.32 ± 3.24	2.96 ± 0.1
Benzyl nitrile	1907	-	0.02 ± 0.01	-	0.01 ± 0.01	0.35 ± 0.11
E-2-Hexenyl benzoate	2083	0.03 ± 0	-	-	-	-

**Esters**

cis-3-Hexenyl isovalerate	1469	-	-	0.17 ± 0.15	0.12 ± 0.07	-
2(3H)-Furanone, 5-ethyl-dihydro-	1698	-	0.06 ± 0.02	0.14 ± 0.08	0.03 ± 0.02	-
Methyl salicylate	1768	0.03 ± 0	0.04 ± 0.01	0.14 ± 0.03	0.06 ± 0.04	0.09 ± 0
2(3H)-Furanone, dihydro-5-propyl-	1799	0.05 ± 0.02	0.1 ± 0.01	0.12 ± 0.04	0.03 ± 0.02	-

**Ketones**

3-Penten-2-one, 4-methyl	1120	0.56 ± 0.15	0.17 ± 0.1	-	-	15.82 ± 4.39
5-Hepten-2-one, 6-methyl-	1317	0.35 ± 0.25	0.79 ± 0.36	-	0.6 ± 0.33	6.86 ± 3.16

2-Nonanone	1370	0.14 ± 0.03	-	-	-	-
2-Decanone	1484	0.12 ± 0.03	0.09 ± 0.02	-	0.07 ± 0.04	-
6-Methyl-3,5-heptadiene-2-one	1577	0.05 ± 0.02	-	-	-	0.18 ± 0.01
Acetophenone	1647	-	0.1 ± 0.03	-	-	-
2-Tridecanone	1800	0.01 ± 0	-	-	-	-
<b>Monoterpenes</b>						
β-Myrcene	1159	6.4 ± 3.51	4.45 ± 0.75	0.87 ± 0.19	2.6 ± 1.71	4.13 ± 0.32
Limonene	1191	0.11 ± 0.07	0.49 ± 0.23	0.34 ± 0.03	0.34 ± 0.24	1.11 ± 0.27
(Z)-Ocimene	1221	0.71 ± 0.44	0.24 ± 0.06	0.36 ± 0.09	0.48 ± 0.26	0.22 ± 0.03
(E)-Ocimene	1235	1.49 ± 1.48	0.47 ± 0.51	1.72 ± 1.06	0.83 ± 0.59	1.69 ± 0.34
(E)-4,8-Dimethylnona-1,3,7-triene	1295	2.92 ± 1.58	9.37 ± 3.58	14.9 ± 7.18	1.52 ± 1.3	3.72 ± 1.15
Linalool	1534	3.61 ± 0.86	9.8 ± 6.47	12.41 ± 4.13	8.57 ± 10.25	1.2 ± 0.41
α-Terpineol	1691	0.13 ± 0.09	0.03 ± 0.03	0.07 ± 0.02	0.02 ± 0.01	-
<b>Nitrogen containing compounds</b>						
2H-Pyran-2-one, tetrahydro-6-methyl-	1781	0.02 ± 0.02	-	-	-	-
<b>Sesquiterpenes</b>						
Copaene	1501	0.14 ± 0.13	0.23 ± 0.11	-	0.31 ± 0.21	0.51 ± 0.3
Caryophyllene	1603	0.3 ± 0.17	4.57 ± 2.32	1.98 ± 2.52	0.46 ± 0.37	1.95 ± 1.13
Humulene	1688	0.08 ± 0.02	0.17 ± 0.05	0.04 ± 0.04	0.1 ± 0.05	-
β-Bisabolene	1726	0.21 ± 0.07	0.01 ± 0	-	0.24 ± 0.28	-
(1S,2E,6E,10R) -3,7,11,11-Tetramethylbicyclo[8.1.0]undeca-2	1738	0.06 ± 0.06	-	5.17 ± 3.1	-	-
α-Farnesene	1754	0.04 ± 0.01	0.2 ± 0.03	-	0.04 ± 0.02	0.04 ± 0
Caryophyllene oxide	1986	-	0.05 ± 0.01	-	0.01 ± 0.01	-
<b>Toluenes</b>						
3,5-Dimethoxytoluene	1843	0.05 ± 0.03	0.42 ± 0.08	0.37 ± 0.36	0.09 ± 0.1	0.29 ± 0.03
<b>Unknowns</b>						

