

SOCIAL AND ECONOMIC IMPACTS OF
COMMUNITY BASED TOURISM
PROJECTS: A CASE STUDY OF THE
MEHLODING COMMUNITY TOURISM
PROJECT

By

Juan Antonio Reina del Valle

A dissertation submitted in partial fulfilment of
the requirements for the degree of:

Masters in Development Studies

School of Development Studies. University of
Kwazulu-Natal, Durban, South Africa

2005

Declaration:

This dissertation represents original work by the author and has not been previously submitted in any form to any University. Where use has been made of work of others, this has been duly acknowledged and referenced in the text.



Juan Antonio Reina del Valle

Alcalá de Guadaira (Sevilla), Spain 27/06/05

Acknowledgements:

I want to thank all the people and institutions that have made possible the realization of this dissertation. To my family for all their support and visits to South Africa to make my stay more pleasant in this country. To my supervisor, Glen Robbins, for his invaluable help, patience and wise advice. To Anna Marriott for her corrections and for coping with my Spanish way of being and my particular English grammar. To Andrea Giampiccoli for his endless list of bibliography and his help. To all the staff of the School of Development Studies for their teaching, availability, encouragement and support. And finally to the Agencia Española de Cooperación Internacional (AECI) and the Ministerio de Asuntos Exteriores y Cooperación of Spain, for its economic support and scholarship without which all this “South African” experience would not have been possible.

Motivation

The main reason for me to undertake this study is the close relation and involvement I have had during the last years with the tourism field in developing countries, mainly in Latin American the Caribbean. Nature-based resources for tourism are commonly abundant in these countries such as the Amazon jungle, the Andean Cordillera, the coral reef, etc. just to mention some of them. However in most of the cases the local population and communities are not the major beneficiaries, whether because of a predominance of foreign privately owned companies or due to a lack of knowledge, initiative and support to the communities to be able to start their own projects. To address this problem the option of community-based tourism project has been pointed to and in some cases implemented as a possible and sustainable alternative. In particular in rural South Africa this approach has been considered and put into practice in a few communities such as in the case study of this dissertation - the Mehlooding Community Tourism and its two products: the Mehlooding Adventure Trail and the Masakala Traditional Guesthouse in the Eastern Cape Province in South Africa.

MAT : Mehlooding Adventure Trail.
MCT : Mehlooding Community Tourism.
MCTT : Mehlooding Community Tourism Trust.
MDB : Municipal Demarcation Board.
MDTP : Maloti Drakensberg Transfrontier Project.
MNC : Multi National Corporation.
MTG : Masakala Traditional Guesthouse.
NBT : Nature Based Tourism.
NGO : Non Governmental Organization.
NIC : Newly Industrializing Country.
PPT : Pro Poor Tourism.
PSC : Project Steering Comitee.
RDP : Reconstruction and Development Programme.
RETOSA : Regional Tourism Organization of South Africa.
SA : South Africa.
SAP : Structural Adjustment Programme.
SMME : Small and Medium Enterprises.
TCSP : Tourism Council of the South Pacific.
TDP : Tourism Development Process.
TNTC : trans-national tourism corporation.
UMTA : Umzimbuvu Matatiele Tourism Association.
UN : United Nations.
UTA : Ukhahlamba Tourism Association.
VSA : Volunteer Service Abroad.
WB : World Bank.
WTO : World Tourism Organization.
ZAR : South African Rand.

Part I: Theoretical Framework

This first part intends to set the theoretical foundations of the dissertation that can help to understand and to underpin the different issues of the case study in part two. In doing so, this part has been structured in three chapters that deal with tourism, the links between tourism and development, and between community participation and tourism.

1. Tourism.

The main aim of this chapter, besides introducing the concept of tourism accompanied by a brief historical overview of its evolution, is to give an overview of the main kinds of tourism including the central one in this study, community based tourism, and to identify the main stakeholders that play a role and exert their influence over the tourism sector. This will further the understanding of the different role players and their functions in the case study.

1.1 The concept of tourism:

In defining tourism there is some confusion derived from the fact that the words tourism and travel are used indiscriminately to mean similar things. However, three common elements are present in the concept of tourism: the movement of people, a sector of the economy, and a system of interacting relationships between the need and desire to travel (demand), and the attempt to answer this need or desire (supply) (Page et al., 2001). In trying to conceptualize tourism Burkart and Medlik (1981) distinguish five characteristics which can help to define tourism:

- Tourism comes from the movement of people and their stay in the destination.
- Two elements can be separated, the journey itself and the stay with its activities.
- The above two elements occur outside the normal place of residence and work, and have therefore led to the development of different activities to those of the residents and working populations.
- The movement is characterized for being temporary, generally of short term.

- The purposes of the visit are other than taking permanent residence and/or getting remunerated employment in the place/s of visit.

These characteristics give a clear concept of tourism in which the movement and stay of people for a short period, in a place different from that of normal residence or work, have purposes other than living and/or working.

In this regard the World Tourism Organization (WTO), gives a very similar definition in which tourism comprises: "The activities of a person travelling outside his or her usual environment for less than a specified period of time and whose main purpose of travel is other than exercise of an activity remunerated from the place visited." (1991: no page).

1.2 Tourism: an historical overview

Tourism, understood as the practice of travelling for recreational purposes, is not a new phenomenon; there are signs of it from centuries ago in the ancient Egyptian, Greek and Roman cultures. Historically, religious reasons have always been an important motivation for travelling, from the medieval pilgrimages such as the "Camino de Santiago" along Europe, which led to the development of a network of inns and hospitals to cover the needs of the pilgrims; to current "pilgrimages" to holy or religious places such as Mecca, Jerusalem, Vatican, etc. which generate large tourist incomes for the host countries and contribute to the development of their tourism industry. Following the pilgrimages in the middle age, the "Grand Tour" became popular among the North American and the European middle class, but what has really boosted tourism in the modern era, and in particular mass tourism, has been the invention and the improvements of the different forms of transport. For example, the development of the railways in the nineteenth century helped to popularize seaside resorts that were conveniently located nearby main industrial cities, which until then had been only in reach of the upper classes. In the second half of the nineteenth century the construction of large and luxurious cruise liners increased long-haul travelling (Harrison, 2001). At the same time the Fordist production of cars, making them more affordable, as well as the improvements and expansion of the roads helped increase tourism throughout Europe and North America. In the twentieth century the biggest contribution to the increment of the number of tourists and destinations was definitely made by the plane,

with the introduction of charter flights, passenger jets, and the construction of new airports that opened up a bigger range of destinations.

All these improvements in tourism and the expansion of it to a larger sector of the population with different interests and purchasing power led to differentiation in the sector and the creation of various types of tourism.

1.3 Tourism types:

Depending on the criteria used we can find many different types of tourism, only the most common and useful for this study will be defined.

Mass tourism:

This is large scale tourism, derived from the modernization and neoliberal development trends defined by Telfer (2002a), in which the main aim is to increase the supply and the profits, resulting in a generally high and disruptive impact in the host communities, low sustainability and external ownership.

Alternative tourism:

Alternative tourism is a concept that has been widely used, meaning many different things, sometimes to describe any tourism initiative that is different to conventional tourism, and sometimes just as a trendy and fashionable word. However, there are some common characteristics that according to Telfer (*ibidem*), can help to define this kind of tourism. It is a type of tourism that is small in scale and dispersed, which tries to promote a closer and non disruptive contact between the tourists and the host communities. The ownership is more oriented to local instead of foreign businesses. It encourages and promotes community participation in the tourism planning as well as in the related development. It emphasizes the idea of sustainability, both from an environmental point of view as well as from a cultural one. And finally it respects the host communities in its culture and traditions avoiding or minimizing any possible alienation or disruption of them. Defining the different types of tourism within this concept of alternative tourism is a controversial matter and still subject to debate.

1.4 Tourism entities and their roles

The tourism sector depends on three different entities which, due to their varied interests and capacity, influence the tourism sector in every domain:

- a. Private sector
- b. Public institutions/organisations
- c. Society/Community

Since the start of modern tourism in the middle of the nineteenth century the relevance of private enterprise in tourism has always increased parallel to the growth of the tourism market itself. The sector can be divided by company size and by sectorial business within the tourism sector (Mowforth and Munt, 1998). At the higher levels there are the TNTCs (trans-national tourism corporations) which are sub-divided by business sector, such as accommodation, transport, etc. The level of control over the tourism sector is directly related to the size of the company.

The geographical location of companies is also a very important factor that can determine the level of power in the global tourism sector. Today, major tourism companies in all sectors are owned and mainly located in three regions: North America, Western Europe and Japan. In addition, recent years have witnessed an increase in horizontal (within the same sector) and vertical (between different sectors) integration. The role of these companies is quite different. In general it is possible to say that TNTCs control the majority of the conventional tourism sector, and medium size enterprises tend to exploit specialised alternative niche markets and the residual “crumbs” of conventional tourism left over from the TNTCs. Finally, small sized firms rely on the business of the other two.

Since the 1950s, when there was virtually no public sector tourist planning, public institutions have enormously increased in importance after having assumed that tourism need to be fully planned, otherwise tourism could not bring the expected benefits to developing countries (Scheyvens, 2002). The public institutions involved in the different aspects of tourism development can be located at sub-national (provincial and local), national, regional and international level. At sub-national and national level,

governments, along with their agencies, are surely the key players in the development of tourism within their countries. Two kinds of influence can be recognised: internal and external.

Probably the most important internal policy that a government implements is the development of a general tourism plan with long-term emphasis. This is because “unregulated short-term initiatives which serve the narrow interest of powerful forces may well jeopardise the sustainability and longer term tourism potential” (Brohman, 1996: 62).

Government legislation is also very important regarding the strategies to use for a wider local participation. Development is about the improvement of the masses in a holistic manner. In a national strategy only governments have the capacity to empower (or not) local communities. Key policy elements that can support local community development, depending on how they are implemented, lie in the following areas (Scheyvens, 2002):

1. Tourism planning and policy
2. Tourism marketing
3. Tourism regulation standard
4. Land use planning
5. Tourism training and licensing
6. Cooperation between community and private sector
7. Information, staffing
8. Parks pricing and development
9. Credit

The World Tourism Organization (WTO) distinguishes five ways in which the state is involved in tourism: establishing the framework in which public and private can cooperate; legislating and regulating cultural and environmental protection; providing infrastructure; developing training and education for tourism; and formulating policies and planning for tourism development (Raphael 1993 cited in Harrison, 2001). Another important sphere of intervention of the governments is the spatial distribution of the tourism throughout the country - in some cases restricting tourism expansion to limit its

possible negative impacts and in some other cases, expanding it to depressed and less favoured areas to promote growth and poverty alleviation.

A key external influence that developing country governments can exert is the implementation of marketing campaigns. Governments have the capacity to develop a national or sometimes co-operative multi-country marketing campaign at global level. Another potential external influence that public institutions can have is through the engagement and coordination at different levels with other public institutions, as well as the integration with cultural projects and the protection of heritage sites. As Rogerson (2001: 325) points out, “the emphasis on regional economic co-operation is increasingly important”. Examples of institutional regional co-operation in tourism are, among others, the Regional Tourism Organisation of Southern Africa (RETOSA) and the Tourism Council of the South Pacific (TCSP). Finally, national governments are engaged in negotiating national and international policies with international institutions and/or bilateral cooperation agreements.

Clearly, regardless of the kind of tourism promoted, the state has got a role to play but this seems particularly so in sustainable tourism. In this regard the governments have got their say and can create the conditions for sustainability, coexisting with strategies for conventional tourism such as infrastructure development, the admission conditions of tourists in the country and influence on exchange rates.

The tourism related literature (de Kadt, 1990, Brohman, 1996) agrees that if a more sustainable form of tourism is desirable a more active role for the state is needed. In fact in some respects, it is only the state which can facilitate a shift to greater sustainability. If tourism is left to the self regulation of the market, it is known that the latter has got imperfections and the sole interest of the big TNTCs will prevail, fostering large scale mass tourism, big hotels and facilities without much sensitivity for the environment and the interest of the host communities, and in particular the poor.