m/z 67,44,68,53,39,41	891	1.93 ± 1.12	-	-	-	10.62 ± 0.07
m/z 45,43,31,46,86,70	901	-	1.17 ± 0.88	-	-	-
m/z 73,87,56,100,41,54	956	-	13.12 ± 10.4	-	-	-
m/z 55,43,207,70,67,82	988	0.31 ± 0.11	-	-	-	-
m/z 69,41,43,81,79,67	1260	0.29 ± 0.12	2.29 ± 0.09	-	-	-
m/z: 43,55,67,41,83,57	1302	0.33 ± 0.19	-	-	-	-
m/z 70,102,85,40,96,32	1345	-	0.03 ± 0.01	-	-	-
m/z: 55,83,69,41,57,97	1442	0.09 ± 0.12	-	-	-	-
m/z: 57,67,83,68,70,69	1460	0.03 ± 0.01	0.06 ± 0.03	-	-	0.78 ± 0.09
m/z: 55,41,69,83,43,57	1547	0.03 ± 0.05	-	-	-	-
m/z: 71,43,82,67,99,41	1567	0.17 ± 0.08	-	0.59 ± 0.31	0.07 ± 0.04	-
m/z: 93,119,41,69,43,55	1570	0.1 ± 0.08	-	-	-	-
m/z: 70,69,99,56,41,55	1584	-	0.05 ± 0.01	-	-	-
m/z: 93,91,133,79,82,107	1592	-	0.06 ± 0	-	0.04 ± 0.01	0.11 ± 0.01
m/z 60,73,41,67,68,43	1623	0.01 ± 0	-	-	-	-
m/z 56,55,70,41,69,43	1641	0.12 ± 0.09	-	-	-	-
m/z 43,55,69,41,57,83	1651	0.03 ± 0.01	0.07 ± 0.01	-	-	0.75 ± 0.08
m/z 69,43,41,112,39,91	1675	0.03 ± 0.02	-	-	-	-
m/z 117,90,91,89,65,118	1679	-	1.97 ± 1.76	0.68 ± 0.57	0.35 ± 0.35	0.12 ± 0.05
m/z 85,57,55,41,43,56	1692	0.03 ± 0.02	-	-	-	0.45 ± 0.08
m/z 55,41,67,69,68,43	1703	0.08 ± 0.04	0.01 ± 0	-	-	-
m/z 171,75,127,101,117,77	1708	-	0.01 ± 0	-	-	-
m/z 57,71,43,85,41,55	1710	0.02 ± 0.01	-	-	-	0.17 ± 0.01
m/z 69,79,105,71,67,77	1721	-	0.04 ± 0.01	-	-	-
m/z 60,73,55,67,41,43	1733	0.02 ± 0.01	-	-	0.04 ± 0.01	-

m/z 79,93,43,91,94,133	1760	-	0.03 ± 0.02	-	0.02 ± 0.02	0.05 ± 0
m/z: 93,83,71,43,119,91	1772	0.01 ± 0	-	-	-	-
m/z 70,42,55,71,43,41	1787	-	0.02 ± 0	0.03 ± 0.02	-	0.09 ± 0.05
m/z 104,41,55,69,68,43	1803	-	-	-	-	-
m/z 43,57,55,71,41,69	1812	0.02 ± 0	0.04 ± 0.01	-	-	-
m/z 43,57,85,72,71,100	1817	0.01 ± 0	0.04 ± 0.01	-	-	1.08 ± 0.75
m/z 69,41,79,67,93,57	1825	0.01 ± 0	-	-	-	-
m/z 43,71,59,55,70,69	1831	0.02 ± 0.02	-	-	-	-
m/z 59,69,55,68,97,71	1833	-	0.01 ± 0	-	-	-
m/z 107,136,69,151,93,85	1852	-	0.03 ± 0.03	-	-	-
m/z 43,126,193,55,41,69	1870	0.02 ± 0	-	-	-	-
m/z 71,43,69,159,98,111	1876	-	0.1 ± 0.07	-	-	1.38 ± 0.62
m/z 55,43,41,57,70,42	1878	0.03 ± 0.02	-	-	-	-
m/z 59,79,43,69,141,142	1888	-	0.07 ± 0.01	-	0.02 ± 0	-
m/z 85,60,55,41,39,68	1902	0.02 ± 0.01	-	-	-	-
m/z 82,71,67,43,55,41	1917	3.73 ± 1	-	0.35 ± 0.16	0.71 ± 0.59	-
m/z 42,54,98,43,55,39	1922	-	-	-	-	-
m/z 82,71,67,43,85,83	1929	0.01 ± 0	3.41 ± 1.12	-	-	-
m/z 85,57,69,41,43,55	1931	-	0.01 ± 0	-	-	-
m/z 71,97,55,43,83,70	1952	-	0.04 ± 0.01	-	-	-
m/z 55,41,69,43,71,83	1953	0.01 ± 0	-	-	-	0.11 ± 0
m/z 85,55,98,57,80,43	1958	-	-	-	-	-
m/z 69,43,57,85,141,55	1960	-	0.01 ± 0	-	-	-
m/z 43,58,55,71,57,41	1968	0.01 ± 0.01	-	-	-	-
m/z 68,67,85,43,83,55	1989	0.28 ± 0.25	-	-	-	-
m/z: 85,170,141,142,77,84	2002	-	0.05 ± 0.02	-	-	-
m/z 85,43,59,71,58,55	2013	-	0.07 ± 0.01	0.08 ± 0.05	0.02 ± 0.01	0.29 ± 0.07

m/z 107,108,79,77,71,84	2050	-	$0.01 \pm 0$	-	-	$0.64 \pm 0.13$
m/z 85,55,191,84,109,43	2056	-	$0.06 \pm 0.05$	-	-	-
m/z 57,44,43,71,42,41	2060	-	$0.1 \pm 0.07$	-	-	-
m/z: 43,105,55,67,77,109	2070	$0.03 \pm 0.01$	-	-	-	$0.31 \pm 0.08$
m/z 67,71,82,43,68,55	2084	-	$0.05 \pm 0.01$	-	-	-
m/z 105,57,71,43,77,55	2102	$0.05 \pm 0.03$	-	-	-	-
m/z 94,138,77,57,95,66	2106	-	$0.07 \pm 0.02$	-	-	-
m/z 109,127,77,71,105,81	2124	-	-	-	-	-
m/z 69,55,83,43,57,70	2127	-	$0.05 \pm 0.02$	-	-	-
m/z 73,60,115,57,129,55	2135	-	$0.34 \pm 0.24$	-	-	-
m/z: 162,164,63,98,56,126	2149	$0.01 \pm 0$	-	-	-	-
m/z 43,69,55,83,87,74	2191	$0.02 \pm 0$	-	-	-	-
m/z 120,138,121,92,83,43	2260	-	$0.08 \pm 0.07$	$0.05 \pm 0.07$	$0.02 \pm 0$	-
m/z 91,175,105,79,133,77	2267	-	-	$0.07 \pm 0.04$	-	-
m/z 57,71,43,85,55,41	2288	$0.05 \pm 0.04$	-	-	-	-
m/z 149,177,176,150,71,93	2306	-	$0.11 \pm 0.1$	-	-	$0.24 \pm 0.03$
m/z 85,69,84,57,83,82	2317	-	$0.07 \pm 0.03$	-	-	-
m/z 57,71,43,85,56,41	2349	$0.05 \pm 0.03$	-	-	-	-
m/z 117,90,89,57,70,85	2366	-	$0.05 \pm 0.02$	-	-	-
m/z 99,56,71,100,89,59	2375	-	$0.04 \pm 0.02$	-	-	-
m/z 138,109,120,69,121,83	2391	-	$0.14 \pm 0.11$	-	$0.57 \pm 0.33$	-
m/z 105,83,73,87,82,60	2405	-	$0.04 \pm 0.02$	-	-	-
m/z 149,85,57,150,223,122	2450	-	$0.17 \pm 0.15$	-	-	-
m/z 57,71,43,85,99,41	2467	$0.11 \pm 0.09$	-	-	-	$0.38 \pm 0.16$
m/z 57,71,85,43,55,99	2488	$0.24 \pm 0.22$	-	-	-	-
m/z 57,43,71,85,55,56	2534	$0.05 \pm 0.04$	-	-	-	-
m/z 57,71,85,43,55,56	2556	$0.03 \pm 0.02$	-	-	-	-