Civil society organisations include Non Governmental Organisations (NGOs), Community Based Organisations (CBOs), grassroots organisations, etc. at local, national or international level. Western-based INGOs (International NGOs) have generally four main areas of intervention:

1. Funding
2. Field work projects (design and implementation)
3. Monitoring
4. Political pressure

INGOs can fund tourism projects in developing countries. Such funding can serve to emphasise western concerns such as environmental conservation, over local needs and priorities. In this way an ecologist (cited in Mowforth and Munt 1998: 179) “warned Zimbabweans to beware the evils of development. Nature, he claimed, needs to be protected from economic exploitation so that society can enjoy the aesthetic and recreational benefits of an unspoiled countryside”. The discourse concerning the role of developing countries’ own NGOs, especially at micro-level, is different. Their perspective is usually more concerned with people, the emphasis of local NGOs is on people participation and empowerment. They usually have a more democratic decision-making process. This does not eliminate the problem that also in so-called “democratic” NGOs, local elites and factors like gender, age and other social divisions can seriously damage the spread of benefits deriving from the tourism project.

tourism effects entered the debate. The third period is characterised as the “differentiation period” (*Ibidem*). Here extreme positions were replaced by more pragmatic approaches and alternative tourism attracted more research due to its potential to promote better environmentally, socially, and culturally sustainable tourism.

In recent years there has been some research carried out on tourism and regional development. Studies on tourism in the regional context include Santana (2001) who explores the tourism sector within the MERCOSUR (South Cone Common Market) and Than (1997) and Henderson (2001) who have researched tourism and regionalism in the Greater Mekong Region and the Indonesia-Malaysia-Singapore Growth Triangle respectively. Despite these efforts much remains to be done in this area of research.

2.3 Neoliberal development and tourism:

Tourism policies and the debate on tourism have followed the more general debates regarding development approaches. As has already been explained, Telfer (2002a) proposes that the development paradigms can be classified as Modernisation, Dependency, Neo-liberalism, and Alternative Development. Logically, as an important sector in the economy, tourism has been influenced by these mainstream development theories. Due to space constraints and for the purposes of this study only two paradigms and their influence over tourism will be analysed in depth here - the neoliberal model, which gave rise to an outward oriented form of tourism i.e. mass tourism or conventional; and the alternative model which led to the alternative tourism approaches.

The post-war period commenced with a general pessimism about the export oriented potential of developing countries and therefore inward oriented strategies, such as import substitution industrialization, were adopted. This view began to be challenged in the mid 1970’s in favour of outward oriented or neo-liberal development strategies, and was boosted by the conditional lending of the International Financial Institutions (IFI) such as the International Monetary Fund (IMF) and the World Bank (WB). These institutions promoted market oriented growth and the reduction of state interventionism, putting emphasis on new growth sectors in which developing countries (DCs) could have comparative advantages, such as international tourism. According to Brohman (1996), support for this outward oriented view in the economies of DCs and in the

tourism sector in particular, was based on seven arguments. First, growth in certain economic sectors, including tourism, is dependent on access to global markets. Access is achieved via outward oriented strategies. Second, these policies were regarded to be the least damaging from an economic efficiency point of view as well as the most beneficial in terms of productivity. Third, long term growth would be facilitated by the multiplier effects of foreign trade and tourism. Fourth, earnings from trade and tourism would enhance the macroeconomic figures of the countries giving them more credibility to access the international financial markets. Fifth, tourism earnings would be a large source of strong currencies to buy necessary imported goods. Sixth, the effects of these policies would increase the economic efficiency by increasing scale economies and technological diffusion. And seventh, the rapid growth of certain economies such as the Asian tigers and Newly Industrializing Countries (NIC), which adopted, among other measures, outward oriented strategies, constituted empirical evidence of the benefits of this orientation.

However, evidence in the development literature (Black 1991, Frobel, Heinrichs and Kreye, 1980 cited in Brohman, 1996) of truncated, unequal, and exclusionary development caused by outward oriented growth, suggests the need to proceed with caution. As a matter of fact, in the case of tourism in the developing world, some of the shortcomings and contradictions shown include excessive foreign ownership and dependency; loss of control over local resources; overseas leakage of the earnings related with the foreign ownership; lack of articulation with other local economic sectors; instability and fluctuation of the earnings due to volatility and seasonality of tourism, reinforcing spatial unevenness; environmental destruction and adverse social and cultural effects among the local population (Brohman, 1996).

The control exerted by trans-national corporations over mass tourism in DCs contributes to the replication of old models of dependency. The dependence of DCs on mass tourism corporations and foreign capital, particularly in the areas of marketing, transportation and food and lodging, is a consequence of the imbalance of power between corporations and governments as a result of the need for foreign investment and the lack of interest and initiative within foreign companies to increase local participation. This dependency within tourism has been described by Britton (1980, cited in Brohman 1996: 54) as “a neo-colonial extension of economic forms of

underdevelopment". Very closely related to the above is the problem of the loss of control over local tourism resources by host communities, often because the decisions over such resources are made by small external elites who are heavily influenced by the tourism industry. Foreign control and exploitation of tourism resources means that most of the profits generated from the sector are repatriated to the corporation's host country. Such leakage starts from the point of infrastructure construction, continues with the consumption of imported goods by tourists and also includes such things as the payment of foreign staff. Repatriation of profits reaches, in some cases, up to 70 % of the foreign exchange generated (*ibidem*). This problem has been aggravated by the lack of coordination and articulation with other local economic sectors and in particular with agriculture. As a result the potential multiplier effect of tourism in the domestic economy is lost. This has been found to be particularly true in large scale, foreign dominated tourism, whereas higher multiplier effects have been associated with smaller scale, locally owned forms of tourism in some studies (e.g. Pearce, 1980 in Brohman 1996). Besides this leakage, tourism is a very volatile and seasonal sector. External factors such as economic recessions, exchange rates, natural disasters, etc. all contribute to an increase in the instability of this export sector. Parallel to this, tourism has contributed to a reinforcement of spatial inequality and unevenness since in most DCs tourism has been promoted in certain areas of the coast, leaving the interior areas even more underprivileged. Another common problem caused by some forms of tourism has been environmental destruction - creating irreparable damages whether by misuse or overuse of natural resources such as water for golf courses, damage to marine life, etc. In addition, there are many potential negative social and cultural effects accompanying tourism such as the rise of crime, child prostitution, and alienation of local people caused by a loss of cultural and social identity.