m/z 105,77,91,212,51,57	2569	0.01 ± 0	-	-	-	-
m/z 149,91,92,71,150,73	2602	-	0.12 ± 0.08	0.22 ± 0.19	-	-
m/z 73,129,60,43,57,55	2915	-	0.47 ± 0.51	-	-	-

2457

2458 **Table S3.2:** SIMPER analysis *E. cafferorum* at five sites. Values represent mean percentages of the total peak area. These scent compounds  
 2459 contribute to 60% average Bray–Curtis dissimilarity (Diss.) among five sites of *E. cafferorum*. The average dissimilarity is a measure of how  
 2460 scent compounds differ from one another, with 0 indicating no difference and the higher the number, the more different they are. The  
 2461 Contribution % shows the percentage dissimilarity explained by that scent compound, and the Cumulative % tallies the cumulative Bray  
 2462 Curtis dissimilarity metric for the scent compound thus far represented in the table.

Scent compound	Average. Dissimilarity	Contribution %	Cumulative %	Mean Tarn Cave	Mean Witzieshoek	Mean Carter's Nek	Mean Kamberg Reserve	Mean Ntsikeni
Benzaldehyde	2.427	5.498	5.498	0.602	0.488	0.407	0.651	0.203
Phenylethyl Alcohol	1.665	3.772	9.27	0.155	0.0975	0.394	0.116	0.135
Linalool	1.517	3.436	12.71	0.189	0.295	0.346	0.276	0.108
(E)-4,8-Dimethylnona-1,3,7-triene	1.452	3.288	15.99	0.165	0.301	0.375	0.157	0.191
3-Penten-2-one, 4-methyl	1.345	3.046	19.04	0.0742	0.0386	0	0	0.394
m/z 67,44,68,53,39,41	1.268	2.872	21.91	0.132	0	0	0	0.326
Caryophyllene	1.263	2.861	24.77	0.0515	0.206	0.115	0.162	0.133
m/z 73,87,56,100,41,54	1.205	2.729	27.5	0	0.318	0	0	0
Butanoic acid, 2-methyl- (1S,2E,6E,10R) -3,7,11,11-	1.144	2.59	30.09	0.371	0.189	0.261	0.269	0.405
Tetramethylbicyclo[8.1.0]undeca-2	1.138	2.578	32.67	0.023	0	0.216	0	0
5-Hepten-2-one, 6-methyl-	1.009	2.285	34.95	0.053	0.0872	0	0.0931	0.254
m/z 82,71,67,43,55,41	0.9366	2.121	37.08	0.191	0	0.0582	0.0922	0
β-Myrcene	0.8879	2.011	39.09	0.243	0.21	0.0931	0.198	0.203

Undecanal	0.8232	1.864	40.95	0.055	0.0386	0	0.14	0.0976
1,5,7-Octatrien-3-ol, 3,7-dimethyl-	0.7677	1.739	42.69	0.159	0.0695	0	0.0262	0.0593
m/z 82,71,67,43,85,83	0.7201	1.631	44.32	0.0126	0.182	0	0	0
m/z 69,41,43,81,79,67	0.6908	1.565	45.89	0.0531	0.151	0	0	0
m/z 117,90,91,89,65,118	0.6895	1.562	47.45	0	0.124	0.0721	0.0768	0.0339
3-Hexen-1-ol, (E)-	0.6562	1.486	48.93	0.0472	0.0543	0.0552	0.0682	0.236
(E)-Ocimene	0.5694	1.29	50.22	0.107	0.0555	0.125	0.105	0.13
Benzeneacetaldehyde	0.5388	1.22	51.44	0.119	0.122	0.118	0.0506	0.0548
Octanal	0.538	1.218	52.66	0.108	0.0962	0.151	0.135	0.163
Copaene	0.497	1.126	53.79	0.0318	0.0465	0	0.0789	0.0684
Nonanal	0.471	1.067	54.85	0.154	0.173	0.205	0.169	0.243
Benzyl alcohol	0.4643	1.052	55.91	0.226	0.216	0.236	0.221	0.172
m/z 138,109,120,69,121,83	0.4607	1.043	56.95	0	0.0351	0	0.0798	0
Acetic acid	0.4528	1.026	57.98	0	0.0608	0.0686	0	0
3-Hexen-1-ol, acetate, (Z)-	0.4385	0.9931	58.97	0.114	0	0	0	0
1-Octanol	0.4231	0.9582	59.93	0.13	0.0827	0.117	0.0884	0.0644
m/z: 71,43,82,67,99,41	0.41	0.9287	60.86	0.0406	0	0.074	0.0267	0

2463

## Chapter 4: Conclusion and recommendations for further research

### 4.1 Outline and Conclusions

Numerous studies have investigated the reproductive ecology of *Erica*, which is the most species-rich genus of the Cape Floristic Region (Van der Niet, 2021), and recent work continues to provide insight into the diversity of pollination systems in the genus (Lombardi et al., 2021, Newman and Johnson, 2021, Van der Niet and Cozien, 2022). However, few studies have been done on the pollination of *Erica* species outside of the Cape Floristic Region (CFR), even though it is also among the more species-rich lineages in the high-elevation region of the Drakensberg Mountains of southern Africa (Carbutt and Edwards, 2006). This study used a multidisciplinary approach to study the pollination system of *Erica caffrorum* and verify a syndrome-based hypothesis of fly pollination, using observations and experiments at five high-elevation study sites in the Drakensberg Mountains: Carter's Nek, Kamberg Reserve, Ntsikeni, Tarn Cave and Witzieshoek. Hand-pollination experiments were used to quantify the breeding system and pollen limitation, floral visitors were observed and identified based on morphology coupled with DNA barcoding for verification, and visitation rates were combined with the assessment of pollen loads to quantify pollinator importance. Spectrophotometry and chemical analysis of floral scent was combined with bioassay experiments to test the function of floral scent and colour traits for pollinator attraction. These techniques and experiments were used to determine the pollination niche of *E. caffrorum* and the relevant functional traits for exploiting this niche.