2.4 Alternative development and tourism:

A concern with sustainability is the major influence of this paradigm on tourism and it is precisely within this stream that the idea of community-based tourism, the pre-occupation of this study, was born. Under the umbrella of this approach, and helped by the negative effects of the mass tourism stated in the previous paragraph, arose the concept of alternative tourism - already defined in the previous chapter and within which concepts such as sustainable tourism, ecotourism, community-based tourism are

However, it has been only in the last forty years that tourism has really increased and has been considered by many as a solution for developing countries and an alternative to DC economies based only on raw materials and the primary sectors. Described by some as “the white industry” (*Ibidem*), tourism on the one hand granted the possibility of generating foreign exchange, making it very appealing to DCs, and on the other hand, the presence of sun, sea, sand, exotic cultures, wildlife and overall a convenient exchange rate for international tourists, constituted the perfect ingredients for a long lasting marriage between developing countries and international tourism. Among the main benefits promised by the industry included employment generation, greater balance in the terms of trade, increased foreign exchange and the reduction of migration. However this has often not been the case in developing countries, and in addition, problems already described including negative socio cultural and sometimes economic impacts, have arisen.

The reality of the situation is that, although in the last forty years tourism has largely increased in DCs and in the East/Asia Pacific region in particular (WTO, 2005), the bulk of international tourism remains within the developed world. In the year 2002 the tourist arrivals to developing countries amounted to only 25 % of the world total, with Africa representing only 4.1 % (WTO, 2005). Of interest in the data, and something that could be considered for promotion purposes, is that the majority of the tourism world wide is intraregional not inter-regional. Another characteristic of tourism in developing countries is the enormous difference in tourist arrivals among them, with China and Mexico far above the rest. There is also a concentration of tourist arrivals in just a few countries - while there are more than 150 developing countries, twenty five of them account for 88% of tourist arrivals within the developing world. In the world’s top destinations, even though some developing countries like Turkey or the Republic of Korea, improved their rankings during the 1980’s; only six developing countries were among the top twenty in 2003 (WTO, 2005).

A positive finding in the data is that among the world’s top emerging tourism destinations in the period 1995-2002, defined by WTO as those growing at a rate double than the world average (3.6 %) and increasing at least in 150000 arrivals (WTO, 2005), the majority of countries belong to the developing world (see table 1). Among these China is the fastest growing and has similar values to those of the biggest destinations in

the developed world such as Spain and France. Per region, the Middle East has the highest average growth (10.6%) and is the only region that is growing at a rate that is at least double the world average. Asia and the Pacific and Africa are also among the regions with the fastest growth rates but in the last the absolute number of arrivals is one of the lowest, being only smaller in the Americas. Of particular interest for this study is the fact that South Africa is not among the emerging tourist destinations in Africa. Within the Americas the emerging destinations are mainly from Central America and the Caribbean; and in Europe they are the Newly Independent Countries - making tourism a potential contributor to their development (*Ibidem*).

an analysis of the limitations in the tourism development process (TDP) at three levels, namely, operational, structural and cultural.

1) Limitations at the operational level:

a) Centralization of public administration. This is related to the excess of centralization that exists in developing countries, as opposed to the decentralization of powers, from central to local government, needed for the successful implementation of CP.

b) Lack of coordination. Very closely related with the previous argument is the fact that very often a highly bureaucratized government lacks coordination between the different levels: central, provincial and local. In an already highly fragmented tourism industry, coordination is also needed between the other actors participating in the process, such as the private sector, community, NGOs.

c) Lack of information. Generally in developing countries there is a lack of good and reliable tourism data or if they exist, they are not well known or easily accessible by the community. This increases the gap between the decision makers and the community which has to participate in the process. Sometimes this information problem also applies to the lack of reliable and up to date information possessed by the decision makers about the communities to be empowered by the TDP.

2) Structural limitations:

a) Attitudes of professionals. Some professionals responsible for the implementation of a theoretical CP in tourism are resistant to the idea. This may be because they do not believe in it or because it will cost extra time and money. For these reasons it is not easy to persuade technocrats with little community knowledge and no tourism background, about the potential benefits of CP in the tourism process.

b) Lack of expertise. The participatory development approach is often absent from tourism planning in developing countries due to the lack of qualified experts in tourism in DCs who have received enough training and ideas of how to incorporate CP in the tourism industry. Sometimes this is due to a lack of resources and

initiatives to qualify them and sometimes because the tourism planning in these countries depends on the expertise of foreign donors who are more interested in other outcomes.

c) Elite domination. This occurs and limits the CP in two spheres. The first is in countries with young democracies coming from totalitarian systems or unreliable democratic systems. Here there is a traditional lack of interest of the ruling elites in the participation of the masses due to the possible loss of control and power in favour of the majority. The second is in cases where even if the participatory approach occurs in theory, in communities with high levels of inequality or with some kind of traditional leadership system characterized by certain despotism, only the most favoured are represented, i.e. the repetition of the previous sphere within the poor sphere where only the rich within the poor participate in the TDP.

d) Lack of appropriate legal system. A legal system which promotes a framework for participatory development is needed as a base for CP in tourism but this alone is not sufficient. The system must also be able to implement and put into practice these laws and regulations.

e) High cost of CP and lack of economic resources. Compared with a non participatory approach, CP demands more time, money, skills and effort. It may also raise expectations in the community which are not easy to meet. This may discourage governments with few resources (economic as well as human, organizational, etc.) to implement this kind of approach.

3) Cultural limitations:

a) Limited capacity of poor people. For obvious reasons, poor people have their own hierarchy of needs and first of all they have to satisfy the basic needs, among which is not dealing with political issues about the need or convenience of CP in tourism. This suggests that CP in tourism has to be previously or simultaneously underpinned by other initiatives which palliate those needs, in order to become a solution itself for development in poor communities.

framework and the planning materials. This was either because people could not locate them or because they did not exist. This problem was in part overcome through the use of the direct information previously mentioned and through the questionnaires, as will be further indicated in chapter seven. This primary research has been complemented by secondary sources of information such as articles, reports, tourism projects, related web pages and various other publications.

and, due to the richness of resources and the current relatively low level of GDP contribution, it seems to have great potential (Tifflin, 2004).

5.2 Provincial level: Eastern Cape.

The Eastern Cape, with an area over 170.000 km², of which a 70% is rural, and a population of seven million, is the second largest province in the country and enjoys a strategic advantage for tourism potential in terms of location since it lies in between Kwazulu-Natal and the Western Cape, South Africa’s premier domestic and international tourist destinations respectively (see map 1). With more than 800 km of unspoiled beaches along its southern Indian Ocean coastline, the Eastern Cape offers “no one big thing but a whole lot of everything” (ECTB, 2003: no page). However, the EC is one of the poorest provinces in SA; according to the Eastern Cape Provincial Government (2005) its GDP in 1999 was around R57 billion which represented only 7.5% of the country’s total. The province is also affected by poverty and high unemployment which stood at 54.9% in 2003 (ECDC, 2004).