In Chapter 2, the results of an investigation of the reproductive biology of *Erica caffrorum* are reported. The hand-pollination experiments showed that *E. caffrorum* could not set seed through autonomous autogamy and is not self-compatible; it is therefore reliant on pollinators for reproduction. The pollinators of *E. caffrorum* comprise a range of insects, but across all five study sites, the most abundant insect order was Diptera, comprising 88.3% of the insects captured visiting flowers of *E. caffrorum*. *Erica caffrorum* can thus be regarded as specialised at the functional group level for pollination by short-tongued flies. Even though there was tremendous diversity among fly identity at the family, genus, and species level, individuals of all fly families found pollinating this plant species have tongue lengths that never exceed 15 mm, or the body length of the flies (Goldblatt and

2496 Manning, 2000), and therefore comprise a single functional pollinator group that is  
2497 attracted to similar scent cues for possible brood or feeding sites. Although some *Erica*  
2498 species are specialised for pollination by flies (Lombardi et al., 2021; Newman and  
2499 Johnson, 2021), these are long-tongued flies that comprise a different pollination niche  
2500 with different functional floral traits. Specialisation for short-tongued fly pollination is,  
2501 therefore, a novel occurrence for *Erica*.

2502 Fly identification solely based on morphology has many drawbacks because some traits  
2503 are notoriously difficult to differentiate (Lambkin et al., 2013), resulting in challenges  
2504 associated with species-level identification with a high chance of cryptic species (e.g.,  
2505 Smith et al., 2006). Thus, DNA barcoding was used as a tool to confirm the identities of  
2506 flies.

2507 Flies were not only the most common visitors but also the most important pollinators in  
2508 four out of the five study sites when pollen loads were taken into consideration.  
2509 Interestingly, there were marked differences in fly assemblages at each site and year  
2510 sampled. Regardless of the variation in fly communities, Muscidae (and especially the  
2511 genus *Neomyia*) were consistently present at each site and each year sampled. Other  
2512 dipteran families, such as the Scathophagidae and Rhiniidae, were also important  
2513 pollinators at Kamberg Reserve and Carter's Nek, respectively. The results of the pollen  
2514 limitation experiment at Carter's Nek showed that *E. caffrorum* is weakly pollen limited  
2515 with a small effect size and a pollen limitation index of 0.18.

2516 In Chapter 3, I quantified floral traits and performed experiments to test their function.  
2517 One of the most studied floral traits in the context of pollination biology is the length of  
2518 the nectar-bearing organ (Alexandersson and Johnson, 2002; Anderson and Johnson,  
2519 2009; Darwin, 1897; Johnson et al., 2017; Peng et al., 2018). I measured several floral  
2520 traits using traditional morphometrics and found significant differences among the three  
2521 sites where flower morphology was measured, with the exception of floral tube length.  
2522 Floral tube length and functional floral depth (anther height and style length) never  
2523 exceeded five mm; this may reflect morphological matching with the short tongues of the  
2524 visitors, especially flies (e.g., Anderson and Johnson, 2009; Whittall and Hodges, 2007).  
2525 The reflectance pattern of the flowers (sepals and petals) and background leaves at  
2526 multiple sites showed that the flowers had increased reflectance at wavelengths of 400

2527 nm onwards; this is characteristic of human “white-cream” flowers also found in other  
2528 fly-pollinated plant species (Johnson et al., 2020; Klecka et al., 2018; Lunau, 2014). When  
2529 the loci of the flowers were plotted in the Troje (1993) categorical model, all loci fell in  
2530 the same quadrant, suggesting that flies cannot discriminate between different flower  
2531 parts (also see Johnson et al., 2020).

2532 I also investigated the floral scent chemistry of *E. caffrorum*. The main scent compounds  
2533 are aromatics (benzaldehyde, phenylethyl alcohol), monoterpenoids (linalool) and  
2534 sesquiterpenes (caryophyllene). A carboxylic acid (2-methylbutanoic acid) is likely the  
2535 scent compound that gives *E. caffrorum* its characteristic scent that is unpleasant. These  
2536 scent compounds are known to attract various insects, including moths and flies (Johnson  
2537 and Jürgens, 2010; Johnson et al., 2020; Knudsen and Tollsten, 1993).