Source: ECDC, 2005.

Map 1. Location of Eastern Cape

The current characteristics of the tourism sector in the EC, as well as the main guidelines for tourism intervention, are described in the Eastern Cape Tourism Master Plan (ECTMP). EC tourism is focused on ecotourism and among its primary features are its climate, the variety of ecosystems and the presence of different cultures and their traditions. Tourism in EC relies heavily on its natural resource – the EC has incredible biodiversity and is the only province in South Africa where all 7 biomes and 29 Acocks

veld types can be found. A major problem however is that this biodiversity is threatened (ECTB, 2003: no page).

The ECTMP contains the following significant data regarding tourism infrastructure. In terms of accommodation capacity over 24.000 beds were counted in 1997, of which the hotels ones are mainly occupied by business travellers. Of the foreign visitors, 48% stay in hotels, 38% are visiting friends or relatives and 31% stay in Bed & Breakfast and Guest Houses (ECTB, 2003: no page). There are about 34 Travel agents based in the province and there is enough transport for the affluent tourists. The roads and signage are in the process of being upgraded and represent a limiting factor in certain rural areas, including the area of the case study project, Alfred Nzo district. Safety is also a limiting factor which the province is trying to tackle through a Tourism Safety Task Team. The EC province counts with different tourism organizations, both in the public and the private sectors. In the public one, the most relevant are the Eastern Cape Tourism Board (ECTB), and the Community Tourism Organizations (CTOs). In the private sector, there is a tourism marketing syndicate. However not all of these bodies or organizations perform at the desired level. The main contribution of tourism recipients in the province comes from domestic tourism. The EC is the third most popular destination for domestic tourists in the country along with two other provinces, and is the fifth for foreign tourists.

According to the ECTMP (ECTB, 2003), the tourism intervention in the EC is said to be in concordance with the national White Paper on the Development and Promotion of Tourism in South Africa and endorsed by two national Departments namely the Department of Environmental Affairs and Tourism (DEAT), and the Department of Economic Affairs, Environment and Tourism (DEAET); and provincially by the ECTB. And the tourism planning and development is being embedded within the Integrated Development Plans (IDPs). In this framework, the type of tourism pursued has “responsible tourism” as its leading principle, not as a type of tourism but as a way of doing tourism planning, policy and development, that ensures a fair distribution of the benefits among all the stakeholders participating in the process. This has to be reflected in a proactive approach that: develops the industry in a responsible manner; takes a responsible attitude towards the environment through sustainable practices focusing on environmentally based tourism activities; incorporates

a commitment by the government to involve local people in decision-making processes; promotes a meaningful engagement between tourism and other sectors; promotes responsible behaviour from the side of the operators and employees to safeguard tourist health and safety; and to promote a responsible attitude amongst the tourists in order to respect the local culture, traditions and environment (ECTB, 2003). In terms of the type of tourism to be marketed, and in line with the previous principles and eco-tourism ethics, a responsibly developed, small scale and natural heritage tourism along with responsible diving and marine-oriented tourism, are the key products and focus for the ECMTP.

The Master Plan pays special attention to Community Based Tourism (CBT) in the EC in its section 4.6, and according to it, the province should use the framework and principles provided at national level in the five year plan for CBT prepared by the Executive Committee of the Community Tourism Association of South Africa (CTA). This plan includes the analysis of roles and functions of community based tourism organizations and it could be used for the development of CBT in different areas of the province. The plan underlines the importance of the existence of a shared vision and common projects to make the communities work together; it also gives attention to the concept of capacity building by proposing the creation of specifically designed training programmes on CBT.

5.3 Municipal level: Alfred Nzo District.

Alfred Nzo District (AND) is an underdeveloped and mainly rural area. It is perhaps the least developed region for tourism. At this stage, its peaceful and rural environment, with the backdrop of the Drakensberg Mountains, and the opportunity to experience traditional Xhosa rural culture, are its unique selling features. However, according to the ECTMP (ECTB, 2003) it has great potential for community based tourism and in this regard the Mehloping Community Tourism (MCT) anchor project, which involves 11 local villages, as well as the inclusion of the area within the boundaries of the Maloti Drakensberg Transfrontier Project (MDTP) could stimulate tourism growth in the region.

6.2 Genesis of the project

The project was born in the late 1990's as a result of the LDO/IDP process (Local Development Objectives/Integrated Development Planning), within the framework of the Development Facilitation Act of 1995. Under the funding of the Swiss Agency for Development, which had a specific focus in the area, a detailed and participatory planning process led to the establishment of the Maluti Development Planning Committee who were tasked with identifying possible major potential sectors for poverty alleviation in the Maluti District. Twelve sectoral areas were identified and tourism was amongst them. This came to support "the vision" of Mr. Simon Lesia, a 72 year old community member who had to migrate into Lesotho for political reasons and who then returned, following Mandela's release, to "his mountains" (Lesia, 2005). In 1997 Mr. Lesia saw the potential of this area for attracting visitors and stimulating local development.

An Environmental and Tourism Task Team was established to explore the possibilities of this sector. In 1999 the Eastern Cape Tourism Board (ECTB), with the support of the EDA trust (Environmental Developing Agency), an NGO which has been operating in the area for about 25 years providing rural development support and which became the implementation agency for this project, launched a tourism awareness initiative. This was deemed necessary since the concept of tourism in this area was completely new and strange to the community, who mainly identified it with something happening far from them in the coastal area and was by no means conceived as a possibility in their own area. This tourism awareness day was complemented with a steering committee of local stakeholders including local authority, NGOs, CBOs, religious bodies, local businesses and police representatives. Out of this committee and in line with the White Paper on Tourism, which provides for the establishment of Local Tourism Organizations (LTOs) involving local authorities, the Ukhahlamba Tourism Association (UTA) was launched in September 2000. The name was later changed to the Umzimbuvu Matatiele Tourism Association (UTA). The UTA was a community based LTO which became the central role-player for the community participation process.

Table 6.1: Names and Location of Guesthouse and Chalets

SITE NAME	NEAREST VILLAGE	WARD	DISTANCE FROM MATATIELE	CTO(Community Tourism Organization)
Masakala	Masakala	21	8 km	Masakala
Madlangala	Makomoreng	28	39 km	Madlangala
Machekong	Mafaiyisa	28	43 km	Three Sisters
Makhulong	Mpharane	26	42 km	Makhulong-a-Matala
Malekhalonyane	Moiketsi	27	52 km	Malekhalonyane
Belfort Dam (Projected but not built yet)	Mafube/Thabana Tsoana	22	25 km	Mafube

Source: EDA Trust, 2002: no page.

6.4 Objectives and deliverables:

The primary general objectives of the project were:

- Stimulation of the local economy to contribute towards improved income and livelihoods for rural people of the area, through the establishment of a community based tourism initiative.
- Conservation of natural resources and biodiversity of the area, using this kind of tourism as an alternative form of land use, reducing the problems of overgrazing, degradation and frequent fires.

In the operational phase four main objectives with their specific outcomes were envisaged (EDA Trust, 2000):

1) Development of an anchor project for the area.

The outcomes for this objective were:

- Well established and nationally marketed trail operational by mid 2002.

- At least five households per each of the four target villages to benefit directly from revenue derived from trail bookings through provision of accommodation entertainment and catering.
- At least four qualified and accredited guides to derive a regular income through providing a quality trail guiding service to tourists.
- At least two community projects per village, developed in the form of Small and Medium Enterprises (SMMEs), with a majority of women members, to generate income from selling their products (bread, chicken, etc.).
- A further ten individuals per village to benefit from craft selling to trail users.
- Stopping the destruction of rock paintings, indigenous trees and other attractions, caused by herd boys and shepherds, through the CTOs management in order to preserve these valuable assets for the community.
- Discourage stock theft in the border areas by the presence of trail users in the zone.
- Improved water and sanitation facilities and to encourage installation of similar facilities at other dwellings in the target villages.

2) Independent operation of the Local Tourism Organization by December 2002.

The outcomes of this objective included:

- Regular meetings, as specified in the constitution, which deal effectively with issues arising and related to tourism development, without the support of EDA.
- Sufficient income generated and managed to support all the UTA's planned activities, as well as annual audits reflecting expenditure according to plans, budgets and donor contracts.
- Production and circulation of at least two information brochures about the area, produced by UTA on behalf of its members.
- Active CTOs promoting their areas and ensuring a high standard of product and service in compliance with the UTA constitution and standards.

4) Deliverables: Training of local people.

A total of one hundred and forty two local people in the following different categories were to be trained, aiming to capacitate the people not only for the prospective jobs and to develop the SMMEs, but to create a human capital able to increase future spin offs :

- Four hostesses in hospitality.
- Twelve tour guides.
- Four Ground keepers in maintenance and security.
- Four catering SMMEs of five people each.
- Four horse associations of ten people each.
- Eight firefighters.
- Twelve fresh produce SMMEs of an average of four people each.

5) Deliverables: SMMEs to be used and created.

A total of twenty seven SMMEs to be created and forty to be used in the following business sectors:

Table 6.4: SMMEs to be created

Business Sector	No. of SMMEs created	No. of SMMEs used	Comment
Services	16	16	To supply catering, cleaning, horses and entertainment
Agriculture	5	12	To supply fresh produce for catering, including vegetables, chicken and meat
Retail/Commerce	2	4	To supply handcrafts and entertainment for visitors
Manufacturing	4	8	To supply construction materials, fitting and furnishing, including block-making and handwork/sewing
Total	27	40	

Source: DEAT, 2002: no page.

outlined in ECTMP and described in section 5.2, regarding the need of creating a shared vision and a commitment to a common interest.

Planning Process:

Continuing with the planning process, the fact that respondents had no clear idea about it and that there were contradictory answers, could be interpreted as a sign that the project planning process was not very participatory or was unclear. Neither from the results of the questionnaires nor from other sources, could it be very well determined that there was a good level of participation of the community in the planning process. This possible lack of involvement in the planning processes by the existing project stakeholders along with the lack of project documentation, that will be further described in this section, casts some doubt as to the degree of effective community participation in this crucial early phase of the project. France (1998) considers residents' contribution to planning as one of the characteristics of interactive participation, supporting the idea that to achieve the full participation of community residents in tourism, they have to be present in the planning process too.

In terms of participation, whether the question was interpreted by the interviewees as participation only in the project planning or participation in the whole project process, the results indicate that amongst the stakeholders, the most active participator was the NGO (called EDA at that time). This result could be biased for the community respondents, since, given the NGO was the implementing agency and, if its mandate to be the main agent involved along with the community was taken seriously in practice, this would mean close and frequent contact with community members. This contact and interaction could have been interpreted by the community interviewees as the only valid indicator of participation. It is important to underline though, that the rating given to the participation of all the sectors was above fair, which constitutes a solid pillar for a multi-stakeholder project.

The absence of conclusive evidence that there was genuine community participation in the planning process is a concern given that this may risk the possible achievement of the goals associated with CP in development. These, as already discussed in chapter 3, include, sharing in the benefits of development (UN, 1997 in

Desai, 2002) community empowerment and the education of community members in rights, law and political good sense (Low 1991).

The responses about capacity building included in the planning section of the questionnaire will be analysed in the social impacts section to follow. This is because of the possibility that respondents' answers referred to capacity building throughout the project and that capacity building should be considered as an ongoing process, since new needs and people are continuously incorporated into the project.

The planning materials were valued positively, however a contradictory issue is that few planning documents were found, there was a lack of proper records, and there was certain reluctance in providing them. The reason for this, as argued in the previous section, possibly concerns the splitting of the implementing agency. It is considered that a positive improvement, at least for the non-technical documents, could have been to issue them not only in English but in the predominant local languages (Xhosa and Sotho). This is not only for reasons of a better understanding, but for increasing empathy with the project and the feeling of ownership from the community - one of the main characteristics that according to the literature (Telfer, 2002a), a tourism initiative developed under the alternative development paradigm, such as CBT, should have.