2538 The bioassay experiments I performed tested the function of colour and scent for  
2539 pollinator attraction. The colour/scent choice experiments showed that fly visitors  
2540 preferred white over green with and without the presence of a scent mixture; flies always  
2541 preferred the option with scent present when offered a choice between two treatments that  
2542 did not differ in colour. The results of this experiment show that colour and scent both  
2543 function for fly attraction in *E. caffrorum*. The results for the other flower visitor groups  
2544 were less conclusive, partly due to a small sample size.

2545 The scent composition choice experiment results showed that the flies were consistently  
2546 attracted to the acid-benzaldehyde blend over the hexane control at two of the three  
2547 experimental sites. The flies were also attracted to the acid by itself but did not show  
2548 attraction to benzaldehyde alone. Other flower visitors were attracted in much lower  
2549 numbers to the scent experiments, and neither clear nor strong trends in the attraction of  
2550 non-fly visitors were detected: At one site, benzaldehyde appeared to deter non-fly  
2551 visitors, but at another it functioned to attract. Although results of the scent bioassays for  
2552 non-fly flower visitors to *E. caffrorum* were inconclusive, these experiments clearly  
2553 demonstrate the function of the acid component of the scent bouquet, either alone or in  
2554 conjunction with benzaldehyde, for attraction of fly pollinators to flowers of *E. caffrorum*.

2555 Fly pollination in *Erica* has hitherto only been documented in the context of highly  
2556 specialised long-proboscid fly pollination systems, which are specialist nectar feeders, in  
2557 southern Africa (Lombardi et al., 2021; Newman and Johnson, 2021). For example, *Erica*

2558 *aristata* has flowers that have long, narrow corolla tubes with narrow openings and  
2559 contrasting white and pink petals (Lombardi et al., 2021), which may function as nectar  
2560 guides (Hansen et al., 2012). These traits are typically associated with long-proboscid fly  
2561 pollination generally, and *E. aristata* is exclusively pollinated by a single tangle-veined  
2562 fly species (Diptera, Nemestrinidae). In contrast, *E. caffrorum* has relatively small  
2563 flowers with no contrasting reflectance patterns of sepals and petals, although flowers  
2564 have a similar human-perceived white petal colour to *E. aristata* (Lombardi et al., 2021).  
2565 Many other small-flowered *Erica* species share various degrees of overlap in reflectance  
2566 patterns to *E. caffrorum*, and flies have also been recorded as visitors to some of these  
2567 small-flowered *Erica* species; however, these species were pollinated mainly by  
2568 honeybees (Bouman et al., 2017) and were characterised by different scent chemistry.  
2569 The scent chemistry of *E. caffrorum* sets it apart from the long-proboscid fly-pollinated  
2570 *Erica* species, that are usually unscented, and other small-flowered *Erica* species because  
2571 of the scent compounds that are known to function for fly attraction such as carboxylic  
2572 acids function in the attraction of *Drosophila* species (e.g., Shrestha and Lee, 2021).

2573 Results of this study strongly suggest specialisation for short-tongued fly pollination in  
2574 *E. caffrorum* with short-tongued flies, opportunistic nectar feeders, as the predominant  
2575 visitors at all of the five sites at which pollination was studied. The short-tongued flies  
2576 comprised 88.3% of pollinators of *E. caffrorum*, which is higher than the 75% threshold  
2577 suggested by Fenster et al. (2004) to be characteristic of specialised pollination. However,  
2578 an alternative explanation for the observations of predominantly flies as pollinating  
2579 agents of *E. caffrorum* may be that the sites where *E. caffrorum* was studied have a  
2580 depauperate insect fauna in which flies dominate. This would constitute a case of  
2581 “imposed specialisation” (sensu Armbruster, 2017), in which specialisation is not  
2582 necessarily due to functional traits that partition the local pollinator community but due  
2583 to the absence of many common pollinator groups. Indeed, at the high-elevation sites  
2584 where *E. caffrorum* was studied, flies are often one of the dominant pollinators of other  
2585 plant species, too (see McCabe et al., 2019). In case of imposed specialisation, if other  
2586 insects had been present, they might have also been found visiting *E. caffrorum*, as was  
2587 the case for the CFR-based small-flowered *Erica* species that were pollinated primarily  
2588 by honeybees but also visited by flies (Bouman et al., 2017). Under this scenario, the  
2589 presence of benzaldehyde, which is a known attractant of bees (e.g., Theis, 2006), may