Project Operations:

Moving to the project operations and governance, it seems to have two sides, the more positive one is the operations management, which is very highly rated in the interviews. Based on the contacts with the management and the interviews, it is considered that the two main reasons for this are the willingness of the staff and the valuable contribution in skills transfer made by the volunteer of the New Zealand NGO, VSA. Overall, taking into consideration the limitations of resources, time, and skills, the improvement in the operations management has been quite good within a short period of time. On the negative side is the lack of capacity of some of the trustees, highlighted by the lack of active participation of some members despite their attendance at meetings. This lack of capacity has been described in the literature as a possible reason for one of the negative aspects of alternative forms of tourism, that of operational inefficiencies (Telfer, 2002a). The lack of capacity has also been identified as one of the

levels including the economic, in which the incomes should be shared and equally distributed. Other signs of empowerment that can be seen from the responses are at the psychological level with community members seeing their resources and culture being recognised from outside as valuable assets that can provide them opportunities as well as improvements in their living conditions. The existence in the project of Community Tourism Organizations (CTOs) and Trust meetings, if better managed and functioning properly, also has the potential to help at the social and political levels of empowerment by making the community work together for a common goal and creating representative and democratic forums where members can express their opinions and develop and manage the project.

The positive perceptions about the impact on capacity building are not a surprise since the commitment of the business plan was exceeded; this corroborates the success of the ongoing process of CB which has been put into practice from the first stages of the MCT project. CB is a concept repeatedly mentioned in the theory in the first part of this study, and in the policies of the ECTMP, as a basic aspect to consider for a successful CBT project. However it has to be considered that at least 50% of the respondents have received some kind of training, which on the one hand is a positive sign that capacity building is taking place and creating a base of social capital for the community to be used in this or in further interventions. On the other hand, that 50% of the respondents had directly benefited from the project could well have biased their responses.

One important aspect that also has to be borne in mind when measuring the relative success of the impacts, in particular the economic ones, is that this project was conceived as a low environmental impact intervention, with conservation as one of the main goals. Therefore one cannot expect high economic benefits such as substantial employment creation or high income and numbers of tourists which are derived from mass tourism. In fact one of the weaknesses of this kind of initiatives mentioned in the literature (see Telfer 2002a) is the relatively low profits if compared with other forms of tourism with a more lucrative orientation. Possibly the social impacts of capacity building, empowerment of the community through participation and ownership are as important, if not more, than the economic benefits of this kind of initiative. However, and despite the majority of respondents agreeing that tourism is a good solution for

poverty alleviation in the area, one wonders along with some of the interviewees, that if one of the main needs of the area was employment creation and income generation, a small-scale and low impact CBT project was the most suitable solution. This highlights one of the possible economic negative impacts or costs of tourism described by Lea (1998, see paragraph 2.7) as the opportunity costs. Nonetheless, the project is expected to generate other spin offs over time. For instance at the present time the constitution and development of different SMMEs around the project is taking place, and from the previous analysis there can be no doubt that MCT has brought some positive impacts for the community.

Future of the Project:

Finally, it is clear that positive attitudes and expectations exist regarding the future of the project and its sustainability, denoting a good degree of enthusiasm among the stakeholders. But besides this, the future depends on the success of the initiatives to tackle the actual problem of lack of tourist numbers and poor governance. However there is a critical point on sustainability that is important to be underlined, that is that the project still depends partially (for the wages of permanent employees) on economic support from the government. This point was made by one of the management members who said that “to guarantee the future of the project, this support is needed for a few more years until the project can be economically self sustainable”. This also supports one of Mearns (2003) four dimensions for a CBT initiative to be sustainable - to be economically viable by generating enough income. In addition, it should be noted that the project, from an economic point of view, is within an open market, and subject to the competition of other similar products that are privately owned and focussed on profit. Hence, even though the main aim of this initiative is not only the economic impact, it still has to match some efficiency standards if it wants to be sustained in the future.

Summary of the analysis:

In summing up the analysis, the case study in its majority of aspects seems to reinforce most of the issues described in the theoretical framework about CBTs interventions, regarding principles and strategies to follow for good implementation, as

Section B) Project Initiation

1	Who initiated the project?	
2	How the concept of the project was first communicated to local stakeholders?	
3	Who was involved in the first discussions on the project?	
4	Who decided on the representatives to these early meetings?	
5	What were the main impacts the project was expected to deliver?	
6	What were the responses of the main stakeholders to the project idea?	

Appendix 3: MAT income and redistribution spreadsheet

Mehlodong Trail income and redistribution dec 2003 to Dec 2004									
				Redistribution					
Chalets	Total income	Night	day visit	CTO foods	CTO staff	CTO levy	Total	% redistribution	
Malekhalonyane	R 10,454.26	42	42	R 153.50	R 2,960.00	R 908.00	R 4,021.50	38.46%	
Makhulong	R 13,442.60	53	36	R 278.60	R 3,695.00	R 820.00	R 4,793.60	35.65%	
Maboloka	R 16,466.03	62	4	R 740.20	R 4,255.00	R 1,298.00	R 6,293.20	38.21%	
Madlangala	R 12,332.69	50	0	R 298.24	R 3,465.00	R 1,040.00	R 4,803.24	38.94%	
Total	R 52,695.58	207	82	R 1,470.54	R 14,375.00	R 4,066.00	R 19,911.54	37.78%	
							permanent wages		R 93,600.00
							total		R 113,511.54
CTO food = fresh produces purchased from the villages/ community									
CTO staff = wages paid to part time cleaners and caterers, guides, and incentive of R10.00/ tourist for the hostesses									
Permanent wages presently funded by ANDM									

Source: MCTT 2005

Diamantis, D. (2004). 'Ecotourism Management: An Overview' in Diamantis, D. (ed.) *Ecotourism: Management and Assesment*. London: Thomson Learning. pp. 3-26.

Eastern Cape Development Corporation (2004). *ECDC Municipal Profiles*.
<http://www.ecdc.co.za> . Downloaded 15/03/2005.

Eastern Cape Provincial Government (2005). *The Province of The Eastern Cape: Economic Overview*. <http://www.ecprov.gov.za> . Downloaded 15/05/05.

ECTB (2003). *Eastern Cape Tourism Master Plan*. <http://www.ectb.org.za> . Downloaded 15/03/2005.

EDA Trust (2000). *Ukhahlamba Hiking and Horse Trail Project*. Unpublished document. Matatiele: EDA Trust.

EDA Trust (2002). *Ukhahlamba Community Tourism. Project Progress Report February 2002*. Unpublished report. Matatiele: EDA Trust.

Fennell, D. (2003). 'Ecotourism in the South African Context.' *Africa Insight*. Vol. 33 (2), pp 3-8.

Forstner, K. (2004). 'Community Ventures and Access to Markets: The Role of Tourism Intermediaries in Marketing Rural Tourism Products'. *Development Policy Review*. Vol 22 (5), pp 497-514.

France, L (1998). 'Local Participation in Tourism in the West Indian Islands.' In Laws, E., Faulkner, B. and Moscardo, G. (eds.) *Embracing and Managing Change in Tourism: International Case Study*. London: Routledge. pp 222-234.

Harrison, D. (2001). 'Tourism and Less Developed Countries: Key Issues' in Harrison, D. (ed.) *Tourism and the Less Developed World: Issues and Case Studies*. Oxon: CABI Publishing. pp 23-46.

Henderson J. C. (2001). 'Regionalisation and Tourism: The Indonesia-Malaysia-Singapore Growth Triangle'. *Current Issues in Tourism*. Vol. 4 (2-4), pp 78-93.

Honey, M. (1999). *Ecotourism and Sustainable Development: Who Owns Paradise*. Washington: Island Press.

International Fund for Agricultural Development, (IFAD: 2002). *Methods for Monitoring and Evaluation*. <http://www.ifad.org> downloaded 12/02/2005.

Kirsten M. and Rogerson C.M., (2002) 'Tourism, business linkages and small enterprise development in South Africa'. *Development Southern Africa*, Vol. 19(1), 29-60.

de Kadt, E. (1990). 'Making the Alternative Sustainable: Lessons from Development for Tourism'. *Institute of Development Studies Discussion Paper*. No 272, January 1990.

Lea, J. (1998). *Tourism and Development in the Third World*. London: Routledge.

Lesia, S. (2005). *Personal Interviews with Key Informants*. Matatiele: April-2005.

Low, N. (1991). *Planning, politics and the state: Political foundations of planning thoughts*. London: Unwin Hyman.

Lumsdon, L. and Swift, J. (2001). *Tourism in Latin America*. New York: Continuum.

Mahony, K. and van Zyl, J. (2002). 'The Impacts of Tourism Investments on Rural Communities: Three Case Studies in South Africa'. *Development Southern Africa*. Vol 19(1), pp 83-103.

Mehloding Community Tourism Trust, (MCTT: 2004). *Information Leaflet*. Matatiele: MCTT.

MCTT (2005). *Fieldwork Visit to Mehloding Community Tourism Trust Office*. Matatiele: March-2005.

Municipal Demarcation Board (MDB: 2003). *Municipal Profiles2003*. <http://www.demarcation.org.za/municprofiles2003/> . Downloaded 15/03/2005.

Mearns, K. (2003). 'Community-based Tourism: the Key to Empowering the Sankuyo Community in Botswana'. *Africa Insight* Vol. 33 (1/2) pp 29-32.

Mowforth M. and Munt I. (1998). *Tourism and Sustainability New Tourism in the Third World*. London: Routledge.

Naguran, R. (1999). 'Community Based Tourism in Kwazulu-Natal: Some Conceptual Issues' in Reid, D.G. (ed.) *Ecotourism Development in Eastern and Southern Africa*. Harare: Weaver Press. pp 39-57.

Ndlovu, N. and Rogerson, C.M. (2003). 'Rural Local Economic Development through Community-based Tourism: The Mehlooding Hiking and Horse Trail, Eastern Cape, South Africa'. *Africa Insight* Vol .33 (1/2) pp 124-129.

Nelson, J. (1993). 'An Introduction to Tourism and Sustainable Development with Special Reference to Monitoring' in Nelson, J.G., Butler, R. and Wall, G. (eds.) *Tourism and Sustainable Development: Monitoring, Planning, Managing*. Waterloo: Heritage Resources Centre and Department of Geography. pp 3-23.

Oppermann, M. and Chon, K-S. (1997). *Tourism in Developing Countries*. Oxford: International Thomson Business Press.

Page, S.J., Brunt, P., Busby, G. and Connell, J. (2001). *Tourism: a Modern Synthesis*. London: Thomson Learning.

Pleumaron, A. (1994). *Tourism, globalisation and sustainable development*, (<http://www.twinside.or.sg>) Downloaded 14-02-2005.

Richter, L.K. (2001). 'Tourism Challenges in Developing Nations: Continuity and Change at the Millennium' in Harrison, D. (ed.) *Tourism and the Less Developed World: Issues and Case Studies*. Oxon: CABI Publishing. pp 47-59.

Rogerson, C.M. (2000). 'Local economic development in an era of globalisation: the case of South Africa cities' *Tijdschrift voor Economische en Sociale Geografie*, Vol. 91 (4), pp 397-411.

Rogerson, C. M. (2001). "Spatial Development Initiatives in Southern Africa: The Maputo Development Corridor" *Tijdschrift voor Economische en Sociale Geografie*, Vol. 92 (3), pp 324-346.

Rogerson, C.M. and Visser, G. (2004). 'Tourism and Development in Post-Apartheid South Africa: a Ten Year Review' in Rogerson and Visser (eds.) *Tourism and Development Issues in Contemporary South Africa*. Pretoria: Africa Institute of South Africa. pp 2-25.

Santana G. (2001). 'Tourism in the Southern Common Market: MERCOSUL' in Harrison D. (ed.) *Tourism and the Less Developed World: Issues and Case Studies*. Oxon: CABI Publishing. pp. 77-90.

Scheyvens, R. (1999). 'Ecotourism and the empowerment of local communities'. *Tourism Management*. Vol. 20 (1999), pp. 245–249.

Scheyvens, R. (2002). *Tourism for Development: Empowering Communities*. London: Prentice Hall.

Seif, J. (2002). *Fair Trade in Tourism South Africa Trademark User's Guide*. Pretoria: IUCN South Africa.

Than M., (1997) "Economic Co-operation in the Greater Mekong Subregion" *Asian-Pacific Economic Literature*, Vol. 11(2), pp 40-47.

Telfer, D.J. (2002a). 'The Evolution of Tourism and Development Theory.' in Sharpley, R. and Telfer, D.J.(eds.) *Tourism and Development: Concepts and Issues*. Clevedon: Channel View Publications. pp 35-78.