2590 be easier to explain compared to a scenario of functional specialisation for flies.  
2591 Distinguishing between these two scenarios can be resolved by 1) reconstructing  
2592 pollination networks for the entire community that *E. caffrorum* is part of and 2)  
2593 characterising the pollinator community objectively by catching insects using techniques  
2594 such as malaise traps and pitfall traps in order to objectively sample the community of  
2595 insects present at these high-elevation study sites. Both of these techniques have  
2596 advantages and disadvantages and should ideally be used complementarily to assess the  
2597 insect community at high elevations.

2598 *Erica caffrorum* shows similarities with several short-tongued fly-pollinated plant species  
2599 in the Drakensberg Mountain range that do not have the floral appearance of known  
2600 carrion or dung mimicry pollination systems: species of *Eucomis*, *Wurmbea* and  
2601 *Schizochilus* are pollinated by species within Calliphoridae, Muscidae, Sarcophagidae  
2602 and Scathophagidae (Johnson et al., 2020; Shuttleworth and Johnson, 2010; Van der Niet  
2603 et al., 2010). *Erica caffrorum* produces small quantities of nectar, for which quantification  
2604 was outside this project's scope. *Erica caffrorum* may conform to a similar Drakensberg-  
2605 centred pollination guild, including *Eucomis bicolor* and *E. humilis*, which are also  
2606 nectar-producing and exclusively fly-pollinated, although the functional scent  
2607 compounds are oligosulphides rather than acids (Shuttleworth and Johnson, 2010). These  
2608 compounds are also important in stapeliads that mimic carrion scent, but these species  
2609 often produce minute amounts of nectar that may not serve as a food reward but as a  
2610 "teaser" to help position the pollinator for contact with reproductive parts (Jürgens et al.,  
2611 2006). Another member of the high-elevation fly pollination guild may be *Wurmbea*  
2612 *elator*, which uses indole and skatole, which are thought to mimic faeces (Johnson et al.,  
2613 2020). The scent compounds produced by *E. caffrorum*, especially the carboxylic acid 2-  
2614 methylbutanoic acid, are also found in the excretory waste of animals (Cossé and Baker,  
2615 1996). For this and other species of the putative guild, it remains unclear whether the flies  
2616 attracted to these scent compounds are initially attracted through innate preferences,  
2617 similar to the mechanism considered important for mimicry, or through other mechanisms  
2618 (Johnson and Schiestl, 2016). Further behavioural experiments are required to fully  
2619 understand whether mimicry plays a role in the pollination of these species. Experiments  
2620 using gas-chromatography coupled with mass spectrometry (GC-MS) combined with  
2621 electroantennographic detection (EAD) could test the role of specific candidate scent

2622 compounds of other plant species in similar high elevation environments that could attract  
2623 a similar assemblage of short-tongued fly pollinators.

2624 The similarity in traits between *E. caffrorum* and several other distantly related plant  
2625 species in high-elevation ecosystems suggests that the pollination of scented, small, white  
2626 flowers by short-tongued flies found here likely represents a more widespread pollination  
2627 system whose importance in southern African mountain regions is currently  
2628 underestimated. Further empirical studies of pollination and macroevolutionary research  
2629 is needed to help us better understand the patterns of short-tongued fly pollinator-driven  
2630 diversification of high-elevation plant species.

2631 **4.2 References**

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